

CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

May 2024

Spring fun photos, pg. 4



All about pets, pg. 10-11



CNA Mission Statement

To connect Concordia residents and businesses-inform, educate and report on activities, issues and opportunities of the neighborhood

Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.

Find us online at:

ConcordiaPDX.org, Instagram @CNAPDX and Facebook.com/groups/ConcordiaPDX



94-year old NE Portland **Institution Closes its Doors**

arbott's Greenhouse & Nursery (1808 NE Columbia Blvd.), which first opened in 1930, will close this spring due to third generation owner Larry Marbott's complications with his recent eye surgery.

Marbott's sells annuals and perennials, trees and shrubs, unique houseplants and home goods. 90% of the plants sold at Marbott's are grown onsite in one of eight greenhouses.

Marbott's was started by Larry's grandparents, Ernest and Anna Marbott, who lived with their children on the property and ran the nursery. At the time, the area surrounding the nursery was filled with dairy farms, produce markets, and other agricultural businesses.

In its early days, Marbott's faced significant environmental challenges. The year that the greenhouse opened, the Columbia River froze. In 1948, the Columbia River flooded Vanport, the then largest housing project in the U.S., located between Vancouver and Portland. Ernie Marbott (who was Ernest's son and Larry's father), remembered how close the water came to the nursery during the Vanport flood.

Ernie took over the nursery in 1954 and was one of the first growers in Portland to grow poinsettias, still a specialty of Marbott's. Ernie also created a new gloxinia color and named it Marbott's Pink. The gloxinia was listed in seed catalogs when it first came out.

Ernie died in 2022 but even towards the end of his life, he enjoyed sitting at the nursery's outside counter and giving advice to customers.

Larry Marbott has announced that Marbott's Greenhouse & Nurserv will be closed at least for this April, May and June, and maybe longer. "The future



Marbott's Greenhouse & Nursery has a sign up announcing its closure. Photo by Dina Sage.



On Memorial Day in 1948, the Vanport flood destroyed the nation's largest wartime housing development. Photo from Oregon History Project.

is a little bit hazy, just like my eye is," Larry Marbott told Willamette Week last month.

Reduce, Reuse, Recycle

Master Recycler Urges Reducing and Reusing Before Recycling

By Esther Lerman Freeman, **Contributing Writer**

iving in Northeast Portland, most of my neighbors are committed to doing what they can to improve our environment and keep Portland and the world healthy. Since I had been recycling, composting and donating to The Community Warehouse, The Rebuilding Store and other reuse organizations for quite some time, I thought I knew everything; that is, until I participated in the City of Portland Metro's Master Recycler Program (MRP).

Developed in 1991, MRP is a partnership between Metro, three counties, the Oregon Department of Environmental

Quality, and lay community members. reuse BEFORE recycling." MRP educates community members on best practices for recycling in Portland while also providing a workforce for community initiatives. There are three courses held annually and each is eight weeks long.

Upon graduation, MRP students are asked to spend time sharing what we learned, and through this column I hope to fulfill that obligation.

I will start with the number one thing that I learned.

The program should be called How To Bring Less Stuff Into The World rather than *Master Recyclers*. The first words from the instructor were, "Reduce and

The very active Buy Nothing Group in our community is an example of folks trying to share with one another rather than supporting consumption. I watch as Buy Nothing members share extra food, clothing and lend one another items to use. They truly embody the Reduce ethos.

In terms of physical and financial effort, reducing is quite easy; it takes no resources to "not buy". It does, however, take psychological energy. I often spend time scrolling through online offers that have found their way into my inbox.

Luckily, these companies usually have a cart on their websites that I can fill to Story continued on Page 6

Page • 2 May 2024

From the Board

By John Fitzgerald, CNA Board Chair

Turn Your Passion into an Event for the Neighborhood!

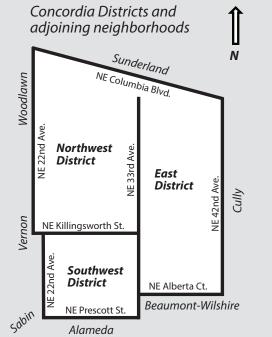
reetings Neighbors, It has been a busy entrance into spring, and we had a great Egg Hunt on Easter Weekend! I wanted to thank all who helped with this event, which is our biggest event of the year.

However, it is not our only event of the year. A major part of our mission as a neighborhood association is to create a community where all feel welcome and part of something special. One of our avenues to achieve this goal is to provide gatherings to celebrate all of the cultures, ethnicities, and identity groups within our neighborhood.

To make these events possible, we need you not only to attend events, but to help in the planning and execution of them. For example, as of this writing, the Muslim holiday of Ramadan concluded with the final Iftar meal. We had neighbors express interest in attending an Iftar meal and learning about the traditions which accompany the breaking of the daily fast during the month of Ramadan.

Unfortunately, we did not have anyone in the neighborhood step up to organize this event. Thus, I am blowing the horn, making the call, and shouting to the mountaintops (or at least to the crest of the hill at Alberta) for volunteers who are willing to take the lead or work with others on planning an event for the Concordia Neighborhood Association. I am asking for your time on just one event which ignites your passion or piques your interest. You can certainly work on multiple events, but I am only asking for your time for one event. We can provide assistance with event organization; we simply need neighbors who are willing to devote their time to initiating making an event happen.

In addition to planning events, we are asking people to serve on committees. We have different



committees for different things; for example, at our April meeting, the board created an ad hoc committee to explore the possibilities of a name change / rebranding of our association. The Concordia Neighborhood Association was formed in 1975 and eight months from now, will have its 50th anniversary.

Thus, we would like to ensure our name, our brand, and our identity are what we need for the next 50 years. I would love to see a good many of our neighbors reach out to be a part of this committee and help us gather the feedback necessary to move forward with confidence that we are serving the will of Concordia. Please contact us through any of the avenues to express your interest in being part of this research and action. You can also reach out to the committee chair, Patricia McMahan at AL2@ConcordiaPDX.org, or to me at Chair@ ConcordiaPDX.org. We look forward to some great conversations about how we present our identity and image in the next chapter of our neighborhood association.

Let's all have a great rest of the spring, get all of our plants and veggies planted for the wonderful neighborhood gardens, and I look forward to a wonderful summer season of backyard gatherings, street parties, and fun in the sun.

Cheers!

John Fitzgerald

After a 16 year run as a high school English teacher on the International School circuit in six different countries, I am excited to be back home in PDX. My wife Michelle and I are back getting enmeshed into the community and developing our real estate careers.

CNA Board of Directors

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CNA meeting venues, how to attend

To learn how to attend CNA meetings in-person (when available) or remotely, visit:

- ConcordiaPDX.org/CNAMeetings
- Facebook.com/groups/ConcordiaPDX

Concordia Neighborhood Association

Concordia News

Board Meeting

2nd Wednesday of the month, Wednesday, May 8, 6 p.m., McMenamins Kennedy School Community Room with call in option, see box below, contact Chair@ ConcordiaPDX.org

General Membership Meeting

Wednesday, June 12, 7 p.m., McMenamins Kennedy School Community Room with call in option, see box below, contact Chair@ConcordiaPDX.org

Social Committee Meeting

3rd Tuesday of the month, Tuesday, May 21, 6 p.m., Via Chicago Pizza, contact Social@ConcordiaPDX.org for more details.

Media Team Meeting

Last Tuesday of the month, Tuesday, May 28, 6 p.m., Contact Dina Sage for location, MediaTeamLead@ ConcordiaPDX.org

Land Use & Transportation Committee Meeting

3rd Wednesday of the month, Wednesday, May 15, 7 p.m., McMenamins Kennedy School Community Room with call in option, see box below, contact Rich Burton, LandUse@ConcordiaPDX.org

Finance Committee Meeting

Last Wednesday of the month, Wednesday, May 29, 7 p.m., venue: contact Brian Schutte, Treasurer@ ConcordiaPDX.org

Community Room Rental

For info and scheduling, visit ConcordiaPDX.org/ community-room-rental or contact Megan Gobble at CNARoomKennedy@gmail.com

CONTACTS

CNA Chair

John Fitzgerald, Chair@ConcordiaPDX.org **CNA Vice Chair**

John McSherry, AL3@ConcordiaPDX.org

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Megan Gobble, Secretary@ConcordiaPDX.org

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Brian Schutte, Treasurer@ConcordiaPDX.org

North Community Safety Team

Jacob Brostoff & Daniel Franco-Nunez, north.pdxteam@PortlandOregon.gov, 503.823.4064

SUBMISSIONS & ADVERTISING

Submissions to Concordia News: Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org Submissions to CNA website: Submit nonprofit news & events to MediaTeamLead@ConcordiaPDX.org Advertising: Elaine Oliver, CNewsBusiness@ ConcordiaPDX.org, 503-850-8454

MEDIA TEAM

CNA Board Liaison: John McSherry Managing Editor: Dina Sage, MediaTeamLead@ConcordiaPDX.org, 541.306.8006 CNews Graphic Designer: Gordon Riggs, CNewsDesigner@ConcordiaPDX.org Media Team: Rich Burton, David Corby, Esther Lerman Freeman, Tami Fung, Natalie Locke, Kunal Mehra, Kepper Petzing, Peggy Pfenninger, Nedra Rezinas, Gordon Riggs, Dina Sage, Marsha Sandman, Micha Wolf

The CNA newspaper can be accessed online at: ConcordiaPDX.org/CNews-issues.

Alameda

Your neighborhood Dumpster Day

Yes - Bring this!

Mattresses, Furniture (couch, table, chair), Small appliances (toaster, vacuum, microwave), Treated lumber & wood stumps

The following items in good, working condition (no broken or missing parts) may be collected by Community Warehouse and other local nonprofits to give to community members who need them:

Mattresses (gently used), Microwaves, Dressers, Queen and twin size bed frames with foundations, Couches, Dining room tables, Dining room chairs, Nightstands, Tools (electric and manual tools for home repair, gardening, and cooking)

Saturday, May 4th, 9 am – 1 pm or until dumpsters are full

Trinity Lutheran Christian School at 5520 NE Killingsworth St. Cars should enter from NE Killingsworth, eastbound.

🗙 Do NOT bring					
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For more information, go to: *bit.ly/2024-dumpster-day*

Update on Dekum Court Project to Build Affordable Housing

By Elaine Oliver Contributing Writer

f you've driven down NE 27th toward the stoplight at Lombard, you may have noticed a lot of construction. It is the site of Dekum Court Apartments, a new affordable housing complex and Phase Two of construction

The new site expands the housing capacity to 187 units and ranges from studios to fourbedroom units.

is well underway. Most recently, a large community center made of timber has taken shape and with it will be a covered basketball court for residents.

The site is a redevelopment of an existing affordable housing complex which contained 40 two-and-threebedroom units. The new site expands the housing capacity to 187 units and ranges from studios to four-bedroom units.

147 of the units are funded by a Metro Affordable Housing Bond and 67 by federal rental assistance. Most notably,



Elaine (she/her) is a former tech trainer turned ADHD coach and the Concordia News Ad Sales Rep. She is a passionate auntie, pitbull mom, and soccer player

who has called Concordia home for four years. You can find her eating good food with friends or walking her lovable pitbull Charlie in the neighborhood.



The 2nd floor will house a community room and kitchen as well as offices and bathrooms shared with TriMet. Photo by Elaine Oliver.

40 units are one-for-one replacement homes for existing Dekum Court households where there was special care taken to not displace the residents during construction. Phase One of construction began in September 2022 and opened to new residents September 2023. Phase Two is projected to be completed by late summer 2025.

The homes were designed by Lever Architecture and are being constructed by Walsh Construction. The property was previously and will continue to be managed by Home Forward which is the designated housing authority for Multnomah County and the largest provider of affordable / subsidized housing in the area.

Dekum Court was one of the first projects the Metro Council approved for bond funding, awarding \$21.03 million to the project. Among the factors the council considers in granting bond funds are a project's plan for community engagement and strategies for advancing racial equity. As reported in Street Roots, many residents feel that the approach Home Forward took to Dekum Court allowed



for redevelopment and focused on residents' involvement.

"The project presented some very unique opportunities for us to make sure that we did not have any interruption in our tenants' lives as we develop their new homes," Home Forward CEO Ivory Matthews told Street Roots in November.

As affordable housing development increases in and around Portland, Dekum Court could act as a guide, Mathews says.

May 2024 Page $\cdot 3$

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Taken from the future community room, looking down at the future basketball court and outdoor play area. Photo by Elaine Oliver.

Neighborhood Fitness Studio

Page • 4 | May 2024

The annual Egg Hunt took place on March 30th. Photos by Gina Levine and Kunal Mehra.





























Land Use and Transportation

A Walk Through Concordia

By Megan Gobble Contributing Writer

ave you a walking style? Concordia suits everyone. There's the early morning "coffee shuffle" to the various houses of caffeine. The mid-morning strut, taking a sack and gloves to pick up debris or sniff flowers. The late-afternoon walkrun wearing a heavy pack. The fast-paced trot to a restaurant for dinner and the lazy waddle home. Please travel in friend groups while on a nighttime bar stroll.

Portland's street grid of 20 blocks per mile makes for quick walking around. The short blocks seem to pass fast and the scenery is diverse. The Concordia neighborhood runs from NE 22nd Ave. to NE 42nd Ave., and Columbia Blvd. to Alberta Court and Prescott, roughly 1 by 1.3 miles.

Oh, the people you will see. Babies and kiddos and old folks, oh my. Generations of neighbors evolving from strollers, to balance bikes, to pedal bikes, then eventually walkers and wheelchairs. Many humans walk doggy companions: Moxie the papillon, the corgi bunch, sweaterclad chihuahuas. All are eager to walk and meet others at Alberta or Fernhill Parks.

Concordia's rather quirky. No two homes are the same: 110-year old Craftsman, 1950's mid-century modern, 2020's minimalist. Some gardens cater to bees, others artwork, still others to books and shared items. The streets and alleys that start paved, become gravel. The alleys between 25th and 33rd seem like a path through the country. There's a nature trail at NE Going and 25/26th. Other alleys have chickens and tilled gardens amid blackberry brambles. As summer progresses, alleys transform into jungles, so take your boots and a stick.

A healthy habit I picked up in my teens is parking a distance away and walking to a store or restaurant. There are no conflicts over the closest parking spot, plus you have an excuse to exercise. Now in my late 60s, I leave my car at home and walk everywhere. There are several walkable hubs for food and shopping in Concordia: NE 42nd Avenue, Alberta Street, Killingsworth at NE 30th Ave, and NE 33rd Ave.

If you can walk five kilometers (three miles), there are further hubs to explore. I walk to NE Fremont and NE 42nd for sports shoes, to MLK for my dentist, and to Fremont and NE 15th to buy gently used clothes for my grandkids; all an easy 3 miles in a one- hour round trip. Walking groups provide another healthy habit; social interaction. There is Concordia Walkers on Facebook, hiking/running groups on Meetup, and volkswalking through the Oregon Trails State Volkssport Association. Whether you walk on your own, with your dogs, or with your family and friends, say "Hi" to your neighbors and Mother Earth as you go by.



Concordia offers many opportunities for walking. Photo by Megan Gobble.



Will those improvements increase your home value?



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Friday, May 3 '80S PROM w/

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Saturday, May 4

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Monday, May 6 · Wednesday, May 15 Tuesday, May 28

FRIENDS & FAMILY NIGHT

5pm-close · 50% of night's dine-in proceeds donated to the beneficiary! May 6: Scott School PTA May 15: Beverly Cleary School PTA May 28: Dr. Martin Luther King Jr. **Elementary PTA**

Tuesday, May 7

PORTLAND FILM FESTIVAL **MONTHLY INDIE FILM NIGHT:** MENTAL HEALTH AWARENESS

Featuring two films: Could You Pick Me Up, Please? This Is Not a War Story 7pm · \$8* · Q&A to follow

Wednesday, May 8

DRAG QUEEN BINGO w/ POISON WATERS

7pm · \$20 adv, \$25 at door* · 21 & over

Saturday, May 11 **OPERA ON TAP** PORTLAND 7pm · Free · 21 & over

Sunday, May 12 **MOTHER'S DAY** BUFFFI

Treat mom to a delicious brunch buffet! 10am-3pm · \$55 adults, \$33 kids 5-12 Reservations required: (503) 249-3983

Wednesday, May 15 In celebration of the upcoming UFO Fest "THE ACCIDENTAL TRUTH" SCREENING

7pm · \$6 adults; \$4 kids 12 and under* Minor with parent or guardian

Sunday, May 19 LOOSEWIG JAZZ SERIES hosted by **BRENT FOLLIS** ft. TOM GRANT QTET 7pm · Free Suggested donations: \$20 adults, \$10 students Tuesday, May 21 OMSI SCIENCE PUB 7pm · Free · \$5 suggested donation Thursday, May 30 **HISTORY PUB** THE 6TH ANNUAL PSU HISTORY SLAM 7pm · Free with registration *Advance tickets recommended × 5736 NE 33rd Ave Portland · (503) 249-3983

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Megan is the SW2 rep and a retired nurse/ engineer. She travels, bikes, hikes, and swims along with her local multigenerational family. Stay active, be healthy.

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Master Recycler Urges Reducing, Reusing

Continued from Page 1

my heart's content until I wake up from my hypnotic consumer state and am able to just walk away from them. It is an experience of shifting from thinking *wouldn't that be nice?* to *do I actually need that?*

However, sometimes you really do need to buy something; like a pair of waterproof pants for a hiking trip. In these instances, consider whether it is something you can borrow, something you can buy secondhand, or if you indeed need to buy it new. Taking the time to go through this thought process means you will have done the the first part of your basic training; going from automatic pilot to considering other options.

When we recycle, we are still not compensating for the energy and materials that went into producing the article. We get some return savings of energy and materials by recycling, but only a small percentage of what would be saved if we did not produce unnecessary things in the first place. A good example of this is food waste. While I have tried to be careful about not letting any food go to waste, I have always felt OK about it because at least I can put spoiled food



Esther Lerman Freeman is a certified Master Recycler and Concordia resident. This WWII poster, showing a woman mending pants by hand, urges us to consume less. Like during WWII, reducing our consumption today helps preserve our natural resources. Poster from the Franklin D. Roosevelt Presidential Library and Museum website.

into the green compost bin. Again, even though recycling food waste separately decreases the volume of waste at the dump and decreases the methane gas emitted from the dump site; the amount of labor, water, earth, and energy that went into growing and producing this food is not recovered by composting. So composting is great, but not wasting food is even better.

Tips for this month:

- 1. Before you buy, ask yourself if you need it. Can you borrow it? Can you buy it secondhand? If the answer is that you do need to buy it, go ahead, knowing that you have considered the options.
- 2. When buying food, consider using a shopping list and planning your meals for the week. Pay attention to what is most perishable in the refrigerator and keep it in the front of the shelf to increase the chance of using it before it spoils.
- 3. Freezing is a great option to save food that is in danger of not being used before it goes bad. Cutting up fruits and vegetables and freezing them is easy and saves money.
- 4. The ends of carrots, beet greens, the stems of mushrooms, etc., are all great to keep in the freezer until you







OUR LABOR AND OUR GOODS ARE FIGHTING

have a good amount and then make a delicious broth, which is free! You won't need to pay for broth and you won't have any packaging from the broth to dispose of.

- 5. Find a neighbor you can share food with so that when either of you overshops or overcooks, you can help each other make meaningful use of the overage.
- 6. The *type* of food we eat also impacts the environment. One doesn't need to become a vegetarian to decrease the impact of their diet, but perhaps cutting out one or two meals of beef a week would be a start.

Thanks for taking the time to read this. Next month's article will focus on **REUSE**.



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Taking Care of the Neighborhood Bees

by Jordana Leeb Contributing Writer

n February 2018, Concordia News covered Concordia's famous beekeeper, Glen Andresen. Recently, we decided to catch up with him to see how he and the bees are doing. Andresen is busy. He spends his time

teaching beekeeping classes, caring for his bees, growing vegetables, collecting the occasional bee swarm, building beekeeping equipment, and managing a website and several properties in the neighborhood.

His passion and knowledge for bees and beekeeping is contagious and inspires his students and neighbors alike. Nancy Siverson, an avid gardener, has lived down the street from Andresen for the past 28 years and says, "Glen's work is a gift and blessing. The bees are a benefit for everyone in our total environment."

Walking by his property in the spring is a literal buzz of activity, with bee boxes piled high and bees flying in all directions.

Andresen currently takes care of 20 hives spread around NE Portland. In the spring time, each hive (made up of numerous bee boxes) has approximately 30,000 bees, which means he is taking care of 600,000 bees.

Bees have a fascinating biology – Andresen shared a few facts. Bees live only four to six weeks, unless they are born in the winter, and then they can live up to six months. The queen, one per hive, can live up to five years, however after one to two years, the other bees may "oust" her and raise a new queen. The queen can lay up to 1500 eggs in one day during warmer months.

There are 20,000 species of bees worldwide and 800 species of bees in Oregon, but there are only seven species of bees in the world that make honey. All bees help with pollination that keeps the world's ecosystems functioning and crops producing fruits, grains and vegetables.



Jordana Leeb is a longtime Concordia resident who is passionate about the neighborhood, its residents and trees. She lives with her partner and dog on

a street she calls home. You can see a film about her street and Concordia at

Glen Andresen poses with some of the handmade beekeeping equipment he builds from salvaged wood from the neighborhood. Available for sale at the Cully Farm Store. Photo by Jordana Leeb.

According to a report by the Center for Biodiversity, more than half of the native bee species' numbers in North America are declining and nearly one in four are at risk of extinction. A major factor is habitat loss. Andresen says the decline of honey bees is due in part to mites that "act as vectors for viruses that kill them."

Andresen shared several actions people can take to help support bees:

- Plant pollinator-friendly flowers that bloom throughout the year to give bees nectar all year long. Andresen's website lists "What's in Bloom" each month.
- Keep outdoor lights off at night to prevent bees from being attracted; they will fly around the light until they die of exhaustion.
- Create very shallow water sources outside for bees to drink, such as pieces of moss that act as a sponge.

When asked what is exciting him right now, Andresen said, "the relatively new crocus meadow growing in the southwest corner of Wilshire Park that provides great bee habitat in early spring."

He also expressed wonder at the one ton (30 five-gallon buckets) of extra honey he produced last year due to the wet and late winter coupled with the early spring. He sells much of this honey to Pip's Donuts (its Portland location is at 4759 NE Fremont St.) to use for their sea salt and honey donuts and their freshlymade chai.

You can purchase Andresen's raw, unfiltered honey at the Cully Farm Store (4209 NE Alberta St.) and at the Alberta Co-op (1500 NE Alberta St.).

Local Resources:

Concordia News 2018 story bit.ly/2018-bee-story

Glen Andresen's website bridgetownbees.com

Portland Urban Beekeepers portlandurbanbeekeepers.org





TinyURL.com/Diaryofastreet.





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Meaningful Play Readings Shared Monthly at Intimate Art Space

By Natalie Locke Contributing Writer

ast month, I had the pleasure of attending one of Passinart Theatre Company's monthly Play Reading Mondays at an amazing art space (16 NE Killingsworth Street). Before attending the show, I received an email from Passinart with several study guide prompts to review prior to attending. Reminiscent of my days as an undergraduate English Literature major, I felt excited to engage the analytical side of my brain while enjoying the performance.

The play, *Office Hour* by Julia Cho, was read to an intimate audience by several actors and directed by a Passinart director. *Office Hour* is a characterdriven study of one professor's attempt to connect with a student she suspects could be a school shooter. Written in reaction to mass shootings across America, the play is engaging, powerful, and explores sensitive and important topics for community discussion.



Natalie Locke is an entertainment attorney, candle maker, yogi and mother of two. After the reading, there was an opportunity for a vulnerable and impassioned community discussion, which united the audience due to its raw nature.

The structure of the play, comprising alternate endings, each more chilling than the last, leaves a lasting impression on its audience. After the reading, there was an opportunity for a vulnerable and impassioned community discussion, which united the audience due to its raw nature.

PassinArt, founded in 1982, is a theater company who aims to celebrate African American culture "while



Play readers gather monthly on Monday night to perform and lead a discussion at a lively art space on Killingsworth. Photo by Natalie Locke.

highlighting issues that impact the community." Passinart regularly hosts larger full-scale productions at Portland's Center for The Arts' Brunish Theatre downtown, but their offices and intimate monthly play readings are right here in NE Portland. series creates an opportunity to explore important societal issues through art and performance, and provides a platform for community discussion. Play Reading Mondays take place monthly and are currently free to the general public! Visit *passinart.org* to learn more and join this insightful event!

The Passinart Play Reading Mondays

"Absolutely Gorgeous"



Extended Family

Poetry By David Corby Contributing Writer

My mother-in-law has a habit where she counts how many people walking in a neighborhood will say hello to you. You never know how comforting a nod from a stranger can be for a family member from afar. Thanks for saying hello, Concordia.



David Corby is a poet, essayist, and professional over-communicator. When he's not out exploring the neighborhood with his wife and dog, chances are high that you can find him wrapping thoughts in words at your favorite local coffee shop.

"From start to finish, working with Edwin and the Mac-Bo team on our kitchen remodel was a perfect experience. We felt valued and well taken care of. The result was an absolutely gorgeous kitchen we love to cook and live in."

Paesha Southeast Portland

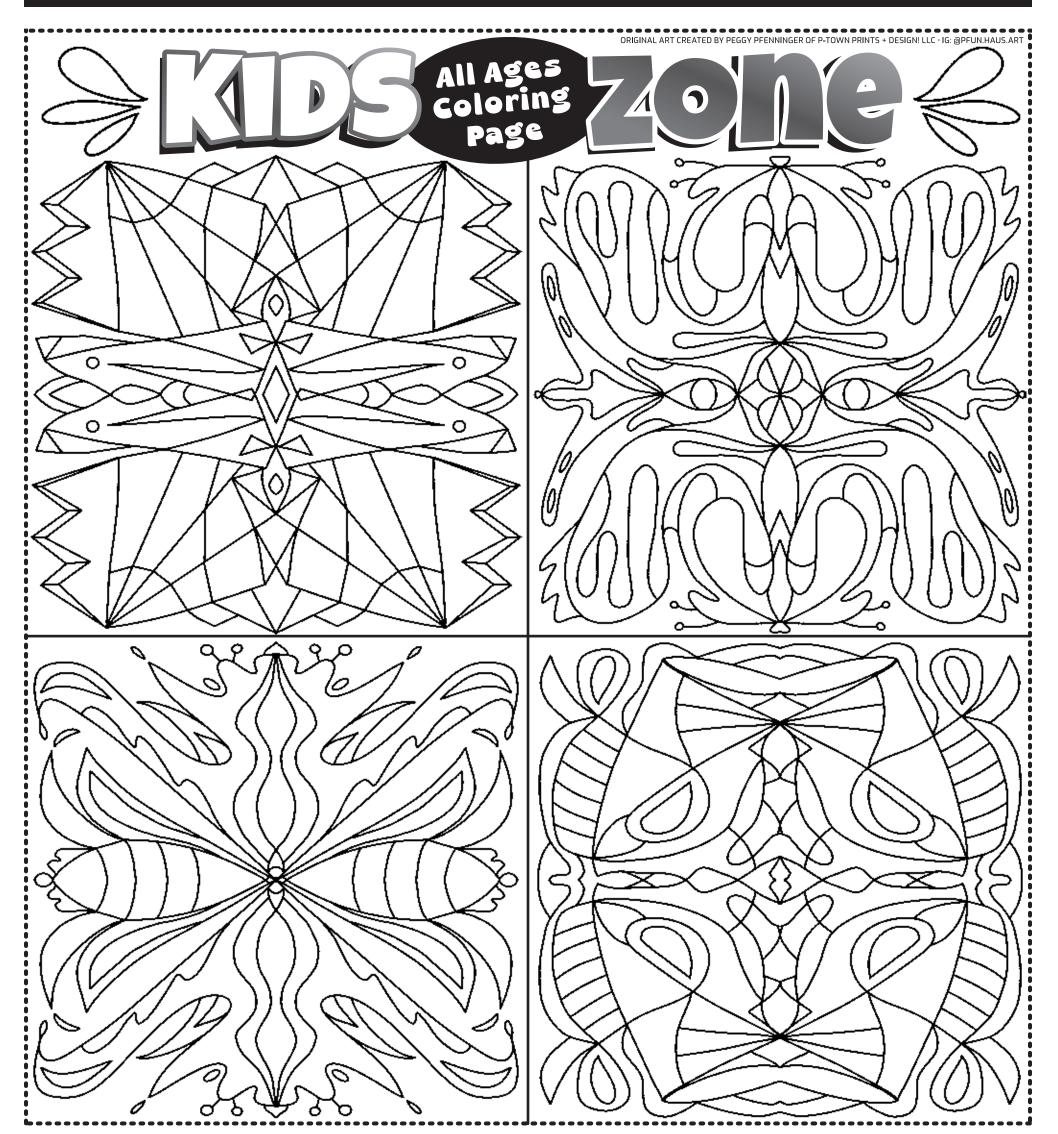
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SUMMER (;) KIDS CAMP

- WHAT: fun, sports, group games, & crafts.
- WHO: Kids ages 5-12.
- WHERE: Sabin Elementary ball fields (4013 NE 18th Ave. Portland, Oregon).
- WHEN: June 24-27, 2024, 9am-12pm.
- COST: \$40 for the entire week, \$20 for each additional camper. Proceeds support Vernon school.

SIGN UP: <u>SojournPDX.org/kidscamp</u> Questions? Call 971.317.9882



Prep for a Stress-Free Summer with Your Pets

By Nedra Rezinas Contributing Writer

re you and your pets ready for summer? Traveling, extreme heat, finding a pet sitter and navigating fleas and ticks can be challenging. As a pet owner myself, I wanted to get some tips on pet care so I spoke to a few local business experts about how to help our pets get ready for summer.

Finding a sitter or boarding facility for your cat can be tricky, especially if you suddenly have to leave for an event such as a funeral or there's a heat wave. Tiana Anderson of Kitty Condos Cat Boarding (7731 NE 33rd Dr.) recommends making sure your cat has all of its vaccines beforehand.

Don't wait 'till the last minute to arrange your pet's stay at a boarding facility or sitter's home. Anderson suggests visiting boarding facilities ahead of time and asking questions. Cat sitters and boarding facilities should know if your cat has special medication



Nedra Rezinas lives near U of O in Concordia. She does marketing strategy for small businesses, is a mom, drinks tea, is a birder, and is passionate to build community.

needs, prefers to be alone or gets stressed around other cats.

A few years ago, my family hired Doug Duncan (*doggybusiness.net*) to help us train our now 13-year old mutt, Gracie. Gracie is a great dog, but doesn't always get along with other dogs. When the sun comes out, more and more people are out with their dogs. Duncan suggests that if your dog has a hard time encountering other dogs, plan your dog walks so there are fewer encounters, (whether that's by taking a different route or by going at a different time of day.) In addition, impulse control training can be done to help your dog handle interactions with other dogs.

If you travel this summer without your dog, be proactive and find a dog sitter that you feel comfortable with months before your trip. Leave a local person's contact info with the sitter, in case they need to access someone who knows your dog well. The 4th of July is a hard time for many dogs. If your dog is sensitive to noise, Duncan recommends getting away from fireworks and going to the beach or forest.

Managing fleas and ticks is another challenge that the warm weather brings. I spoke with Laura Amiton, the owner of The Filling Station (2001 NE Alberta St), about natural flea remedies. A few years ago, Gracie had a flea problem and Amiton had a lot of great advice.

She recommended we add beneficial nematodes to the yard. Nematodes are



Nedra Rezinas and her dog, Gracie, a mutt who she likes to call a "Northwest Mountain Dog".

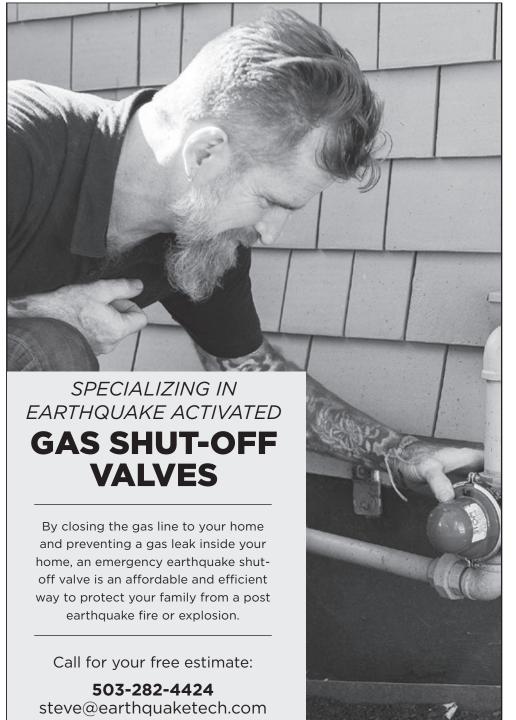
microorganisms that feed off of larvae and will take care of all the flea eggs in the yard. They work instantly and can be found at local nurseries.

Feed your dogs and cats healthy diets, such as raw food or add supplements to your pets' food. Snooks Nutritional Flea Supplement can help boost your pet's immune system as fleas tend to stay away from very healthy pets.

Ticks are different; they tend to brush onto their host. For this, Amiton recom-

mends products like Flea Flicker, Tick Kicker, a flea and tick repellent made with clove, eucalyptus and geranium oils. It's very effective at repelling these pests without being toxic to dogs, cats or humans.

We are fortunate to have local small businesses who can help us take action but it's important to remember to plan ahead. Enjoy the summer months with your beloved pets, whether you are traveling or staying local.





Want to stay up to date on Land Use and **Transportation news?**

Visit LUTC on the CNA website for the latest developments affecting our neighborhood.

Use this QR code or go to ConcordiaPDX.org/lutc





Tiana Anderson with her cat Les, a manx maine coon.

Call for Authors Concordia Book Fair

Attention local authors! Are you interested in reading your work and selling a few books?

Contact Kathy Crabtree, kcrabtree4320@gmail.com Steve Dodge, dodgeauthor55@stevedodgewriter.com



This Summer! Venue TBD

News from the NET

Caring for Pets During a Disaster

By Micha Wolf Contributing Writer

n an emergency, your pets will be even more dependent on you for their safety and well-being than they are regularly. Your family's disaster plans must include your furry family members, too.

In the Pacific Northwest, we may be facing wildfires, floods, earthquakes and even human-related emergencies such as a house fire or a medical emergency.

The following suggestions apply mostly to cats and dogs:

- If it's not safe for you to stay in your home during an emergency, it's not safe for them either.
- Make an evacuation plan for you and your pets. Many hotels and shelters do not accept animal guests other than service animals.
- Food, drinking water, bowls, cat litter/ pan and a manual can opener if your pets eat canned food.

The best way to protect your household from the effects of any type of emergency is to have a disaster plan. If you are a pet owner, that plan must include your pets. Being prepared can save their lives.

In case of an emergency where you need to evacuate your home, plan for a possible evacuation route. Determine ahead of time which hotels will accept your pets. Sometimes motels or hotels will waive their no-pet policy in case of an emergency. Additionally, tell friends or family who you might be staying with, that you plan to evacuate your animal companions as well.

Along with your own emergency kit, prepare one for your animals at the same time and keep it in a place where all family members have access to it.

The emergency kit for your animal should include:

- Sturdy leashes, harnesses and/or carriers to transport pets safely and ensure that they can't escape
- Food, drinking water, bowls, cat litter/ pan and a manual can opener if your pets eat canned food
- Medications and copies of medical records stored in a waterproof container
- Current photos of your pets in case they get lost. Since many pets look alike, this will help to eliminate mistaken identity and confusion.

Planning ahead keeps pets safe during an emergency. Photo by Micha Wolf.

Your family's disaster plans must include your furry family members, too.

In the event that you cannot safely leave your home, or you must leave your pets behind, place a sticker near your front door to help emergency workers locate your animals. Such stickers are available at the Oregon Humane Society or can be homemade. On it, list the number and type of your pets.

Search and rescue teams such as your local Neighborhood Emergency Team (NET) will deploy and assist the local first responders within the first 48 hours of a disaster and when deemed to be safe.

Preparing adequately for a disaster will allow you and your family to stay calm and organized during an evacuation. Keeping your pets safe and with you may relieve stress they might be experiencing.





STAY CONNECTED



- Pet blankets or towels to provide makeshift bedding
- Favorite toys to calm them



Micha Wolf has retired from teaching primary school, loves being in nature and believes in building community through engagement.

Need a DRY place for your PARTY?

Community Room at McMenamins Kennedy School is available for your next event.

- Capacity for 49 people
- Private off street parking
 \$40/hour (\$25/hr. for nonprofits)

To learn more: *ConcordiaPDX.org/ community-room-rental*



Gifts for Moms, Dads, and Grads! Open 10am - 6pm daily 1906 NE Alberta St ecovibestyle.com

Curious about the construction work happening behind the fence on the University of Oregon Portland campus? Visit the renovations website to see photos of the transformation in progress and learn more about each building.

pdx.uoregon.edu/renovations





PORTLAND

EO/AA/ADA institution committed to cultural diversity.

Page • 12 May 2024





Concordia Community Events Calendar

ONE-TIME EVENTS

Wednesday, May 1st, 4 - 5:30 pm MANY NATIONS ACADEMY STUDENT SHOWCASE NAYA FAMILY CENTER CAFETORIUM 5135 NE Columbia Blvd. Happy Hour and dinner benefitting NAYA's alternative high school

Friday, May 3rd, 6:30 pm **80S PROM WITH RADICAL** REVOLUTION MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave. 80s dance party for adults

Saturday, May 4th, 9 am-1 pm **DUMPSTER DAY** TRINITY LUTHERAN CHURCH Location: 5520 NE Killingsworth St. City-led event to collect unwanted household items like furniture and appliances

Saturday, May 4th, 12-7 pm **KENTUCKY DERBY DAY PARTY** ALBERTA STREET PUB

Location: 1036 NE Alberta St. Enjoy a mint julep, with music by Mel Brown Trio and DJ Lovone

Tuesday, May 7th, 7 pm **INDIE FILM NIGHT** MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave. Featuring films with a mental health focus

Saturday, May 11th, 10 am-3 pm MASTER GARDENERS PLANT SALE

WESTMINSTER CHURCH 1624 NE Hancock St. Fundraiser for the Multnomah County Master Gardeners Association

Saturday, May 11th, 7-9 pm

OPERA ON TAP MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave. Opera featuring rotating cast

Sunday, May 12th, 10-3 pm **MOTHER'S DAY BUFFET** MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave Honey-glazed ham, fresh fruit, eggs and baked pastries at the Courtyard Restaurant

Monday, May 13th, 6-8 pm YOUNG JAZZ COMPOSERS CONCERT ALBERTA STREET PUB Location: 1036 NE Alberta St.

Wednesday, May 15th, 7 pm THE ACCIDENTAL TRUTH MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave

Movie screening part of UFO Fest Sunday, May 19th, 5:30-6:30 pm

OPEN COURT : ALL PLAY JAM CURIOUS COMEDY THEATER Location: 5225 NE Martin Luther King Jr. Blvd.

Sunday, May 19th, 7–9 pm SUNDAY SCHOOL: INDIE SHOWCASE CURIOUS COMEDY THEATER Location: 5225 NE Martin Luther King Jr. Blvd.

Saturday, May 25th, All day PAINT THE TOWN YELLOW BENEFIT

FROCK BOUTIQUE 1439 NE Alberta St. 10% of all purchases goes to Project Lemonade to support foster youth

Thursday, May 30th, 6-9 pm LAST THURSDAY ALBERTA STREET GALLERY Location: 1829 NE Alberta St. Unit B "Making Paradise" invitational community show hosted by Heather Kolbo

ONGOING EVENTS

Wednesday, May 8th, 7 pm **DRAG QUEEN BINGO** MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave

May 11th and all second Saturdays, 9 am-3 pm

ROSE CITY STAMP FAIR OREGON STAMP SOCIETY Location: 4838 NE 33rd Ave.

Saturday-Saturday, May 11th-18th **CHROMA COMEDY FESTIVAL** CURIOUS COMEDY THEATER

Location: 5225 NE Martin Luther King Jr. Blvd. Comedy festival featuring BIPOC comics and

ensembles from all over the country May 14th and all second Tuesdays, 5-7 pm **FREE CRAFT NIGHT** COLLAGE PDX

Location: 1639 NE Alberta St. Craft materials and instruction provided

Every Monday and Wednesday, 5:30-6:30 pm

YOGA MILDRED HALL Location: 5138 NE 23rd Ave. Pay-what-you-can yoga classes

Every Monday and Friday, 9-9:45 am **FITNESS IN THE PARK** ALBERTA PARK

Location: 1905 NE Killingsworth St. Instructor-led exercise classes provided by Portland Parks and Recreation

Every Monday, 3-4:30 pm SOCIAL SAMPLERS MATT DISHMAN COMMUNITY CENTER Location: 77 NE Knott St. Make friends through PP&R-sponsored

program that includes games, food and activities. Every Monday, 5:30-7 pm

DRUMMERS AWARENESS CLASS NAYA FAMILY CENTER Location: 5135 NE Colombia Blvd. Drum with community and find your voice.

Every Monday, 7-10 pm **BRIDGETOWN TRIVIA** ALBERTA STREET PUB Location: 1036 NE Alberta St.

Every Wednesday, 7 pm KARAOKE! THE WAYPOST Location: 3120 N Williams Ave.

Fridays, 8 -10 pm, Saturdays 5-7 and 9-11 pm, Sundays 3–5 pm SAW THE MUSICAL

ALBERTA ABBEY Location: 126 NE Alberta St. Musical parody of one of the most thoughtprovoking horror movies

Every Sunday, 10 am - 12 pm LIVE MUSIC – VARIOUS ARTISTS JUST BOR Location: 2403 NE Alberta St. Watch various live artists every Sunday at this café.

Every Sunday, 10-11:30 am **UPPER ROOM MINISTRY BIBLE** TALK VIRTUAL Contact Ike at (503) 901-0623 for more info.

Every Sunday, 7 pm **OPEN MIC** THE WAYPOST Location: 3120 N Williams Ave. Weekly open mic at intimate venue

Every Sunday, 9-11 pm SOULFUL SUNDAYS ALBERTA STREET PUB

Location: 1036 NE Alberta St. The Love Train band with Special Guest DJ Renz

Every Wednesday and Friday, 8-10 pm **OPEN GYM** NAYA FAMILY CENTER Location: 5135 NE Colombia Blvd.

Monday-Thursday, 12:30-3 pm **FAMILY SWIM** MATT DISHMAN COMMUNITY CENTER POOL Location: 77 NE Knott St.

Monday-Friday, 9:30 am **NEIGHBORHOOD WALK** UNIVERSITY OF OREGON-LIBRARY Location: 2800 NE Liberty Street Meet neighbors for a daily walk.

Every Monday, Wednesday, Friday and Sunday, 2-4 pm

ADULT BASKETBALL MATT DISHMAN COMMUNITY CENTER Location: 77 NE Knott St.



For almost 50 years, this has been our name and logo.

Join a newly formed ad hoc committee to explore the possibilities of a name change / rebranding of our association.

20K A BETTER TRIP with SHANE MAUSS

21 JOHN MCEUEN & THE CIRCLE BAND

SCIENCE ON TAP 22 Lava, Mudflows and Ash: Volcanoes in the Pacific Northwest

THE NOWHERE BAND 31 play Sgt. Pepper & Abbey Road

albertarosetheatre.com 3000 NE Alberta 503.764.4131

Wednesday, May 22nd, 7 pm **TU-NER** ALBERTA ABBEY Location: 126 NE Alberta St. Prog rock / jazz / funk trio

Community calendar items

Priority is afforded to local events sponsored by—or which benefit—local nonprofit organizations. Submit information to CNewsEditor@ ConcordiaPDX.org by the 10th of the month preceding the event.

Every Thursday, 10-2 **BIPOC FOOD PANTRY DROP-IN** ALDER COMMONS Location: 4212 NE Prescott St. Free food for BIPOC community members

Every Friday, 12:30-2:30 pm **TECH HELP DROP-IN** KENTON LIBRARY MEETING ROOM Location: 8226 N Denver Ave. Free tech help for mobile devices, websites, getting started and more

Every Friday and Saturday, 7:30–9:15 pm **CURIOUS COMEDY SHOWDOWN** CURIOUS COMEDY THEATER Location: 5225 NE Martin Luther King Jr. Blvd. Six improv artists battle to see who has the quickest wit.

Help us ensure our name, our brand, and our identity are what we need for the next 50 years.

Contribute ideas, help us design visuals, poll your neighbors.

Interested? Email Patty at AL2@ConcordiaPDX.org or Michelle at AL5@ConcordiaPDX.org to participate.