



CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

November 2024

U of O campus changes
pg. 4



Preserving classic cars
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CNA Mission Statement

To connect Concordia residents and businesses—inform, educate and report on activities, issues and opportunities of the neighborhood

Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.

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The West Coast's Largest Stamp Library Just Down the Street

By Joshua Lickteig
Contributing Writer

Had any fun with philately lately? Philately, the study and collection of postal delivery materials, prospers in an old fire station building on NE 33rd Avenue half a block south of Alberta Street. Its five columns, flagpole and prominent gable roof welcome visitors into worlds of hobby and history: stamps, post-marked envelopes, cards, letters, and souvenir sheets. Oregon Stamp Society (OSS), a volunteer-based organization belonging to the Northwest Federation of Stamp Clubs, hosts regular public fairs and bourses that bring together buyer enthusiasts, casual collectors, heirs, one-time sellers, and dealers. OSS operates the Northwest Philatelic Library, which contains over 5,300 items, 160 journals, and over 120 years of price catalogs.

Whether you are interested in a particular era, geographical region, subject or theme, discovery awaits at a clubhouse gathering. There's splendor in the way dealers, exhibitors, and collectors operate the floor with respect and cooperation.

"Here, everyone wants to share their knowledge," says Deborah Jutz, whose son Cétán just began looking for baseball-themed stamps. They like the thrill of the search, learning about the pastime together, and the patience and sincerity of the relaxed sellers.

In the lobby Steve King, OSS president for the past three and a half years and member since 2005, identifies the period of an unmarked postcard from the Crater Lake Hotel. King worked with Oregon Department of Fish and Wildlife for 31 years.

"Back then, there were no photographs of small towns taken by citizens; just by official postcard photographers," he notes. Lit magnifying glass in hand, the basis for his assessment lies in the lodge's apparent physical condition in the picture and the thin white border on the postcard (a cost-saving measure following WWI).

Contrasting the contemporary boom of shared digital images, few personal letters are sent today. The society's library manager Isaac Oelgart, removing a short-brimmed fedora and white blazer, joins the room.

"A stamp is a service," he says, "unless you don't use it, then it's just a piece of paper." Stamps generate revenue for government-run postal systems and can appeal aesthetically or as investments to buyers. Oelgart says that most newspapers used to have a philatelic columnist.

Downstairs, a library is kept in a tidy L-shaped space with over 25 subject categories, from auction catalogs to antiquated postal stationery. In a glass case by its entrance is a framed photo of Mary McBride, president from 1959-1960,



Stamp enthusiasts sort through treasures at Oregon Stamp Society's monthly Rose City Stamp Fair. Photo by Joshua Lickteig.

instrumental in acquiring the clubhouse when it came up for sale in 1960. Presently, there are 6,000 or more unique resources for research. "We're the biggest small or the smallest big [mail] library in the United States," Oelgart says. Only Chicago and New York host a more sizable set of stacks.

OSS is healthy as an organization, publishes its newsletter *The Album Page* monthly, and has low member resignation over the years. Though as some pass on, less join. In 1980 there were about 450 members; today 150, and ten to thirty people attend the board meetings. The clubhouse is also leased to other local organizations; namely, Webfooters Post Card Club, Sojourn Church PDX, All-Ireland Cultural Society of Oregon, and Northwest Chapter of the Studebaker Drivers Club.

Neighborhood support remains steady. In a couple of hours during my visit, at least three in-kind donations, mostly boxes of family collections, even stamp découpage, were received. Several passersby stopped and mentioned they'd been meaning to for some time. King says this is pretty regular.

OSS holds regular library hours, membership meetings and a monthly

stamp fair that is open to the public. Deliver your intrigue to the historical realm of stampomania!

More Info

Library (4828 NE 33rd Ave.) open 2nd and 4th Saturdays from 10 am - 2 pm and 2nd and 4th Tuesdays from 6:30-8 pm

Rose City Stamp Fair every second Saturday, 9 am - 3 pm

- www.oregonstampsociety.com
- www.nwpl.org



Joshua Lickteig is an artist and engineer. He was born near the other Milwaukee and has been in Portland for six years. His latest book of poems is called *Half Moon Day Sun*.

From the Board

By John Fitzgerald, CNA Board Chair



Give Thanks and Give to Others This November

Greetings Neighbors, As we enter into the holiday season, November and Thanksgiving are times when we often reflect on what we are thankful for in our lives and think earnestly about how we can give back to others. After the hurricanes, wildfires, and wars being fought abroad, there are many opportunities for us to contribute to the relief of others internationally, in our own country, and especially in our neighborhoods.

Our neighborhood has seen its fair share of loss this year with former CNA Chairs Peter Keller and Nancy Varekamp passing away, my own father's passing in September, and on the day of this writing I have attended four funerals in the last three days. Personally, I think we all deserve a reprieve from loss of life for the remainder of 2024. But alas, the show cannot go on forever, and facing mortality is something we all face and deal with in our own ways.

One way the living can forge ahead and work to make our world a better place is by being involved in our local community and our neighborhood. The Concordia Neighborhood Association works to address issues in our neighborhood and larger community, create fun activities for our neighbors to attend, and bring your voice to those in power to help guide their decisions on legislation which affects us all.

If you would like to help one of our most vital committees, the Land Use Committee, which does great work in pushing your voice and concerns to local agencies, then reach out to Rich Burton at lutc@concordiapdx.org.

Our Concordia Commons team has done a stellar

job of creating and promoting Concordia Commons this year and especially this summer. We are moving into the colder wetter months and we do not want to see the enthusiasm for this wonderful space wane. If you would like to help us keep the momentum going, please reach out to Lucy Morrow at al6@concordiapdx.org.

Additionally, our Social Committee is working hard on a number of projects for the neighborhood to enjoy in coming together and having fun. Our next major event is the holiday party, which we will hold again in January. If you would like to help, please email Michelle Fitzgerald at social@concordiapdx.org.

On both a national and international level, The Red Cross and Red Crescent Movement has a 4 star rating amongst charities with 90% of donations reaching those in need. You can donate at ifrc.org. As we enter into 2025, I encourage all of you to contribute your time, talents, and financial resources so we can make the next quarter century a time of renewal and growth both at home and abroad.

Have a great holiday season,
John

After a 16 year run as a high school English teacher on the International School circuit in six different countries, I am excited to be back home in PDX. My wife Michelle and I are back getting enmeshed into the community and developing our real estate careers.

Concordia Neighborhood Association

Board Meeting

2nd Wednesday of the month, November 13th, 6-7 pm, McMenamins Kennedy School Community Room with call in option, see box below, contact Chair@ConcordiaPDX.org

General Membership Meeting

November 11th, 7-8 pm, Community Room at Kennedy School

Social Committee Meeting

3rd Tuesday of the month, November 19th, 6-7 pm, Via Chicago Pizza

Friends of the Commons Committee Meeting

Next meeting Monday November 4th, Contact Lucy Morrow for details at al6@concordiapdx.org

Media Team Meeting

First Tuesday of next month, Tuesday, November 5th, 6-7:30 pm, Contact Dina Sage for location, MediaTeamLead@ConcordiaPDX.org

Land Use & Transportation Committee Meeting

3rd Wednesday of the month, Wednesday, November 20th, 7pm, McMenamins Kennedy School Community Room with call in option, see box below, contact Rich Burton, LandUse@ConcordiaPDX.org

Finance Committee Meeting

Last Wednesday of the month, Wednesday, November 27th, 7 pm, venue: contact Brian Schutte, Treasurer@ConcordiaPDX.org

Community Room Rental

For info and scheduling, visit ConcordiaPDX.org/community-room-rental or contact Megan Gobble at CNARoomKennedy@gmail.com

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North Community Safety Team

Jacob Brostoff & Daniel Franco-Nunez, north.pdxteam@PortlandOregon.gov, 503.823.4064

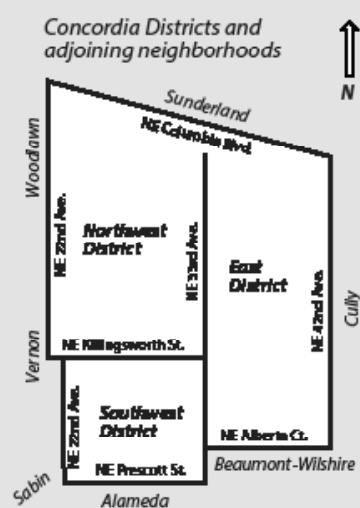
SUBMISSIONS & ADVERTISING

Submissions to Concordia News: Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org
Submissions to CNA website: Submit nonprofit news & events to MediaTeamLead@ConcordiaPDX.org
Advertising: Elaine Oliver, CNewsBusiness@ConcordiaPDX.org, 503-850-8454

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The CNA newspaper can be accessed online at: ConcordiaPDX.org/CNews-issues.



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At Large 6 | AL6@ConcordiaPDX.org Lucy Morrow

CNA meeting venues, how to attend

To learn how to attend CNA meetings in-person (when available) or remotely, visit:

- ConcordiaPDX.org/CNAMeetings
- [Facebook.com/groups/ConcordiaPDX](https://www.facebook.com/groups/ConcordiaPDX)

Join us at the
**Faubion School
Holiday Bazaar**
Saturday,
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9:00 AM - 4:00 PM
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The Faubion Community PTA

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Shopping for the Upcoming Holi-daze

By Marsha Sandman
Contributing Writer

Panic is setting in. It's November and I haven't bought a single holiday gift. I start thinking about gift giving in November because it's my birthday month so the thought of giving is now on my mind. As a senior citizen I don't need anything. I'm at the stage of my life where I'm getting rid of stuff. But after the holidaze (as I call them), I start feeling a little resentful. Just a little. Because I didn't get anything that I didn't even want.

My immediate family includes two adults and a tween granddaughter. The rest are too far away and are too old for holiday gifts, in my humble opinion. About 10 years ago, my son and his family generously let me move into their basement, so overgiving is my way to ease the guilt I feel as a freeloader.

So let's talk about holidaze gift giving. First, I go around near my birthday and I ask everyone to give me their wish list. Yes, I have been thinking about it, if not actually buying anything. I get nothing back from them as they think I can read their minds.

Around December 1st, when still no one has given me their list, I put pressure on them. Or maybe the pressure is on me. I decide to buy thoughtful gifts from local merchants and craftspeople. But when I finally wander down Alberta Street I just can't find the right thing yet. Too many choices.

December 10th rolls around and the wish lists start coming to me. My son's list is heavy with high-end items. My fault. When he was little I eased my single mother's guilt with lots and lots of toys and clothes. So I think he still expects lots of expensive toys and clothes. He says otherwise, but his wish list is telling a different story. When December 24th is right around the corner, I finally go back to Alberta Street and online and buy just

about everything on their wish lists.

I did some research on how "normal" people deal with holiday giving and I found some worthwhile advice for you and me.

- Don't let guilt or force of habit lead you into spending money you don't have to spare.
- Refine your gift list, then shop early.
- Before the holiday shopping season even begins, decide how much you want to spend on gifts.

You could also make your own gifts. Going homemade can be a great way to add a personal touch to your holiday shopping list. Put those years in art school to practice. Or, give the gift of a memorable experience. This is not meant to be a trip to Hawaii, unless you get to go, too. Maybe just a nice dinner.

We Concordians are fortunate to have plenty of opportunities for holiday giving. We have clothes and gifts at Frock Boutique, books for young readers at Green Bean Books, arts and crafts at Collage, plants and home decor at Ecovibe, and music memorabilia at Trade Up Music. I know you'll find something wonderful right here.

One last thing. Give with your whole heart, not with your whole wallet. And remember to have happy holidaze.



After living east, south, north and west, Marsha Sandman is home at last. And she wants to hear your story. Contact her at MarshaJSandman@gmail.com.



The fruits of my labor. Photo by Marsha Sandman.



HOME

It's where we gather, share gratitude together, and celebrate.

Call us today.

We'll help you find the best space for holiday get togethers.

Craft, Needlework, and Crochet

The Concordia Neighborhood Association (CNA) wants to sponsor ongoing free craft, needle work, and crocheting groups to meet at Kennedy School.

We have an instructor for an embroidery class. We are looking for a volunteer crochet instructor.

- Make friends
- Support each other's projects
- Learn new skills

If you are interested in participating, contact Caprice Lawless at coloradocaprice@email.com.

If you can volunteer to teach crochet, contact Erica Forte at theericashow@email.com.

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U of O Update

Building Renovations, Students and Employees Move to Campus and 11/7 Event

By Heidi Hiaasen
Contributing Writer

Newly renovated buildings on the University of Oregon (UO) Portland campus started reopening in September, allowing employees and students to look inside for the first time in a year. Many marveled at the transformation of tired, dark and outdated buildings into light-filled, reimagined academic spaces.

Students moved into on-site apartments while faculty and staff set up labs, classrooms, offices and student spaces. After a year of being split between locations, UO students and employees have reunited on the campus, enjoying outdoor spaces and exploring the neighborhood.

Neighbors are invited to tour the campus during the next UO Community Connection on Thursday, November 7th. The walking tour is from 4-5 pm, starting in the lobby of the Library and Learning Center (2800 NE Liberty St.) The meeting will start at 5 pm back in the Library and Learning Center with a brief update about the campus. ZGF Architects will next provide an in-depth look at the early design stage of the proposed Child Behavioral Health Building from 5:15-6:30 pm. Community members will have the opportunity to provide feedback at the meeting. Neighbors are welcome to



Designer Nur Abbas tours the UO Sports Product Management Innovation Lab after speaking to students. Photo by Heidi Hiaasen.

join for all or part of the session.

“We are happy to return with another community meeting, as our neighbors have been so involved and welcoming,” says Jane Gordon, vice president. “Our Community Connection series has always been a great way for members of the community to get updates about our campus and establish relationships with our staff.”

Some renovation work continues around campus, but large portions of the construction fence have come down. NE 29th Avenue remains closed between NE Holman Street and NE Rosa Parks Way for the construction of the Child Behavioral Health Building. It will remain closed to vehicular traffic, but pedestrians can use the sidewalk outside the fence.

“We are happy to return with another community meeting, as our neighbors have been so involved and welcoming.”

Jane Gordon, vice president

In addition to KISS Coffee, UO has partnered with Truckster to have a rotating mix of food trucks on Mondays (4-7 pm,) Tuesdays (11 am -2 pm), and Wednesdays (4-7 pm) in the open lot at the corner of NE Liberty St. and NE 27th Ave. Visit gotruckster.com/neighborhoods-office-buildings/uo-portland for the complete schedule. Community members are encouraged to order from the trucks to help make sure this service remains available.

KISS on Campus is open from 8:30-3:30 pm, Monday-Friday in the Library and Learning Center. That building also has the UO Portland Library and children’s library on the second floor, which is open to the community.

Have questions about UO Portland or the campus? Email pdxinfo@uoregon.edu or visit pdx.uoregon.edu.

KENNEDY SCHOOL
McMenamins

Tuesday, November 5
PORTLAND FILM FESTIVAL
MONTHLY INDIE FILM NIGHT:
INDIGENOUS STORIES
FOR WALTER AND JOSIAH · AGAINST THE CURRENT
7pm · \$8 · Q&A to follow

Thursday, November 7
LEFT COAST COMEDY’S
TABLE READ & MOVIE PARTY!
5:30pm doors and meet & greet · 7pm show
\$20, Portion of ticket sales benefit future
LEFT COAST Comedy productions

Saturday, November 9
109TH BIRTHDAY BASH
Live music 2-9pm · Facepainting 3-6pm
Cupcakes · Food & drink specials

Monday, November 11
VETERANS DAY
Discounts to all retired and active-duty service
members all day long! *Must show proof of
service for discounts & Passport stamp*

Sunday, November 17
LOOSEWIG JAZZ SERIES
hosted by **BRENT FOLLIS**
7pm · Suggested donations:
\$20 adults, \$10 students

Monday, November 25
HISTORY PUB
THE PAST, PRESENT AND FUTURE
OF INDIGENOUS FIRE KNOWLEDGE
7pm · \$5 adv, \$6 at the door*

Thursday, November 28
THANKSGIVING BUFFET
Noon-5pm · Adults \$55, Kids 5-12 \$33,
Kids 4 and under free
Reservations required: (503) 249-3983

See website for full event line-up
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**CNA Looking for
Graphic Designer Volunteer!**



Help us rebrand our logo
for our anniversary!


To apply, contact John Fitzgerald at:
Chair@ConcordiaPDX.org.

**Have you checked out
CNA’s Facebook page?**



This page keeps you informed of CNA activities and your neighbors’ comments. Check out the page for:

- CNA Board meeting invites & meeting minutes
- Neighborhood events
- CNews story highlights
- Community discussions



Visit [Facebook.com/groups/ConcordiaPDX](https://www.facebook.com/groups/ConcordiaPDX)



Heidi Hiaasen is the Assistant Director of Portland Communications for the University of Oregon.

New Construction and Reimagined Spaces at University of Oregon

Photography by Elaine Oliver and Heidi Hiaasen.



STAY CONNECTED

Curious about the campus renovations? Join us for a UO Portland Community Connection on Thursday, Nov. 7. Go on a tour of campus from 4-5 p.m. and then hear campus updates from 5-5:15 p.m.

ZGF Architects will next provide an in-depth look at the early design stage of the new Child Behavioral Health Building until 6:30 p.m. Community members will have the opportunity to provide feedback at the meeting.

Meet in the Library & Learning Center (2800 NE Liberty St.) for all or part of the evening.

Food trucks have started setting up next to the Library & Learning Center on Mondays, Tuesdays and Wednesdays. More details with the QR code. Plus, the KISS on Campus coffee shop is open!

Food truck schedule:



Poetry Corner

Overflowing the Cup of Gratitude*By Kunal Mehra, Contributing Writer*

Tiring work hours build up, day by day, week by week,
 taking my energy and making me ponder:
 How long will the work be making me weary? Where is my life going?
 The wetness and chilliness of a November evening add to my list of drained feelings:
 'Why does it have to rain so much? Is it a lot to ask for some sunshine? Clouds, go away; I'm tired of you.'
 I sit on the couch with a warm cup of tea, looking out the picture window, at the front yard,
 annoyance, exhaustion and frustration dancing in my mind,
 in an opera I never wanted to see.

A few red dogwood leaves linger on in the tree in the yard,
 patiently waiting to be let go.
 A cold breeze blows by, taking a leaf down and bringing it back to the earth.

I stand up and walk towards the window, looking closely at the leaf.
 A few quiet seconds pass by, just like the thought in my mind:
 'This leaf has been let go.'

And I know not why, but my shoulders ease down,
 as I walk back to the couch and relax amidst its warm softness,
 my mind fills with one feeling: Gratitude.

'Thank you, dogwood leaf, for reminding me about a trait I ought to cultivate more:
 Letting Go.
 I ought to let go of thoughts that don't serve me.
 I acknowledge that in this moment, I feel tired and drained,
 but I am letting go of those thoughts, knowing that I will address them when the time is right.
 Thank you, again.'

Wait...what else should I say thanks to?

I take a deep breath in and close my eyes, holding the warm cup in my soft hands.

My deep breath. My soft hands. The warm tea. The ability to drink that tea.
 The job that tires me that pays for the tea, for the couch,
 for the warm cozy home in which I'm relaxing, for the water, for the water boiler.
 My beautiful resilient body, which is allowing 'me' to sit easefully on the couch,
 walk from the kitchen to the living room and back,
 my inquisitive mind that's open to growth...

I keep pouring items into the cup of gratitude, until it overflows,
 until I'm reminded that the choice is mine:
 focus mostly on what's not working well, or, on what I'm already blessed with;
 the annoyance at the cold gray weather, or,
 the warm cozy home that's keeping me safe and healthy.
 Doing the latter helps me tackle the former better,
 because my mind is at ease and full of the soft blossoms of gratitude,
 a fullness that helps me take better, stabler and confidence-laden actions
 than if I were to react from a place of
 'I dislike this', 'Why don't I have that', 'Why is this not working correctly?'...

The less I take for granted, the more peace gets planted.
 And for all these precious gratitude-laden learnings,
 I have so much more gratitude in my being.

***CONCORDIA NEWS WISHES YOU AND YOUR LOVED ONES
 A HAPPY THANKSGIVING.***

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KIDS zone



Community Room Coordinator Wanted!

**PART-TIME PAID POSITION.
ROUGHLY 5 HOURS A WEEK.**

Please contact Megan Gobble at communityroom@concordiapdx.org with your interest and any questions.

LUTC needs you!



Do you want to be involved with land use and transportation in Concordia? **What are your concerns?**

Join the CNA Land Use & Transportation Committee and help us address those issues facing our Concordia neighbors.

Rich Burton, LUTC Committee chair, wants to hear from you! **Contact Rich at LandUse@ConcordiaPDX.org.**



Community Connections

Preserving Classic Cars

By Summer Schneider
Contributing Writer

Converting a classic car to electric can be controversial. I have had plenty of debates and doubts on the subject. Am I destroying the soul of this old car? Am I just "moving the tailpipe"? What about loading our electricity grid? Aren't the batteries even worse for the planet? What about the range?

These questions often come up when talking with others about conversions. I have worked through these concerns and converting my old car was the right thing for me. I can also tell you firsthand, it is totally wonderful. Everyone will have their own opinion about the value, but for me, it was worth it. And some say, in the not-too-distant future, this might be the best way to keep these classics on the road.

The way we used our 1964 Chevy Corvair helped me decide on the conversion. We would start it up, using a lot of fuel to warm the engine, only to drive to the grocery or hardware store; 3-5 miles on average. That gasoline-intensive warmup routine was difficult to justify. The engine in this car also needed a rebuild. When thinking about these two facts, I decided to research my options.

Through research, I learned that any gasoline car can become electric. Some cars are more conversion friendly, however. My Corvair was a fantastic candidate. The car has plenty of aftermarket support and getting parts is very



A 1964 Chevrolet Corvair that is now fully electric. Photo by Summer Schneider.



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easy. It has plenty of room for batteries under the hood and the compact rear engine layout is ideal for an electric motor.

I ended up using a new motor specifically designed for conversions, the Netgain Hyper9 AC motor (120hp). I also decided on used (7) 2012 Tesla Model S battery modules which were recovered from a crashed car (and good for the earth). This was a relatively low risk strategy, meaning that all the parts I used were designed to work together and so my chances of success were high. It did, however, cost me \$16,000 in parts and took four months to complete. One could do this conversion for less money, but it would have taken even more time and added more risk. It's important to assess your priorities and tolerance for risk and project complications.

Now we drive this car daily. We wake up with a "full tank" and never have to

budget time for a gas stop. We get about 100 miles on a charge. The most striking feature of the conversion is the smooth and quiet driving experience. If you own an old car and want to experience this, turn off the motor and coast down a hill. That best simulates driving our electric Corvair.

We love old cars, but we also love our planet, so this is how we choose to honor both. If you see us rolling around the neighborhood and want to know more, let us know!



Summer Schneider is a 50-year old mechanical engineer, car and planet enthusiast and proud Concordia resident.

Enjoy writing? Want to see your name in print?
Concordia News is looking for volunteer writers!

No professional experience necessary. Ideas for stories are welcome.

Email the editor at MediaTeamLead@ConcordiaPN.org to learn more.




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Land Use and Transportation

Micromobility Transportation Options Are Changing Commutes

By Megan Gobble
CNA SW2 Rep

Recently, a news update from Portland Bureau of Transportation (PBOT) caught my eye. PBOT's E-Scooter Program teamed up with ride-share company Lyft and e-scooter rental company Lime to provide 3,500 rental e-scooters and e-bikes citywide. Micromobility infrastructure includes e-scooters, e-bikes, and other individual transport devices and, according to a Federal Highway Administration article, reduces traffic and pollution.

You can find Lime and Lyft (Nike Biketown) bikes and scooters to rent in Concordia near McMenamins, University of Oregon, and on NE Alberta St. They are also along the streets with bike lanes - NE Going St., NE Holman St., NE 32nd Ave., and NE 37th Ave., which are designated safe micromobility routes. Look up "Rules of the Road for e-scooters in Portland" on *portland.gov*. Wear a helmet, use bike lanes/streets/paths, and lock e-vehicles to racks or signposts.

Before leaving home, download the Lime or Lyft apps and set up your account. You need to be at least 18 years old and have a mobile phone. Enter your email address and a credit card or PayPal /Apple Pay. Once verified you can search for nearby e-transport. With the Lyft app, you can also hail a Lyft driver. Both fleets have seated scooters available for less nimble riders.

From the Lyft app's map, I reserved a Lyft (Biketown) e-scooter at NE 32nd and Alberta. Once there, I scanned the scooter's QR code, unlocking it and starting the timer. After positioning the scooter and securing my bike helmet, I stepped onto the scooter with both feet, pressed the right-hand throttle switch down and off I went.

After 25 minutes of sightseeing around Concordia, I locked the scooter to a bike rack, and clicked the app to "end my trip". It asked for a photo, then ended



E-scooters and electric bikes are now a popular sight around Portland.
Photos by Megan Gobble.

"This enjoyable excursion cost \$1.00 to unlock and \$0.37 per minute, a total of \$10.55."

my session. This enjoyable excursion cost \$1.00 to unlock and \$0.37 per minute, a total of \$10.55. Not in your price range? Both Lyft and Lime have discount programs for eligible users. Then the per minute rate drops to \$0.07 a minute.

Hope you have fun trying out the new micromobility options throughout our neighborhood, our city and the world. See you around.



Megan is the SW2 rep and a retired nurse and engineer. She travels, bikes and hikes, and swims along with her multi-generational family.

Need a DRY place for your PARTY?

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INDOOR HOLIDAY MARKET



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WOODLAWN FARMERS MARKET

HOLIDAY MARKET

Saturday, December 7th | 3:30PM-8:30PM
The Village Ballroom 704 NE Dekum Street

News from the NET

Stocking Food for an Emergency

By Micha Wolf
Contributing Writer

My friends in Asheville, North Carolina are still reeling from the unexpected land-fall of Hurricane Helene at the end of September. One of my friends lives in Downtown Asheville and has been without power or water since Helene hit, and floods took out a lot of the bridges crossing the rivers there. Another set of friends is lucky enough to live higher up – they have water and electricity but cannot get anywhere quickly because of the washed-out bridges.

As we may face more and more of these natural disasters, it is of utmost importance to at least stock up on emergency foods until basic services and roadways can be restored.

The Federal Emergency Management Agency (FEMA) and the National Institute of Health (NIH) recommend stocking enough food and water for at least three days for each member of your household (that includes your pets). Keep at least one gallon of water per person per day in a location that is easily accessible to you. This could be the garage, basement, pantry or any other storage location. For three days, a family of two needs six gallons of water and a family of four needs 12. If you can, store even more water in case of a longer lasting emergency.

Remember that you may need this water not only to drink and cook with but also to wash yourself.

If you have a camp stove or even a generator, you may be able to prepare



Fruits and vegetables can be dehydrated and stored for up to a year. Photo taken from [preparedness.com](https://www.preparedness.com)

some cooked meals. However, in some emergencies you may have to rely solely on dried foods.

Stock up on the following items and store them in a dry and dark place. Place them in water-tight containers or Ziploc bags in case of flooding.

- Nut butters
- Dried fruit
- Nuts
- Granola
- Jerky
- Canned tuna or sardines
- Canned preserves such as tomatoes, potatoes, pickles, fruit or jams
- Dense pumpernickel bread, crackers, saltines
- Energy bars and chocolate
- Kibble or other dried food for your pets

opener, candles, matches or a lighter with your emergency supplies.

Check your emergency supplies often and replenish or exchange them as needed. Water can be especially susceptible to temperature changes and should be exchanged every six months at the longest. The beginning of spring and fall may serve as a reminder to check on those supplies.



Micha Wolf has retired from teaching primary school, loves being in nature and believes in building community through engagement.

If you're creative, you may be able to fix a delicious meal out of those ingredients. If you can, experiment with those ingredients before disaster strikes and you may discover interesting meals. Also, do not forget to add a manual can

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Paesha
Southeast Portland



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Need a place for your event?

The Community Room at McMenamins Kennedy School is a great place for your book club, birthday or baby shower.

Pricing: \$25/hr (\$15/hr. for nonprofits)

Info: [ConcordiaDPX.org/community-room-rental](https://www.ConcordiaDPX.org/community-room-rental)



Like your neighborhood?

Opportunities abound to help support your community through CNA programs. From leadership to social activities to land use to digital and print media, CNA needs you.

Ready to help?

Email Chair@ConcordiaPDX.org

CONCORDIA CROSSWORD

By Stanley Fonseca

ACROSS

- 1. "The Green _____," Stephen King novel
- 5. Kick- or heel-, in skateboarding
- 9. Bawl
- 12. Middle Eastern nation whose capital is also a kind of grape
- 13. Ready for picking, as fruit
- 14. Farm tool
- 15. General Mills competitor
- 16. Superfood berry
- 17. Reddit Q&A
- 18. Sent a message by hand?
- 20. "_____ Rabbit" (trickster of African American folklore)
- 21. Inuit hooded coat
- 23. Evil entity of many a horror film
- 24. It's 20 on Ainsworth and 30 on MLK
- 27. Out-of-the-park hits, for short
- 28. Monsters native to the Southwest
- 29. Youth org. whose motto is "Be Prepared"
- 32. Lost, Greatest, or Silent
- 34. Military trainee
- 37. Common censorship target (half the time)
- 38. Passing passage, familiarly
- 39. Bike safety necessity
- 41. Large constrictor
- 42. Predator found from the Yukon to the Andes
- 43. Trial
- 46. Boot up, as a computer program
- 47. High school math subj.
- 48. Navigational tool for bats
- 49. "_____ glance,"
- 50. The A in SATB
- 51. Gimli actor John _____-Davies

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
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24						25	26					
27				28						29	30	31
			32							33		
34	35	36						37				
38					39	40						
41				42						43	44	45
46				47						48		
49				50						51		

- 3. Snares with a lariat
- 4. Whole kit and caboodle
- 5. Portland high school with "Lightning" mascot
- 6. Scalp nuisances
- 7. "_____ kid" (slang for screen-addicted child)
- 8. Canadian Atlantic prov.
- 9. Good luck trinket
- 10. Papa, Quebec, _____, Sierra, Tango
- 11. Deeply desire (for)
- 19. "Go-Go _____ ...!" (start to cartoon detective's catchphrase)
- 20. Wager
- 21. It rained on Portland for a month in May, 1980
- 22. "Wait Wait Don't Tell Me" station
- 23. Remove one's weaponry
- 25. _____-de-France (Paris region)

- 26. Palm Beach club built in the 1920s by the heir to 15-across
- 29. Big Silicon Valley startup segment
- 30. It lightens our days?
- 31. Actress de Armas
- 32. "_____ Out," 2017 horror hit
- 33. Wobble
- 34. G.I. Joe nemesis group
- 35. More or less
- 36. Beloved former Princess of

- Wales
- 39. Vomit, colloquially
- 40. Discharge, as fumes
- 42. Organizer of many a bake sale, for short
- 44. Just short (of)
- 45. Lean-_____ (simple shelters)

DOWN

- 1. Swab
- 2. According to me, in internet speak

ANSWERS TO THIS PUZZLE WILL BE FEATURED IN THE NEXT ISSUE.



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Concordia Community Events Calendar

ONE-TIME EVENTS

Friday, November 1st, 5:30 - 8 pm
DONNA JONES
 ALBERTA STREET PUB
Location: 1036 NE Alberta St.
 Rhythm and blues / roots singer

Friday, November 1st 7:30 - 9:15 pm
CURIOUS COMEDY SHOWDOWN
 CURIOUS COMEDY THEATER
Location: 5225 NE Martin Luther King Jr. Blvd.
 Six improv artists battle to see who has the quickest wit.

Friday, November 1st, 8 - 11 pm
OPEN MUSIC WITH JESSE MONTGOMERY
 ALBERTA ABBEY
Location: 126 NE Alberta St.
 Presented by the Oregon Symphony

Saturday, November 2nd, 8 - 11 pm
DR. SPACEMAN WITH SHAFTY
 ALBERTA ABBEY
Location: 126 NE Alberta St.
 David Bowie tribute band

Saturday, November 2nd, 9 pm - midnight
YANKL FALK AND THE CARPATHIAN PACIFIC EXPRESS
 ALBERTA STREET PUB
Location: 1036 NE Alberta St.
 Traditional klezmer music from Eastern Europe

Tuesday, November 5th, 12:30 - 1:30 pm
INTRO TO NE VILLAGE
 NORTHEAST COMMUNITY CENTER
Location: 1630 NE 38th Ave.
 An engaged community supporting seniors

Tuesday, November 5th, 7 pm
INDIE FILM NIGHT
 MCMENAMINS KENNEDY SCHOOL
Location: 5736 NE 33rd Ave.
 Films about indigenous stories

Thursday, November 7th, 4 - 6:30 pm
U OF O COMMUNITY CONNECTION
 UNIVERSITY OF OREGON PORTLAND CAMPUS
Location: 2800 NE Liberty St, Portland, OR 97211

Saturday, November 9th, 7 pm
OPERA ON TAP
 MCMENAMINS KENNEDY SCHOOL
Location: 5736 NE 33rd Ave
 Classically trained singers and beers

Wednesday, November 13th, 7 pm
DRAG QUEEN BINGO
 MCMENAMINS KENNEDY SCHOOL
Location: 5736 NE 33rd Ave
 Hosted by Poison Waters

Saturday, November 16th, 8 am - 3:30 pm
PATCHWORK & PINTS
 MCMENAMINS KENNEDY SCHOOL
Location: 5736 NE 33rd Ave
 Spend a day making a quilt with quilters of all levels.

Saturday, November 16th, 8 - 10 pm
BEN SOLLEE
 ALBERTA ABBEY
Location: 126 NE Alberta St.
 Southern-style cello

Sunday, November 17th, 7 pm
LOOSEWIG JAZZ SERIES
 MCMENAMINS KENNEDY SCHOOL
Location: 5736 NE 33rd Ave
 Different jazz performer monthly hosted by Brent Follis

Tuesday, November 19th, 7 pm
OMSI SCIENCE PUB
 MCMENAMINS KENNEDY SCHOOL
Location: 5736 NE 33rd Ave
 Science + Beer = Fun

Sunday, November 24th, 1 - 3:30 pm
SONGS OF THE SPHERE
 ALBERTA ABBEY
Location: 126 NE Alberta St.
 A sonic celebration of the natural world presented by Resonate Choral Arts

Monday, November 25th, 7 pm
HISTORY PUB
 MCMENAMINS KENNEDY SCHOOL
Location: 5736 NE 33rd Ave
 Talk on indigenous policies and practices of fire management

Thursday, November 28th, 12-5 pm
THANKSGIVING BUFFET
 MCMENAMINS KENNEDY SCHOOL
Location: 5736 NE 33rd Ave
 Traditional Thanksgiving dinner with some special side dishes

ONGOING EVENTS

Thursday, Friday, Saturday and Sunday performances through November 10th

AMELIE
 PORTLAND PLAYHOUSE
Location: 602 NE Prescott St.
 Play based on the motion picture

All month
MEMORIES OF THE KINGDOM
 THE ALLERY
Location: Alleyway behind 5516 NE 27th Ave.
 Pop-up outdoor art gallery featuring works by Anne Jennings Paris

Tuesday, November 12th and all second Tuesdays, 5 - 7 pm
FREE CRAFT NIGHT
 COLLAGE PDX
Location: 1639 NE Alberta St.
 Craft materials and instruction provided

Every Wednesday, 5:30 - 6:30 pm
OPEN COURT : ALL PLAY JAM
 CURIOUS COMEDY THEATER
Location: 5225 NE Martin Luther King Jr. Blvd.

Friday and Saturday, November 29th - 30th, 11 am - 7 pm
ANNUAL GIFT SHOW
 ALBERTA STREET GALLERY
Location: 1829 NE Alberta St.
 One-of-a-kind artists' creations for purchase

Saturday, November 9th and all second Saturdays, 9 am - 3 pm
ROSE CITY STAMP FAIR
 OREGON STAMP SOCIETY
Location: 4838 NE 33rd Ave.

Every Monday, 3 - 4:30 pm
SOCIAL SAMPLERS
 MATT DISHMAN COMMUNITY CENTER
Location: 77 NE Knott St.
 Make friends through PP&R-sponsored program that includes games, food and activities.

Every Monday, 5:30 - 7 pm
DRUMMERS AWARENESS CLASS
 NAYA FAMILY CENTER
Location: 5135 NE Columbia Blvd.
 Drum with community and find your voice.

Every Monday, 7 - 10 pm
BRIDGETOWN TRIVIA
 ALBERTA STREET PUB
Location: 1036 NE Alberta St.

Every Monday and Wednesday, 5:30 - 6:30 pm
YOGA
 MILDRED HALL
Location: 5138 NE 23rd Ave.
 Yoga classes by Audrey, open to all

Every Monday, Wednesday, Friday and Sunday, 2 - 4 pm
ADULT BASKETBALL
 MATT DISHMAN COMMUNITY CENTER
Location: 77 NE Knott St.

Every Wednesday, 6 - 10 pm
WEDNESDAY NIGHT SOCIAL
 ALBERTA STREET PUB
Location: 1036 NE Alberta St.
 Cigars, Dominos, and Music

Every Wednesday, 7 pm
KARAOKE!
 THE WAYPOST
Location: 3120 N Williams Ave.

Every Thursday, 10 - 2
BIPOC FOOD PANTRY DROP-IN
 ALDER COMMONS
Location: 4212 NE Prescott St.
 Free food for BIPOC community members

Every Friday, 12:30 - 2:30 pm
TECH HELP DROP-IN
 KENTON LIBRARY MEETING ROOM
Location: 8226 N Denver Ave.
 Free tech help for mobile devices, websites, getting started and more

Every Saturday, 8 am - 1 pm
FREE FELT CRAFTING
 SPIN LAUNDRY LOUNGE
Location: 2326 NE Broadway
 Embroidery classes at coffee shop inside laundromat

Every Saturday, 4 - 6 pm
FAMILY GAME NIGHT
 CONCORDIA COMMONS
Location: Corner of NE 30th and NE Killing-sworth
 Join the fun on rain-free days, hosted by CNA

Every Sunday, 10 am - 12 pm
LIVE MUSIC - VARIOUS ARTISTS
 JUST BOB
Location: 2403 NE Alberta St.
 Watch various live artists every Sunday at this café.

Every Sunday, 10 - 11:30 am
UPPER ROOM MINISTRY BIBLE TALK
 VIRTUAL
 Contact Ike at (503) 901-0623 for more info.

Every Sunday, 7 pm
OPEN MIC
 THE WAYPOST
Location: 3120 N Williams Ave.
 Weekly open mic at intimate venue

Every Sunday, 9 - 11 pm
SOULFUL SUNDAYS
 ALBERTA STREET PUB
Location: 1036 NE Alberta St.
 The Love Train band with Special Guest DJ Renz

Every Wednesday and Friday, 8 - 10 pm
OPEN GYM
 NAYA FAMILY CENTER
Location: 5135 NE Columbia Blvd.



ALBERTA ROSE THEATRE

NOVEMBER 2024

- 1 WHO'S NEXT**
performs LIVE AT LEEDS & WHO'S NEXT + Laser Gator Light Show
- 2 LIVE WIRE RADIO**
Portland Book Festival Special
- 3 WHISKEY RIVER**
A Tribute to Willie Nelson the Adrian Martin Septet + James Low
- 4 WE CALL IT BALLET**
- 5 SLEEPING BEAUTY**
- 6** in a dazzling light show
- 7 Didn't Mean to Hustle** release
THE COLIN TRIO + BEN RICE & THE PDX HUSTLE
- 8 DAPPERLESQUE**
- 9 MORTIFIED**
- 10 CONSIDER THIS** with MANU MEEL
- 11 The She Rose Show**
- 13 CANDLELIGHT**
The Best of Bridgerton on Strings
- 14 JONATHA BROOKE**
- 15 FIDDLERS SHE**
Caitlin Warbelow, Aaron Carter, & Brongaene Griffin
- 16 Pink Lady Diann & Izohnny**
The Cat's Meow!
- 17 RESONANCE ENSEMBLE** presents
2PM **THE BLACKNIFICENT 7**
- 17 TOM PAXTON AND THE DONJUANS**
- 20 SCIENCE ON TAP**
Indigenous Science - Seed Banks for Eco-Restoration
- 21 JIMMIE HERROD**
album release preview show
- 22**
- 23 THE NEXT WALTZ**
- 24**
- 29 WHITE ALBUM X-MAS**
+ 10 DEC shows!
The NowHere Band and Rose City Circus
- 30**

albertarosetheatre.com
 3000 NE Alberta
 503.764.4131

Community calendar items

Priority is afforded to local events sponsored by—or which benefit—local nonprofit organizations. Submit information to CNewsEditor@ConcordiaPDX.org by the 10th of the month preceding the event.