

# CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

#### New book on natural treasure right in your neighborhood pg. 3



# All aboard Concordia public transportation pg. 6-7



**CNA Mission Statement** To connect Concordia residents and businesses—inform, educate and report on activities, issues and opportunities of the neighborhood

**Concordia News** 

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.

#### Find us online at:

ConcordiaPDX.org, Instagram @CNAPDX and Facebook.com/groups/ConcordiaPDX



# New Recovery High School Opens in Concordia

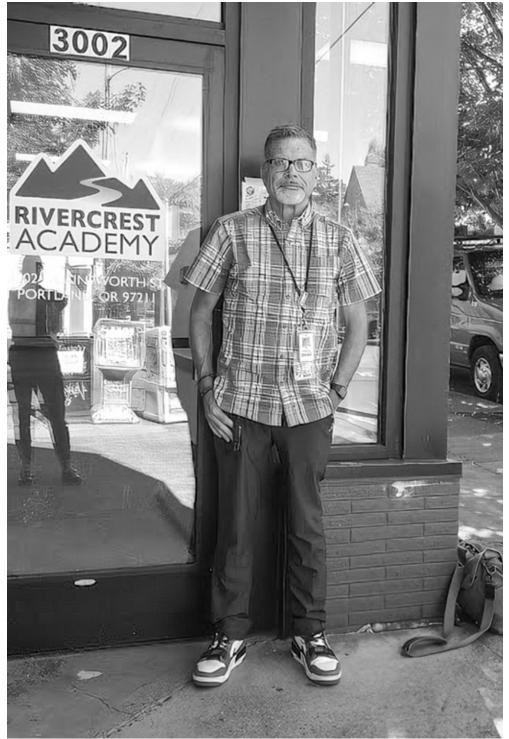
By Jordana Leeb Contributing Writer

n a study of Oregon's substance abuse disorder services conducted by the OHSU Department of Public Health in September 2021 - September 2022, Oregon ranked 48th out of 50 states for teens per capita needing but not receiving access to drug treatment services. Concordia's newest

Rivercrest Academy currently hosts 15 high school students who have committed to abstinence from drugs and alcohol and to their education.

neighbor, Rivercrest Academy, hopes to be one part of the solution.

Principal Todd Nicholson worked with a real estate agent to search the city for an ideal location for the school, somewhere close to existing Portland Public schools that East County partners could access. He was excited to find the site they did and to be in the Concordia neighborhood. Rivercrest Academy opened its doors to students this fall, but is located currently at Leaven Community Center, while waiting for its permanent location on NE 30th and Ainsworth to be finished. Nicholson says, "Nearby neighbors, including KISS Coffee and Ainsworth United Church of Christ, have been wonderful and embracing." KISS Coffee co-owner Sarah Pearson adds, "We are excited about the growth and all the new educational facilities in the neighborhood."



Principal Todd Nicholson in front of Rivercrest Academy, photo by Jordana Leeb

Rivercrest Academy currently hosts 15 high school students who have committed to abstinence from drugs and



Jordana Leeb is a longtime Concordia resident who is passionate about the neighborhood, its residents and trees. She lives with her partner and dog on

a street she calls home. You can see a film about her street and Concordia at TinyURL.com/Diaryofastreet. alcohol and to their education. These students are served by two full-time teachers, three recovery faculty and one school psychologist. Soon, there will also be a special education teacher on site. The current staff could, in the future, serve up to 30 students.

The recovery high school was developed through the Multnomah Educational Service District (MESD), which serves eight school districts in Multnomah County. Its creation was aided by an advisory committee made up of local nonprofits and schools.

Data collected by Vanderbilt University shows that 70% of students who return to a previous school environment relapse within weeks of treatment, compared to 70% of youth who are clean and sober one year after enrolling in a recovery high school.

Before Rivercrest Academy opened its doors, there was only one recovery high school for teens in the state of Oregon. There are currently zero in-patient locations for adolescent drug treatment in Oregon, and teens wanting that option need to travel out of state to Washington or California.

October 2023

House Bill 2767, which was recently passed by the Oregon Legislature and signed by Governor Tina Kotek, is an attempt to address the gap for youth by supporting more treatment options. Rivercrest Academy will eventually receive some of its funding from the state.

Rivercrest Academy will partner closely with the Oregon Department of Human Services and Portland Public Schools (PPS) Drug and Alcohol Program and is in conversation with the University of Oregon about how the two schools can support each other.

If neighbors have questions or want more information about recovery programs, they can email Principal Nicholson directly at tnicholso@mesd.k12. or.us.

### Letter from the Editor

**By Dina Sage** 

# **Happy October, Concordia!**

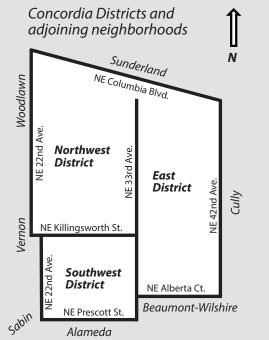
his month's issue of Concordia News features an inspiring local book about the Columbia slough, community pictures from September events, features on new businesses and neighborhood changes, and

Please send in photos of yourself and your neighbors in costume to have them featured in next month's edition.

a two-page spread on using public transportation in the neighborhood that will hopefully answer all your questions and give you some ideas for fun outings.

Events this month include Oktoberfest, Halloween parties at Kennedy School, and various environmental educational opportunities and outdoor excursions. (See back page for the full list.) Are you hosting or attending an event that you want to see on our back page calendar? Let us know and we will include it so the whole neighborhood can see it!

Do you know of a neighbor or business in Concordia that is doing something new or unusual? Tell us about it! Or, consider writing a story for the paper yourself – you and your



family will enjoy seeing your picture and byline in the newspaper! We cover all things Concordia and are open to new ideas.

We are still looking for the following people:

- People who like gardening to join our gardening club
- Volunteers to distribute 20-30 newspapers to area businesses (monthly, every other month, or just once)
- Those interested in sitting on the Concordia Neighborhood Association board

We hope you enjoy the incoming crisp weather, fall colors, and that you have a safe and fun Halloween. Please send in photos of yourself and your neighbors in costume to have them featured in next month's edition.

For story ideas, calendar, or to volunteer, contact me at MediaTeamLead@ConcordiaPDX. org. For gardening club and CNA board membership, contact Chair@ConcordiaPDX.org. Learn more about our events and volunteer opportunities at ConcordiaPDX.org.

Regards, Dina Sage Managing Editor

Dina Sage is the Managing Editor for CNews and enjoys engaging in the arts and outdoor activities. She lives with her husband, daughter and their pets.

#### **CNA Board of Directors**

Chair | Chair@ConcordiaPDX.org Astrid Furstner East 1 | East1@ConcordiaPDX.org Heather Pashley East 2 | East2@ConcordiaPDX.org Rich Burton Northwest 1 | NW1@ConcordiaPDX.org Isham "Ike" Harris Northwest 2 | NW2@ConcordiaPDX.org Matt Roberts Southwest 1 | SW1@ConcordiaPDX.org Austin Cross Southwest 2 | SW2@ConcordiaPDX.org Megan Gobble At Large 1 | AL1@ConcordiaPDX.org Robert Bowles At Large 2 | AL2@ConcordiaPDX.org Patricia McMahan At Large 3 | AL3@ConcordiaPDX.org John McSherry At Large 4 | AL4@ConcordiaPDX.org <open position> At Large 5 | AL5@ConcordiaPDX.org Michelle Fitzgerald At Large 6 | AL6@ConcordiaPDX.org Brittany van der Salm

CNA meeting venues, how to attend

To learn how to attend CNA meetings in-person (when available) or remotely, visit:

- ConcordiaPDX.org/CNAMeetings
- Facebook.com/groups/ConcordiaPDX

### **Concordia Neighborhood** Association

#### **Board Meeting**

1st Tuesday of the month, Tuesday, October 3, 6 p.m., McMenamins Kennedy School Community Room with call in option, see box below, contact Astrid Furstner, Chair@ConcordiaPDX.org

#### **Annual Membership Meeting**

Tuesday, November 7, 7 p.m., McMenamins Kennedy School Community Room with call in option, see box below, contact Astrid Furstner, Chair@ConcordiaPDX. orq

#### **Social Committee Meeting**

Third Tuesday of the month, Tuesday, October 17, 6 p.m., Via Chicago Pizza, contact Social@ConcordiaPDX.org for more details.

#### **Media Team Meeting**

Tuesday, October 24, 6 p.m., Contact Dina Sage for location, MediaTeamLead@ConcordiaPDX.org

#### Land Use & Transportation Committee Meeting

3rd Wednesday of the month, Wednesday, October 18, 7 p.m., McMenamins Kennedy School Community Room with call in option, see box below, contact Rich Burton, LandUse@ConcordiaPDX.org

#### **Finance Committee Meeting**

Last Wednesday of the month, Wednesday, October 25, 7 p.m., venue: contact Brian Schutte, Treasurer@ ConcordiaPDX.org

#### **Community Room Rental**

For info and scheduling, visit ConcordiaPDX.org/ community-room-rental or contact Megan Gobble at CNARoomKennedy@gmail.com

#### **CONTACTS**

**CNA Chair** 

Astrid Furstner, Chair@ConcordiaPDX.org

#### **CNA Vice Chair**

Brittany van der Salm, AL6@ConcordiaPDX.org

#### **CNA Secretary**

Matt Roberts, NW2@ConcordiaPDX.org

#### **CNA Treasurer**

Brian Schutte, Treasurer@ConcordiaPDX.org

#### North Community Safety Team

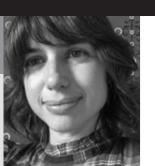
Jacob Brostoff & Daniel Franco-Nunez, north.pdxteam@PortlandOregon.gov, 503.823.4064

#### **SUBMISSIONS & ADVERTISING**

Submissions to Concordia News: Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org Submissions to CNA website: Submit nonprofit news & events to MediaTeamLead@ConcordiaPDX.org Advertising: Leigh Shelton, CNewsBusiness@ ConcordiaPDX.org, 503.875.8410

#### **MEDIA TEAM**

CNA Board Liaison: John McSherry Managing Editor: Dina Sage, MediaTeamLead@ConcordiaPDX.org, 541.306.8006 CNews Graphic Designer: Gordon Riggs, CNewsDesigner@ConcordiaPDX.org Media Team: Kathy Crabtree, Tami Fung, Megan Gobble, Ike Harris, Jordana Leeb, Kepper Petzing, Nedra Rezinas, Gordon Riggs, Dina Sage, Marsha Sandman, Leigh Shelton, Micha Wolf



# **Open Position on CNA Board**

The Concordia Neighborhood Association Board of Directors has one vacant position. Anyone interested must be a resident, property owner, business licensee, from an educational institution, from a governmental agency, or from a nonprofit organization located within the boundaries of the Concordia neighborhood (see map above), and must be at least 14 years of age.

Nominations will be heard and a vote for each position will be held at the CNA Board Meeting on October 3, 2023 at 6 p.m. See See Board Meeting section above for ways to attend this meeting.

Powers and duties of board members can be found in the CNA bylaws, Article VII, Section F: ConcordiaPDX.org/about-cna/bylaws/

For more information or questions, please contact Astrid Furstner, Chair, at Chair@ConcordiaPDX.org or Brittany van der Salm, Vice-Chair at AL6@ConcordiaPDX.org.



# Want to get involved locally?

Join us at the next Concordia Neighborhood Association Board Meeting on Tuesday, October 3, 6 p.m.

Attend in the McMenamins Kennedy School Community Room. To attend remotely, go to ConcordiaPDX.org/CNAMeetings.



# Want to get to know your neighbors? All are welcome!

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### **Concordia News**

# **Sunderland Couple Live On and Write About** the Columbia Slough

By Kathy Crabtree Contributing Writer

he title, *This Rough Magic*, at Home on the Columbia Slough is immediately intriguing. The book was published in August and is about the preservation and restoration of the Columbia Slough Watershed,

*The slough's* tributaries and vast wetlands are home to a myriad of creatures such as bald eagles, river otters and painted turtles, who continue to need the support of humans to survive.

a natural swamp containing over 20 miles of channels that flow from Fairview to the Willamette River in Portland. Authors and partners Bruce Campbell and Nancy Henry explain that the title describes how the slough transforms the "roughness" of industry degradation into the "serendipitous magic of the natural world". The publisher, Aristata, is a woman-owned non-profit organization that was founded in 2020.

Since 2008, Campbell and Henry have lived in Sunderland, just north of North Colombia Blvd. Their log cabin sits on the slough which has provided an opportunity to observe the slough's capability



Kathryn Crabtree is a retired Nursing Educator and author of books that celebrate women of a certain age- invisible to many, who use their deductive

reasoning to solve mysteries. The bad

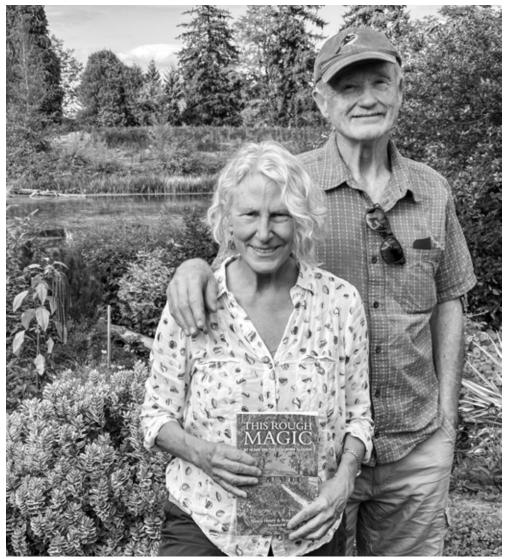
to withstand the damages caused by the modern world. That was the inspiration to write about its history, the settlements of the indigenous tribes and the arrival of the Euro-Americans to it, as well as the negative environmental impacts on it, in their new book.

The authors traverse the slough via foot, kayak, and bike and pass establishments such as shopping centers, highways, fruit orchards and tent camps. Among the people, buildings, and neighborhoods they encounter, there are also moments of serene beauty. The slough's tributaries and vast wetlands are home to a myriad of creatures such as bald eagles, river otters and painted turtles, who continue to need the support of humans to survive.

The couple describes Rough Magic as a labor of love; they wrote alternate chapters and edited each other's work. Campbell's contribution focuses on restoration; the "re-wild-ing" of the area bordering the Buffalo slough, an arm of the Columbia slough that's between 8 and 9 miles from its mouth. Rewilding is an unusual term but according to Campbell, it is exactly descriptive of the process needed to restore and preserve nature. Henry's chapters are devoted to the creative efforts it took to build a life on the slough and restore their log cabin.

As a whole, the book seeks to celebrate the many people and efforts that exist to revitalize and clean up the Columbia slough, and Campbell and Henry also hope to influence others to advocate for it. One such organization is the Columbia Watershed Council, a non-profit founded in 2002 whose mission is to "enhance the gem of the Columbia slough."

Campbell and Henry hope that Rough Magic will help them make new contacts who value increasing wilderness within city limits and they encourage others to take advantage of the accessibility of the sights and sounds of the slough. For those wanting to learn more about the Columbia Slough Watershed Council (CSWC), contact: Heather King, Executive Director at Heather. King@ColumbiaSlough.org, or Amanda Gallegos, Outreach and Event Director at Amanda.Gallegos@ColumbiaSlough. org. To learn more about the slough watershed and how Concordia residents can support environmental restoration projects in their own neighborhood, visit ColumbiaSlough.org.



Authors Nancy Henry and Bruce Campbell give credit to Amanda Williams for the book cover design as well as the enchanting chapter illustrations throughout. Photo by Raymond Crabtree

# **STAY CONNECTED**

The UO Portland Library is now open to the community.

It is located on the second floor of the Library and Learning Center. Stop by to get your Oregon Card, explore the collection, or visit the new Family Study & Children's Library. Public hours are 9 a.m.-6 p.m. Monday-Thursday and 9 a.m.-5 on Fridays.

guys never see them coming.



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Multnomah County Libraries will host a temporary location in room 120 of the building for this academic year.

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### **Concordia News**

### Recent Community Events

Over 75 residences participated in our CNA Yard Sale in September! Photos by Brittany van der Salm, Erin Jeffrey, Leigh Shelton, Michelle Fitzgerald and Phoebe McRae.























At our Concordia Neighborhood Litter Pickup event, with the help of over 60 volunteers, we picked up over 2000 pounds of trash from our neighborhood streets. Photos by Josh Levine.



# **30th and Killingsworth Plaza to Remain Open**

By Marsha Sandman Contributing Writer o you remember the theme song to the TV show Cheers? "Making your way in the world today takes everything you got. Taking a break from all your worries sure would help a lot. Wouldn't you like to get away? Sometimes you want to go

The Concordia neighborhood has just such a place; the plaza at NE 30th St. where it fronts NE Killingsworth St. Owner and advocate Ben Preacher has served up delicious meals and libations since 2013 at bar / cafe, Wilder. He is accompanied by a few adjacent businesses to the north. Their customers appreciate the choice of dining inside or

As of late, Concordians are concerned that the PBOT permit will not be renewed and that the plaza will no longer be open and free of traffic. But Dylan Rivera, who serves as Public Information Officer for PBOT, says the plaza will remain open for now.

where everybody knows your name, and they're always glad you came. You wanna be where you can see our troubles are all the same. You wanna be where everybody knows your name." (lyrics by Gary Portnoy and Judy Angelo)



After living east, south, north and west, Marsha Sandman is home at last. And she wants to hear your story. Contact her at MarshaJSandman@ gmail.com.

outside on the partially covered street plaza with picnic tables.

During COVID, Preacher and the community worked diligently with Portland Bureau of Transportation (PBOT) to obtain the necessary permit allowing an on-street plaza and gathering space. (The story was covered in the August 2020 edition of Concordia News.) The permit guarantees safety by blocking off that portion of the street to traffic.

According to the PBOT website, "Portland Public Street Plazas are community-oriented public spaces where business and community activi-



The outdoor plaza at NE 30th and NE Killingsworth, photo by Marsha Sandman

ties are clustered, using the full width of the street. Rather than just a place to pass through, these sections of the street become neighborhood destinations."

As of late, Concordians are concerned that the PBOT permit will not be renewed and that the plaza will no longer be open and free of traffic. But Dylan Rivera, who serves as Public Information Officer for PBOT, says the plaza will remain open for now.

To ensure it stays open, community

involvement is needed and highly encouraged. The city wants to be sure that the community uses the space for multiple activities, so contact PBOT and let them know that neighbors are involved and using the plaza. You can email PBOT at PortlandStreetPlazas@PortlandOregon. gov.

Only through involvement can you "be where you can see our troubles are all the same. You wanna be where everybody knows your name."



Come Celebrate with us on October 29th 6700 NE 29th (corner 29th and Dekum)

Special Festival Worship Service – 10 AM Dinner and Program at Noon

Please RSVP by Oct 19 if you are coming to the meal scarlson@stmikeslutheran.org or 503-493-6333

# Need a place for your group to meet?

The Community Room at McMenamins Kennedy School is available for meetings, birthdays, baby showers, or other special gatherings.



- Capacity to 49 people
- Tables, chairs & cleaning supplies in room
- Pricing: \$40/hr (\$25/hr non-profit)
- Money funds public activities





Learn more and reserve at: ConcordiaPDX.org/community-room-rental



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# Land Use and Transportation **How Do You Get Around?**

*by Kepper Petzing* LUTC Committee Member

hat makes a neighborhood a great place to live? That is a question the Concordia Neighborhood Association Land Use and Transportation Committee (LUTC) asks, and tries to answer. How does a neighborhood provide safety, community connections, enjoyment, and basic needs for residents of all ages, abilities, income, and cultural backgrounds?

One issue that impacts us all is how we get around. This has an effect on our health and on the quality of life in our community. And the way our community is structured influences how safe, convenient, and affordable our preferred method of transportation is.

Over the next year the LUTC plans to have a series of columns in Concordia News about how we move around our neighborhood and city. We are beginning this month with two articles about using TriMet, the first of which asks you to complete a survey focused on public transportation.



Kepper Petzing has lived in Concordia for 40 years where, with their partner Lowen, they raised two children. They are nonbinary. TriMet has 85 bus routes, designated by numbers; 5 MAX light rail routes, designated by color; and 3 streetcar routes, designated by letter.

#### What is TriMet?

TriMet, officially known as the Tri-County Metropolitan Transportation District, is a public agency that operates our region's mass transit systems: buses, MAX light rail lines, streetcars, and a suburban commuter rail line (WES).

#### Where Can You Go?

TriMet has 85 bus routes, designated by numbers; 5 MAX light rail routes, designated by color; and 3 streetcar routes, designated by letter. The TriMet buses that travel in Concordia are the #17 - Holgate / Broadway; #70 - 12th / NE 33rd Ave; #72 - Killingsworth / 82nd; and #75 - Cesar Chavez / Lombard. Schedules are different on Saturday and Sunday.

TriMet connects to many other bus systems and shuttle services in suburbs and nearby cities, such as C-Tran, the public transit district for Vancouver, Washington.

#### **How Much Does it Cost?**

TriMet uses a time-based fare system, regardless of transfers or the distance traveled. A single trip fare, good for 2  $\frac{1}{2}$ 

### **LUTC Transportation Survey**

We want to hear from you! You may complete the questionnaire online at ConcordiaPDX.org/lutc or by cutting it out here and mailing it to: Concordia Neighborhood Association, PO Box 11194, Portland, OR 97211.



All information provided will be kept confidential, unless you specify that you would like comments shared.

1. How do you travel around Portland? What have you used in the last year? (Check all that apply.) Walk Bike Car or truck Motorcycle or scooter Share service or rental like Biketown Bike Share, e-scooter, or Zipcar TriMet bus, MAX, Streetcar Bicycle carrier on bus Park & ride TriMet LIFT Paratransit Medical transportation Public ride service (taxi, Uber, Lyft, etc.) Carpool / Catch a ride Other

2. This year how often have you used public transportation (bus, MAX, or streetcar)?

hours, is \$2.50. An all-day pass, good until 3 am, is \$5.00. A monthly pass (valid from the 1st to the last day of the month) is \$100.00. Children 6 and under ride free with a paying passenger.

There are many reduced fare options. The "Honored Citizen" and "Youth" fares are \$1.25 for a single trip, a day pass is \$2.50, and a monthly pass is \$28.00. You can qualify for a reduced fare if you show proof that you are ages 7-17 or 65 or older, have Medicare, are a high school student, are pursuing a GED, are lowincome, or receive government benefits. Many schools, service organizations, and employers offer programs providing free or reduced fares. See "Additional Resources" below.

Single trip and day-pass fares increase January 1, 2024 to \$2.80 (\$1.40 for reduced fare) and \$5.60 (\$2.80 for reduced fare). There will be no change in monthly or annual pass fees.

#### How Do You Pay?

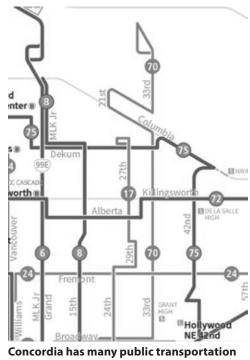
On buses, you can pay with a credit / debit card, tap with your phone, or, pay cash for the exact amount. Let the driver know if you want a day pass. MAX stations have a ticket machine where you can pay with cash or card.

TriMet's farecard is called Hop Fastpass® (Hop for short). To pay with the Hop card, tap it to the fare reader every time you board. The TriMet phone app includes a virtual Hop card, which lets you pay multiple fares at one time (such as for a friend or parent). For \$3, you can purchase a reloadable physical card good for only one person. On MAX you must tap before boarding. The advantage of using Hop is once you reach the cost of a monthly fare within a calendar month, you ride free!

#### Special Needs and Circumstances

TriMet works to make public transportation accessible for those with limited mobility including people using wheelchairs or scooters, and those with reduced hearing or vision. Service animals are allowed. If there's room in designated areas, standard-sized bikes can go on the MAX or on the front of buses. You can also bring strollers, shopping carts and other items on board. At night, between 8 p.m. and 5 a.m., you can ask your operator to stop anywhere along your route (as long as it's safe).

There are also specialized ride services. TriMet operates LIFT Paratransit, a shared-ride service for people who are unable to use regular buses and trains. Ride Connection provides a doorto-door shuttle for seniors and people with disabilities, even in rural areas. The RideWise program offers travel training for seniors and people with disabilities. Ride to Care provides free transportation for Oregon Health Plan (OHP) non-emergency appointments. The program can provide a ride, pay for public transportation, or reimburse per-mile for driving. All specialized ride services allow you to bring a support person with you at no additional charge.



Concordia has many public transportation options.

#### **Additional Resources**

TriMet Trip Planner, Transit Tracker, and Service Alerts: TriMet.org

TriMet Guides: TriMet.org/howtoride/

Bikes and Trimet: TriMet.org/bikes/

Qualifying for a reduced-fare Hop card: TriMet.org/income/ Free or reduced-fare programs: TriMet.org/accesstransit/ TriMet Phone: (503) 238-7433 TriMet Office: Pioneer Courthouse Square, 701 SW 6th Ave #196

Survey QR Code

4. If you do use public transportation, why? (Check all that apply.)
□ Don't have a car or can't drive a car
□ Is easier than driving (traffic, parking)
□ It is healthier for me
□ More convenient - saves time or hassle
□ Cost is less than car or other alternative
□ To support a healthier environment
□ Enjoy the social aspects
□ Other \_\_\_\_\_\_

**5.** How long does it take you to travel to your nearest bus stop? □ Have no idea □ 2 minutes □ 5 minutes □ 10 minutes □ 15 minutes or more

6. Please attach a page if you would like to share a story about using public transportation.

If you would like us to share it with our neighborhood, please give us your name and contact information:

# Want to get involved at a local level? Want to help plan events for your neighborhood?

Join us for a Social Committee meeting. We meet on the 3rd Tuesday of each month.

Our next meeting is on Tuesday, October 17 from 6-7 p.m. at Via Chicago (2013 NE Alberta St).

All are welcome!

For more information,

contact the Social Committee at Social@ConcordiaPDX.org



# **Ideas for Fun Outings via Public Transit**

By Megan Cecil-Gobble Contributing Writer

ooking for a novel and inexpensive way to entertain the kids and save on fossil fuels? Want to see holiday lights and hear spiritual music along with getting some exercise? These adventures can be done by riding our area TriMet buses, MAX trains, and Portland Streetcars. Read on.

#### Family Adventure by #70 Bus and MAX Train

Getting your family to the Oregon Zoo in Washington Park is a bus ride followed by a train ride and it takes about an hour and 15 minutes from Concordia. There are lots of sights to see along the way. Catch the southbound #70 bus along NE 33rd. Get off the bus at Lloyd Center (NE 11th and NE Multnomah) and walk south to catch the red or blue line trains towards Beaverton or Hillsboro. Get off at the underground Washington Park station. Take the elevator up to the surface and walk to the zoo.

Don't forget to purchase tickets ahead of time online at OregonZoo.org.

You could also opt to hike part of the well-marked Wildwood Trail which starts north of the elevators. There's even a part of it that is OK for strollers and wheelchairs. All buses and trains are equipped to carry them–and you.

# Other Local Adventures Using Buses #17, #72 and #8

Bus #17 runs along NE 27th and gets you to Downtown Portland for shopping or fairs, to the Convention Center for craft or car shows, or to see Fireworks on the 4th or Christmas Ships in December at Trillium Crossing.

Bus #72 is a commuter bus, but also gets you where you want to go for the sights. Around the holidays, The Grotto's light and musical entertainment is a few blocks from the bus stop at NE 82nd and Sandy. The #72 bus goes to Clackamas Town Center, but a faster way to get Riding local buses is a great way to see sights, meet people, and save money and carbon dioxide.

there is switching to the yellow line MAX train going east at the NE 82nd and I-84 MAX Station. Catch the #72 on its route along Alberta to NE 30th, then Killingsworth past 42nd toward 82nd.

Bus #8 runs along NE 15th and runs by Lloyd Center, through downtown, and up to Pill Hill (OHSU, VA hospitals). For a round trip from OHSU, hike or bike across the Tilikum bridge, catch the streetcar back downtown, catch the Max back to Lloyd Center & take #8 or #17 back to Concordia.

#### Out Beyond the Neighborhood

Because my family is experienced taking the bus around Portland, we enjoy riding local buses wherever we go on vacation. It is a great way to see sights, meet people, and save money and carbon dioxide. Once you've practiced transit skills around our neighborhood, you too will be able to travel the world.

Be seeing you-by bus, by bike, or by legs.



Megan is the SW2 rep and a retired nurse/engineer. She travels, bikes, hikes, and swims along with her local multigenerational family. Stay active, be healthy.



Grandfather and grandson on their transit adventure to the zoo, photo Megan Cecil-Gobble



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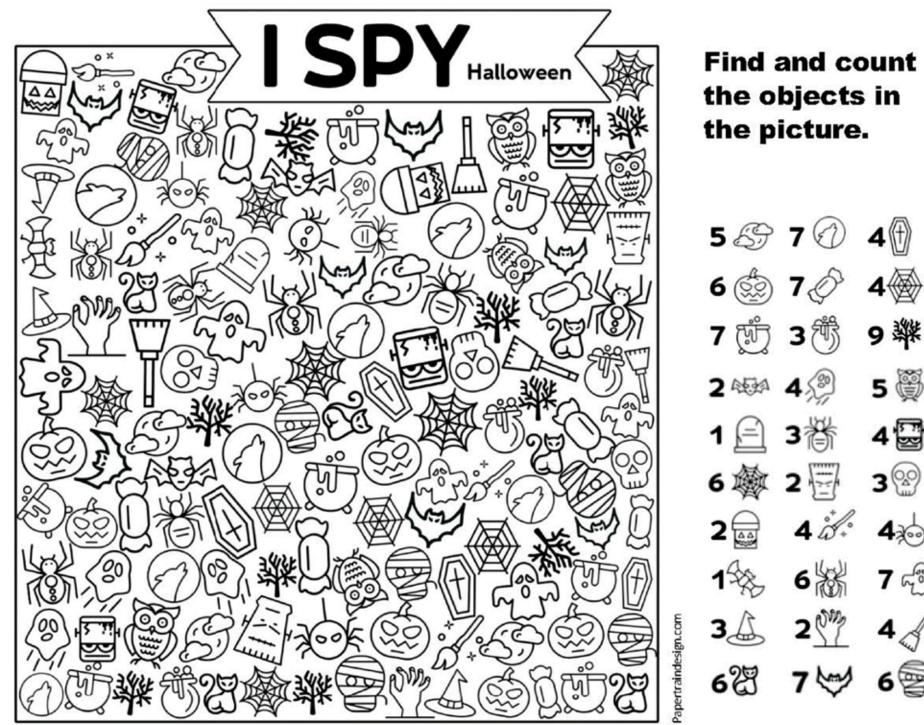
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Kids Zone

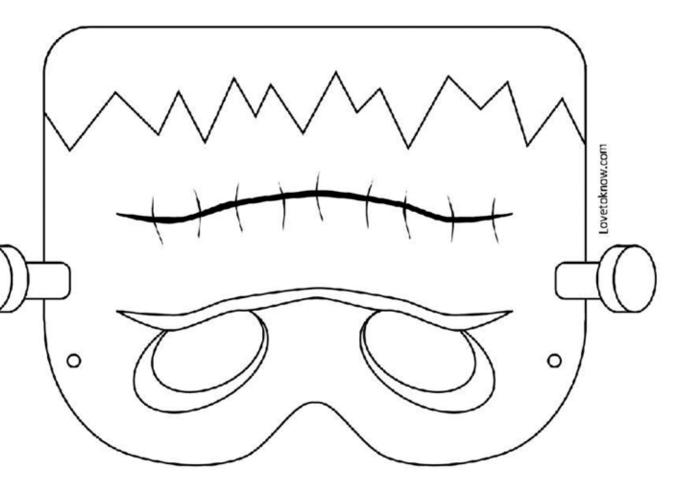


### **Color and** cut out this spooky mask.

# Halloween Jokes

What does a baby ghost say? Peek-a-boo!

What is a ghoul's favorite dessert? | scream!



What do you call 2 witches who live together? **Broom-mates!** 



# **New Restaurants at Alberta Alley Offer Unique Specialties and Cheerful Spaces**

By Nedra Rezinas Contributing Writer

he graffiti art on the building in the alleyway at Alberta Alley (3003 NE Alberta Street) is playful, depicting children holding hands, walking along the street. I've been watching with curiosity to see the unfolding of this space. Currently there are three new restaurants: Boxer Ramen and Baes Fried Chicken opened early this year; Kinnamons, a bakery that sells cinnamon rolls and soft serve, opened this summer. I decided to take my family to check out these new businesses.

One standout feature is the covered alleyway itself. Framed by a large wall of plants, the alleyway connects all the storefronts and allows customers to eat outside, rain or shine. There's also bench seating outside of the restaurants to enjoy during sunny weather that connects via a pedestrian walkway.

Ndamukong Suh and Micah Camden own Baes and Kinnamons together. Suh was excited to develop the space along Alberta. A native of Portland, Suh has



Nedra Rezinas lives near U of O in Concordia. She does marketing strategy for small businesses, is a mom, drinks tea, is a birder, and is passionate to build community.

watched Alberta change and evolve in the honey butter. Salads, mac and cheese, last decade and investing in building on Alberta was his way of creating the Portland he wanted to experience as a kid. According to an April interview in Eater, Suh wants Alberta to be a safe place to walk and encourages people to support the ever changing arts district.



Wall art along Alberta's Alley outdoor alleyway, photo by Roxanne Rezinas

#### Baes

The first thing I noticed walking through the front door of Baes was the tropical wallpaper with pineapples. Plants, elegant mirrors, and natural light fill the space. These features would make any Portlander perk up on a rainy day. Large jars of pickled cucumbers and green beans fill the shelves, serving as a reminder that Baes appreciates quality ingredients in their food.

At Baes, you can have your fried chicken three ways: traditional, hot, or waffle fries, biscuits, sandwiches and slushies are also available. My husband, daughter and I sit down. We order waffle fries and chicken sandwiches.

The smell of the waffle fries brings back memories of the county fair. They are delicious, crispy and pair well with Bae's custom hot sauce. The chicken is tender and juicy with very flavorful housemade pickles. Open 7 days a week, Baes also offers a brunch menu.

#### Kinnamons

Kinnamons has a very clean, open feel with lots of space to eat indoors or out. It has a delightful selection of cinnamon rolls in flavors such as maple bacon, raspberry pistachio, coconut key lime pie and of course, the simple classic cream cheese. What you won't find online is their soft serve menu with flavors that mirror their cinnamon rolls. If you aren't craving something sweet, Kinnamons has a selection of drinks including cold brew coffee, kombucha on tap and Steven Smith teas.

At the front counter, we order a raspberry pistachio cinnamon roll and when it arrives the first thing I notice is the size of the raspberries: they're huge! It's a great pairing that's light and airy. Being fans of raspberry, we also try the soft serve raspberry chocolate combo. I love the crunch of the chocolate pearls and discovering the hidden hot fudge at the base of the ice cream.



Kinnamons' welcoming outdoor seating, photo by Roxanne Rezinas

#### Boxer

Crave ramen on a cold or hot day? Boxer is your answer! Boxer offers a number of plates such as classics like chicken karaage as well as bowls and potstickers. Their ramen bowls include spicy red miso with pork belly and vegetable curry. They have a number of cocktails on hand and saké by the glass and by the bottle.

Ramen is such a comfort food and being a meat eater, I enjoy Tonkotsu Shio with the pork belly. The broth has a nice savory flavor and pairs well with the noodles. The delicate, vet delicious poached sliced egg with a bold yellow yolk complete the dish.

Be sure to check out the delicious food at Alberta Alley. I encourage you to order in and enjoy the open environment, indoors and outside.

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#### **BACK TO SCHOOL**

Fall is my favorite season: the cool, sunny days, vibrant colors and the excitement and promise of back-toschool. I'm happy to be in a profession where I'm always learning something new. So if you'd like the latest on interest rates, housing trends, or have any questions about the market I'd love to share what I know. And if you see Truman and me kicking up leaves on our walk stop and say hello!

> Melissa Moran Licensed Realtor (503) 358-7918 melissa@larkandfir.com LARK + FIR°

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# News from the NET

# How to Stay Informed and Ahead of Disaster

By Micha Wolf Contributing Writer

A nother hot and dry summer is behind us. Although we are now at the beginning of October, the danger of wildfire, smoke and flooding is still imminent. The forest soil is parched; even watered lawns have a long way to recover, and there is dried underbrush, dead leaves and branches everywhere.

In August, we witnessed a deadly and devastating fire on the island of Maui. The fire was likely caused by "power lines that fell in high winds" (Associated Press). Maui may have had leaning poles and bare electrical wire that could spark on contact.

In the wake of Maui's fire, it is clear that having timely, accurate information about possible emergency situations, including when and how best to evacuate, is very important.

In cases of wildfire or flooding, government agencies in the past mainly relied on transmitting alerts through radio, television and automated calls to landlines. As more and more people nowadays rely on the internet and their cell phones, timely information may not reach them, especially when the power is down.

It is therefore advisable to constantly stay informed about weather events and any other upcoming hazards.

This is best done by:

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• checking one or multiple weather apps on your mobile phone. In the wake of Maui's fire, it is clear that having timely, accurate information about possible emergency situations, including when and how best to evacuate, is very important.

- listening to local radio and/or television forecasts.
- signing up for public alerts to receive warnings on your mobile phone. (You can do this by visiting PublicAlerts. org. Visit PublicAlerts.org/about-alerts to learn more.)

In Oregon, public alerts are called OR-Alert (ORAlert.gov). These types of alerts are sent by local authorities and



There are multiple ways to stay informed about emergencies. Photo by Micha Wolf

can reach you via text, voice, or email. Each county has its own alerting system, which is hosted by the Portland Bureau of Emergency Management on behalf of the region. Content is managed by a workgroup focused on disaster messaging from the Regional Disaster Preparedness Organization (RDPO). Learn more at RDPO.net.

In case of a serious disaster along with a power outage, members of the Concordia, Vernon and Woodlawn neighborhoods have access to the Basic Earthquake Communication Node (BEECN) located in Alberta Park near the fire station. A BEECN is a temporary radio communications site run by volunteers and used after an earthquake takes down phone lines. Additionally, Portland Neighborhood Emergency Team members (NETs) are briefed weekly and as needed about local emergencies.

Staying informed and planning ahead for disasters saves lives!



Micha Wolf has retired from teaching primary school, loves being in nature and believes in building community through engagement.

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the.wright.clay.studio.

### Kids & Teens Fine Art

Sculpture Classes

Rolling enrollment start when you are ready, email for registration



www.thewrightclay.com

### Land Use & Transportation Committee – Join Us!

The Concordia Neighborhood Association LUTC welcomes your input as we strive to improve our community's livability.







#### ARYNE BLUMKLOTZ + DULCINEA MYERS-NEWCOMB

Earth Advantage Broker ADU Specialists 503-380-5124 | 503-449-1630 aryneanddulcinea.com





Alley clean up event

We meet monthly on the third Wednesday of the month (next meeting is on October 18th) at 7 pm in the Community Room at McMenamins Kennedy School, 5736 NE 33rd Ave.

Virtual Options: Web: meet.google.com/jwb-ivfb-mcv Phone: +1 413-779-5435 PIN: 246824040#.

You can visit our webpage at ConcordiaPDX.org/lutc/. Or, send your thoughts and ideas to landuse@ConcordiaPDX.org.

#### **Community Connections**

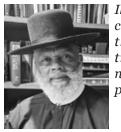
# **School Bus Driver / Former Post Office Worker Connects Through Bible Stories**

Contributing Writer

hen the Multnomah County Board of Commissioners sold Wapato Jail (14355 N Lake Bybee Ct.) for \$5 million in 2018, they had no idea that it would be used for, among other things, a Christian ministry. But that's exactly where I have been holding our in-person meetings twice monthly for the better part of a year.

Even as a child, I felt the call to be a minister. Growing up, my mother took me to a Baptist church in Pearl, Mississippi. We walked through the tall grass and sometimes there would be snakes but we would persevere until we got to church. I loved the preachers. When I was about 12, they took us out to a muddy pond to baptize us. The experience made me feel special, like I was under a divine umbrella.

Although choosing to become a minister was intentional, choosing to do it in Portland was not. After high school,



*Ike is a retired letter* carrier who believes that the greatest treasure on Earth is not silver or gold but people.

State University, but ended up leaving college to move to California to live with my aunt. Then, my mother asked me to join the U.S. Navy, where I spent 3 1/2

*I had found my* calling and what to do with my life; I knew I had been given the gift of preaching.

years learning to be a signalman, helping ship captains communicate. I traveled to many ports and at the end of my tenure, my ship came to Portland to be serviced. Not knowing what to do next with my life, I reenlisted in the service for 6 months while I stayed in Portland to figure it out.

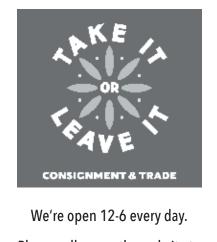
I had not attended religious services since high school but right in the midst of that deep valley of decision, I noticed one day that someone had left a New Testament on my ship, so I picked it up and began reading it. The Spirit of the Lord came upon me and I was born again right

By Ike Harris I won a football scholarship to Alcorn there. I had found my calling and what to do with my life; I knew I had been given the gift of preaching.

> Before I found the bible that day, I had been spending time at Peter's Habit, a nightclub formerly owned by independent candidate for governor Frank Peters. There, I had met a young woman named Pam. After picking up that bible, I went downtown and bought myself a new suit, I went right back to the club to see Pam and, in 1976, we got married. We moved to Concordia in 1979. Pam and I now have three children, five grandchildren, one great-grandchild, and; we just found out, one more grandchild on the way. I spent 22 years as a post office carrier in Concordia and I currently drive the Faubion school bus.

> Pam's mother was a preacher at the then-named All Nations Church (2902 NE Rodney St.) now called Mt Gillard Missionary Baptist Church, where we first belonged as congregants. In the book of Acts, when Jesus goes back to Heaven, he tells his disciples to go to an "upper room" and wait for the promise of the Holy Spirit. That's why, in 1997, when I started my own ministry, I named it Upper Room. At each of our meetings, we have an opening prayer, sing a song or two, and then we read and I preach and teach scripture. Just like when you serve up a good meal, preaching well takes a little while. I like to get into the "meat" of the word.

Pam and I have grown to love Portland and would like to invite Concordia residents to join us as we learn from the gospel. The bible has helped me immensely and I truly believe it has something in it for everyone. We hold an Upper Room Ministry meeting every Sunday on Zoom at 10 am and in-person meetings twice a month on Sunday afternoons at the former Wapato Jail. If you would like to attend either, call or text me directly at (503) 901-0623. Call anytime for prayer. Thank you.



Please call or use the website to schedule an appointment to sell.

> 503-206-5059 takeitorleaveitpdx.com



This year's auction is both in-person and online.

ATTENDING IN-PERSON

St. Andrew's is located at: 806 NE Alberta Street, Portland, Oregon 97211





Oct. 21, doors open at 5:00 Appetizers & Bar - 5:00-6:30 Dinner and Auction - 6:30 Tickets (includes dinner,

appetizers, wine, etc.) \$35

ATTENDING ONLINE

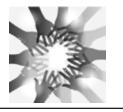
Oct. 21, Pre-show at 6:00 Live auction begins - 6:30 **Online Registration is Free!** 

#### Scan QR Code:

For more information and Auction Registration



The St Andrew Community Center provides assistance to people living in our neighborhood. We welcome and include persons of every color, language, ethnicity, origin, ability, sexual orientation, gender expression, marital status, and life situation.





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### **Concordia News**



# **Concordia Community Events Calendar**

**ONE-TIME EVENTS** 

Tuesday, October 3rd, 10–11 am **LADYBUG NATURE WALK** COLUMBIA CHILDREN'S ARBORETUM **Location:** 10040 NE 6th Dr. For children 2-6, sponsored by PP&R

Thursday, October 5th at 8–9:30, 6th and 7th at 7–8:30 and 9–10:30, and 8th at 5–6:30 pm **THE FAIRY'S BOTTOM : A SHAKESPEARE BURLESQUE** ALBERTA ABBEY

Location: 126 NE Alberta St. Classical theater with fun burlesque twist

Saturday, October 7th, 1-7 pm 7TH ANNUAL OKTOBERFEST

MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave. German fare, polka music, 24 beers and ciders

#### Tuesday, October 10th, Time TBD RACE TALKS-OPPORTUNITIES FOR DIALOGUE

MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave. Facilitated community forum and discussion

Tuesday, October 10th, 6 pm OUTDOOR WATER CONSERVATION VIRTUAL

Sign Up: emswcd.org/workshops-andevents

Educational webinar hosted by the East Multnomah Soil & Water Conservation District

Tuesday, October 11th, 7 pm DRAG QUEEN BINGO MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave

Thursday, October 12th, 11 am–6:30 pm **FRIENDS & ALLIES FALL SUMMIT** MCMENAMINS KENNEDY SCHOOL **Location:** 5736 NE 33rd Ave Portland Parks Foundation's annual educational and networking event

Saturday, October 14th, 7–9 pm OPERA ON TAP MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave A capella opera featuring rotating cast

Saturday, October 14th, 8–11 pm BLACK OPRY REVUE ALBERTA ABBEY Location: 126 NE Alberta St. A home for Black artists and fans of country and Americana music

Tuesday, October 17th, 7 pm OMSI SCIENCE PUB MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave Learn about a science topic and enjoy a beer.

#### Wednesday, October 18th, 6 pm CLIMATE RESILIENCE: AT HOME, IN OUR YARD AND BEYOND

VIRTUAL Sign Up: emswcd.org/workshops-and-

Saturday, October 21st, 5 pm 50TH ANNUAL NEIL KELLY MEMORIAL AUCTION

ST. ANDREW COMMUNITY CENTER Location: 806 NE Alberta St. and virtual option Auction benefiting the St. Andrew Commu-

nity Center

#### Wednesday, October 25th, 6 pm CREATING AN EDIBLE LANDSCAPE VIRTUAL

Sign Up: emswcd.org/workshops-andevents Educational webinar hosted by the East

Multnomah Soil & Water Conservation District Thursday, October 26th, 8–9 pm

LAST THURSDAY ART OPENING ALBERTA STREET GALLERY Location: 1829 NE Alberta St. Local artists' reception

Saturday, October 28th, 12-2 and 2–4 pm JACK-O-LANTERN JAMBOREE MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave Pumpkin carving contest with live music by Triple Rainbow

Saturday, October 28th, 8 pm HALLOWEEN PARTY AND COSTUME CONTEST

MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave Live music by King Youngblood

Sunday, October 29th, 10 am service, 12 pm lunch

**ST. MICHAEL'S 75TH ANNIVERSARY CELEBRATION** ST. MICHAEL'S LUTHERAN CHURCH **Location:** 6700 NE 29th Ave. Worship service, meal, program and displays

Sunday, October 29th, 7 pm-midnight DOUBLE FEATURE: SHOCK TREATMENT! AND ROCKY HORROR PICTURE SHOW ALBERTA ABBEY Location: 126 NE Alberta St.

Sunday, October 29th, 2 pm **STORYTIME WITH THE AUTHOR** GREEN BEAN BOOKS **Location:** 1600 NE Alberta St. Author Corina Luyken reads *Sunday in the Park* and *ABC and You and Me*.

#### Monday, October 30th, 7 pm MUD, BLOOD, AND GHOSTS HISTORY PUB

MCMENAMINS KENNEDY SCHOOL Location: 5736 NE 33rd Ave Author Julia Carr discusses her unique family history.

Tuesday, October 31st, 4–6 pm **TRICK-OR-TREATING** MCMENAMINS KENNEDY SCHOOL **Location:** 5736 NE 33rd Ave Bring buckets for trick-or-treating around the property.

Every Monday, 3–4:30 pm **SOCIAL SAMPLERS** MATT DISHMAN COMMUNITY CENTER **Location:** 77 NE Knott St. Make friends through PP&R-sponsored program that includes games, food and activities.

Every Monday, 5:30–7 pm **DRUMMERS AWARENESS CLASS** NAYA FAMILY CENTER **Location:** 5135 NE Colombia Blvd. Drum with community and find your voice.

Every Monday, 7–10 pm BRIDGETOWN TRIVIA ALBERTA STREET PUB Location: 1036 NE Alberta St.

Every Wednesday, 7 pm **KARAOKE!** THE WAYPOST **Location:** 4212 NE Prescott St.

Every Thursday, 10–2 BIPOC FOOD PANTRY DROP-IN ALDER COMMONS Location: 4212 NE Prescott St. Free food for BIPOC community members

Every Friday, 12:30–2:30 pm **TECH HELP DROP-IN** KENTON LIBRARY MEETING ROOM **Location:** 8226 N Denver Ave. Free tech help for mobile devices, websites, getting started and more

Every Sunday, 10 am – 12 pm **LIVE MUSIC – VARIOUS ARTISTS** JUST BOB **Location:** 2403 NE Alberta St. Watch various live artists every Sunday at this café.

Every Sunday, 10–11:30 am **UPPER ROOM MINISTRY BIBLE TALK** VIRTUAL Contact lke at (503) 901-0623 for more info.

Every Sunday, 7 pm OPEN MIC THE WAYPOST Location: 3120 N Williams Ave. Weekly open mic at intimate venue

Every Sunday, 9–11 pm **SOULFUL SUNDAYS** ALBERTA STREET PUB **Location:** 1036 NE Alberta St. The Love Train band with Special Guest DJ Renz

Every Wednesday and Friday, 8–10 pm OPEN GYM NAYA FAMILY CENTER

Location: 5135 NE Colombia Blvd.

Monday–Thursday, 12:30–3 pm **FAMILY SWIM** MATT DISHMAN COMMUNITY CENTER POOL Location: 77 NE Knott St

Location: 77 NE Knott St.

Monday–Friday, 9:30 am NEIGHBORHOOD WALK

UNIVERSITY OF OREGON–LIBRARY Location: 2800 NE Liberty Street

### EILEN JEWELL + Nick Delffs

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albertarosetheatre.com 3000 NE Alberta 503.764.4131 events

Educational webinar hosted by the East Multnomah Soil & Water Conservation District

October 18th, 6:30 pm **THE RETURN OF THE ALBERTA MAIN STREET BUSINESS MIXER** BAERLIC BREWING **Location:** 2223 NE Alberta St.

Friday, October 20th, 6–8 pm **LP AND THE OLD FASHIONEDS** ALBERTA STREET PUB **Location:** 1036 NE Alberta St. Fiddle-forward Western swing band

Friday, October 20th, 8–11 pm **SHEMEKIA COPELAND** ALBERTA ABBEY **Location:** 126 NE Alberta St. Award-winning blues / soul singer

Saturday, October 21st, 10 am FALL COLORS TREE TEAM WALK

AINSWORTH LINEAR ARBORETUM Location: Corner of NE Ainsworth and NE 30th

#### ONGOING EVENTS

#### Weeknights, 10/2–12/15 **TEEN FORCE PP&R PROGRAMS** MATT DISHMAN COMMUNITY CENTER **Location:** 77 NE Knott St. Yoga and meditation, archery, creative art

Yoga and meditation, archery, creative art and poetry classes for teens

Mondays and Thursdays, 10/2–12/7, 2–3 pm Tuesdays and Thursdays, 10/3–12/7, 1–2 pm

#### NON-CONTACT BOXING CLASSES FOR WOMEN

MATT DISHMAN COMMUNITY CENTER Location: 77 NE Knott St. Build strength with this exciting workout.

Every Monday and Friday, 9–9:45 am

ALBERTA PARK Location: 1905 NE Killingsworth St. Instructor-led exercise classes provided by PPR Meet neighbors for a daily walk.

Every Monday, Wednesday, Friday and Sunday, 2–4 pm **ADULT BASKETBALL** MATT DISHMAN COMMUNITY CENTER Location: 77 NE Knott St.

Every Monday and Saturday, 10 am–1 pm **COMMUNITY GARDEN VOLUNTEER DAY** NAYA FAMILY CENTER **Location:** 5135 NE Colombia Blvd. Volunteer at the NAYA Community garden.

**Community calendar items** Priority is afforded to local events sponsored by—or which benefit—local nonprofit organizations. Submit information to CNewsEditor@ ConcordiaPDX.org by the 10th of the month preceding the event.

Leisurely stroll and talk led by Jim Gersbach