



# CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association

June 2021

## What would you do?

Your CNA board asks what you hope the CU campus buyer will do with the property.

See Pages 2 and 4.

## Buildings share 'language'

Learn how the neighborhood can speak up on future building designs at the June 2 CNA general meeting

See Page 6.

## CNA Mission Statement

To connect Concordia residents and businesses — inform, educate and report on activities, issues and opportunities of the neighborhood.

## Concordia News

This free, monthly publication of CNA will abstain from publishing anything that could be construed as libel.

Copies are delivered to all residences and many community and business locations in the Concordia neighborhood.

Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.

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## Survivor embraced civics early on

By Nancy Varekamp  
CNews Editor

Vanport isn't history to Ed Washington. The 84-year-old Concordian's four years there helped lay his foundation for embracing education, civil rights and civic engagement.

In 1944, when he was seven, Ed's family moved from Alabama to Vanport to join his father who was employed at Henry J. Kaiser's Oregon Shipbuilding Corporation.

*From one of many evacuation buses on Denver Avenue, he witnessed the berm give way to the wall of water.*

Oregon's second largest city was filled with apartments, schools, community centers and clinics.

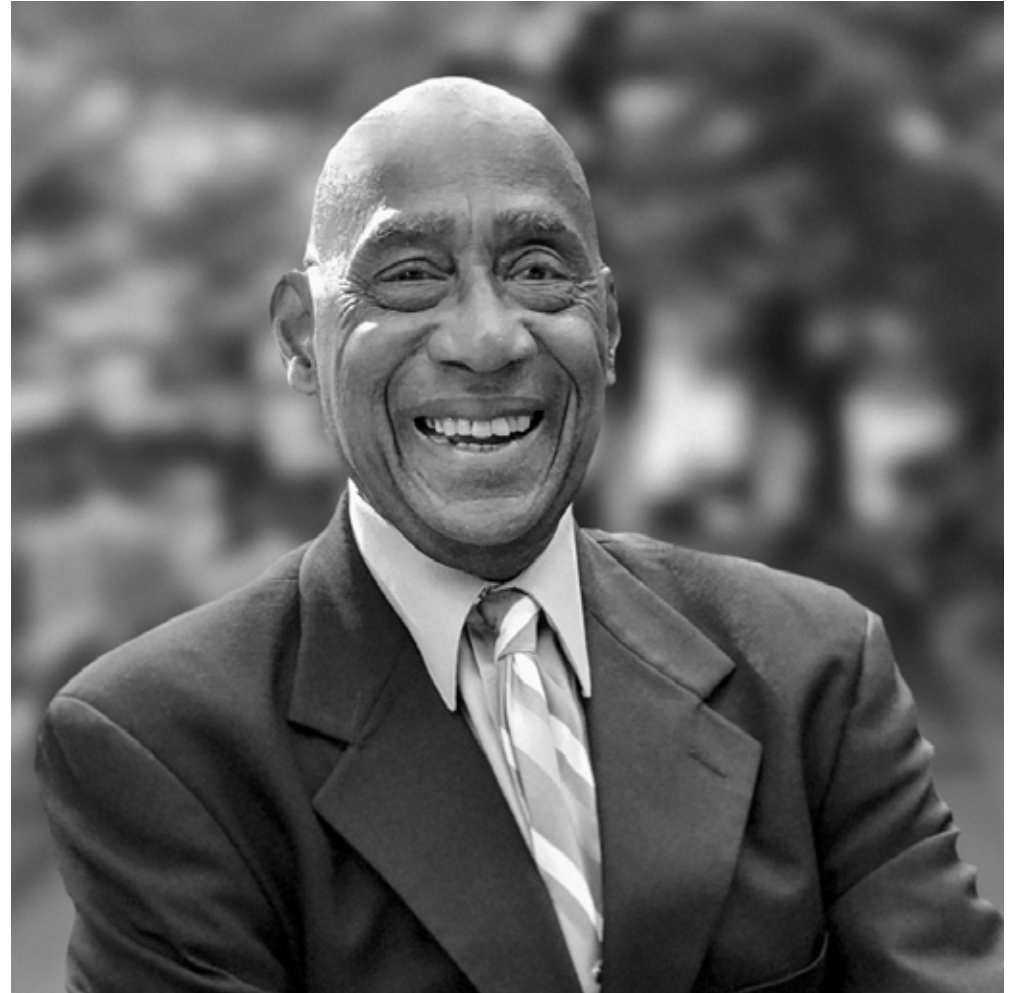
"What I remember most about it was just the number of people there, though it wasn't like we were all crawling all over each other. There were so many activities in Vanport, particularly in summer. There was never a lack of things to do.

"The schools were so wonderful." One vivid memory was his class planting gourd seeds in early May 1948, in preparation for September harvesting, drying and painting. The flood took the garden, the entire city, most personal belongings and the lives of at least a dozen people.

From one of many evacuation buses on Denver Avenue, he witnessed the berm give way to the wall of water.

His family slept that night in a school cafeteria, then two weeks in a church before a longer stay in converted Army barracks on Swan Island.

Ed attributes much of his commitment to community to his mother. She raised seven children in those uncertain



Ed Washington's childhood experiences in Vanport – and after escaping flood waters – molded his passion for community engagement. Photo by Travis Spencer, Office of Global Diversity & Inclusion, Portland State University

times. And she taught him the importance of family and community.

While in Vanport – and even after the family's stay on Swan Island – George H. Oberteuffer served as Boy Scout mentor to Ed.

Obie told him, "Things are not what they should be for you and for people that look like you and your brothers. But Eddie, I don't want you to ever get discouraged, because things are going to change. When those changes start, I want you and your brothers to be prepared."

Two moves later, Ed attended Irvington Elementary School, where his teacher led field trips to the Legislature, county courthouse, city hall and elsewhere.

"I learned how government worked from Mrs. [Hazel] Hill. I used to take kids on trips like the ones she took us on to experience much of what I had."

Ed began practicing what she taught him during his successful campaigns for Grant High School class president, and much later to the Metro Council.

His dedication to civic involvement and civil rights – including presidency of the local NAACP – grew over the years. He's still going strong, serving as director of Community Outreach and Engagement for the Portland State University Office of Global Diversity & Inclusion, among a flurry of other commitments.

*Editor's note: Space here doesn't allow for many of Ed's memories. For additional details, visit [ConcordiaPDX.org/EdWashington](http://ConcordiaPDX.org/EdWashington). For oral histories from him and fellow Vanport survivors, visit [VanportMosaic.org/the-living-archive/category/Oral+History](http://VanportMosaic.org/the-living-archive/category/Oral+History). Page 4 of this CNews directs you to details about this year's Vanport Mosaic Festival.*



These photos are reprinted courtesy of the Oregon Historical Society (OHS). Both reveal the enormity of the devastation wrought by the 1948 Vanport flood. In the left photo, look at the top middle for the woman stranded on the roof. The reverse sides of both photos attribute them to Camera Art Studio, formerly at 4706 N.E. Glisan St. If you are the photographer – or know who is – OHS would like to hear from you at [DigitalCollections@ohs.org](mailto:DigitalCollections@ohs.org) and refer to the June CNews at [ConcordiaPDX.org/concordia-news/concordia-news-downloads](http://ConcordiaPDX.org/concordia-news/concordia-news-downloads).



From the Board

By Peter Keller, CNA Chair



What would YOU do with the CU property?

I hope you enjoyed Mother’s Day like I did and were able to spend time with extended (vaccinated) family without masks. It’s only a matter of time, I hope, before we can start meeting together for various events in public again, such as our monthly CNA board meetings.

May was a busy meeting for the CNA board. We approved two letters to send to the mayor and Port-

land city commissioners.

One asks the city to provide more time and resources for public input into the new Design Overlay Zone Amendments (DOZA) standards being proposed. Garlynn Woodsong wrote about the proposed DOZA standards in his column last month at ConcordiaPDX.org/2021/05/urbanism-buildings-could-fit-in-with-rich-architecture. Our letter is at ConcordiaPDX.org/DOZA.

The second letter we agreed to sign on behalf of CNA was presented to us in the May meeting by James Ofsink, of the Police Accountability Network. It asks the mayor and city council to consider several changes to the contract that the council is currently negotiating with the Portland Police Association. You can see it at UniteOregon.org/policing.

The other major item discussed in the meeting was the public auction of the Concordia University (CU) campus and facilities at 1 p.m. Tuesday, June 29, at the Multnomah County Courthouse, 1200 S.W. 1st Avenue.

We decided to take an informal poll of the neigh-

borhood to find out what neighbors would like to see the 24-acre site used for in the future.

As of press time, CNA has learned neither any definitive word on potential buyers, nor any would-be buyer’s plans for the CU property.

The city’s Planning and Zoning Code for “Campus Institutional Zones” – in which the campus is located – governs what uses are permitted. (See Portland.gov/sites/default/files/code/33.150-campus-institutional-zones.pdf ) Language in the code points out, “The zones are for institutions such as medical centers ... and colleges that have been developed as campuses, and for other uses that are compatible with surrounding neighborhoods.”

Any buyer who intends to put the property to a different use would be required to seek a zone change. That process assures neighbors’ input at both the Portland Bureau of Development Services and the Portland City Council.

In the meantime, the CNA Board of Directors wants to hear from you about what use(s) of the campus you’d like to see. Knowing the preferences of the majority of neighborhood participants, if only informally, will help CNA lobby the city government and whomever the new owner becomes.

So, before June 15, visit the CNA poll at ConcordiaPDX.org/CUPoll and offer your opinion. CNews and the CNA Facebook page will report the findings (and hopefully the identity of the new owner).

Native Portlander Peter Keller has lived in Concordia since 1997. He runs a small marketing agency with partner Max, out of their home studio. He loves exploring outdoors with and without his dogs.

Concordia Neighborhood Association

Board Meeting

1st Wednesday of the month, Wednesday, June 2, 6 p.m., venue: see box below, contact Peter Keller, Chair@ConcordiaPDX.org

Future meeting dates: 7/7, 8/4, 9/1, 10/6, 11/3

General Membership Meeting

Wednesday, June 2, 7 p.m., venue: see box below

Social Committee

If you’d like to volunteer to help plan fun, community building events, contact Sonia Fornoni at SoniaGF419@gmail.com.

Media Team

1st Tuesday of the month, Tuesday, June 1, 6 p.m., venue: see box below, contact Gordon Riggs, MediaTeamLead@ConcordiaPDX.org

Land Use & Transportation Committee

3rd Wednesday of the month, Wednesday, June 16, 7 p.m., venue: see box below, contact Garlynn Woodsong, LandUse@ConcordiaPDX.org

Finance Committee

Last Wednesday of the month, Wednesday, June 30, 7 p.m., venue: see box below, contact Heather Pashley, Treasurer@ConcordiaPDX.org

Community Room Rental

For info and scheduling, visit ConcordiaPDX.org/community-room-rental or contact Sonia Fornoni at CNARoomKennedy@gmail.com.

CONTACTS

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Garlynn Woodsong, SW1@ConcordiaPDX.org

CNA Secretary

John Fitzgerald, Secretary@ConcordiaPDX.org

CNA Treasurer

Heather Pashley, Treasurer@ConcordiaPDX.org

North Community Safety Team

Jacob Brostoff & Daniel Franco-Nunez, north.pdxteam@PortlandOregon.gov, 503.823.4064

SUBMISSIONS & ADVERTISING

**Submissions to Concordia News:** Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org

**Submissions to CNA Website:** Submit nonprofit news & events to MediaTeamLead@ConcordiaPDX.org

**Advertising:** Gina Levine, CNewsBusiness@ConcordiaPDX.org, 503.891.7178

MEDIA TEAM

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**Media Team:** Chris Baker, Erin Cooper, Kathy Crabtree,

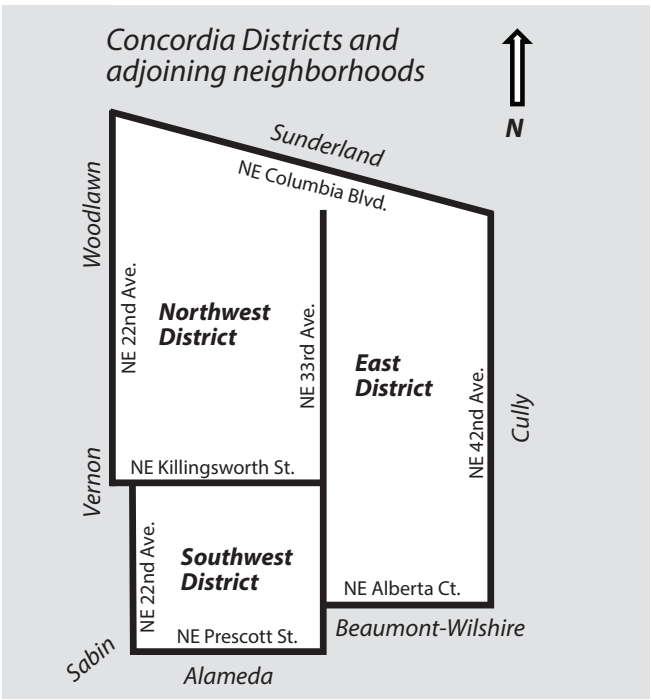
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Marsha Sandman, Nancy Varekamp, Karen Wells, Carrie

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CNA Board of Directors

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East 2 | East2@ConcordiaPDX.org Joseph Fraley  
Northwest 1 | NW1@ConcordiaPDX.org Isham “Ike” Harris  
Northwest 2 | NW2@ConcordiaPDX.org Amelie Marian  
Southwest 1 | SW1@ConcordiaPDX.org Garlynn Woodsong  
Southwest 2 | SW2@ConcordiaPDX.org Matt Boyd  
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At Large 2 | AL2@ConcordiaPDX.org John Fitzgerald  
At Large 3 | AL3@ConcordiaPDX.org John McSherry  
At Large 4 | AL4@ConcordiaPDX.org Sonia Fornoni  
At Large 5 | AL5@ConcordiaPDX.org Truls Neal  
At Large 6 | AL6@ConcordiaPDX.org Brittany van der Salm

CNA meeting venues

Phone numbers and/or URLs to attend virtual CNA meetings:

- Facebook.com/groups/ConcordiaPDX
- ConcordiaPDX.org/CNAMeetings

Calling all accountants!

We could use your help...

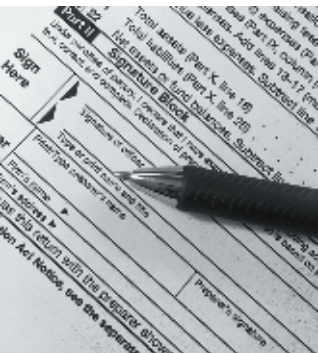
...for tax prep and occasional bookkeeping.

Approximately 10-20 hrs/year.

Volunteer or possible trade for ad space in Concordia News preferred as we are a non-profit.

Interested?

Contact Peter, Chair of the CNA Board, at: Chair@ConcordiaPDX.org



WE really need an IT ADMIN!

Assist the volunteers serving on the board and committees of the neighborhood association by providing your technical knowledge and help make the association run smoothly!

The neighborhood association depends on Google Workspace for Nonprofits for its email and cloud storage and uses a web hosting service for its Wordpress website.

Come with your expertise and give us a hand, we’re a nice bunch to work with!



Interested?

Contact Peter, Chair of the CNA Board, at: Chair@ConcordiaPDX.org





Concordia Art Works

Exhibit opens on date of Last Thursday

*By Maquette Reeverts  
Alberta Art Works*

The Guardino Gallery opened its doors in 1997 when many of the buildings on Alberta Street were boarded up and continued to suffer from years of disinvestment, demographic reshuffling and discriminatory lending by the city.

In the spring of that year a reporter labeled Alberta Street “the most killing street in Portland.” Donna and Sal Guardino had to get creative to attract people to patron their newly opened gallery.



*Michel Reeverts, aka Maquette, holds a master of arts degree in art education, serves Alberta Art Works as director and Alberta Street Gallery as a board member. She is also a practicing artist. Contact her at Maquette@AlbertaArtWorks.org*

Revitalization projects, dedicated locals and the start of Last Thursdays helped the business district begin a rebound. In the following five years, the number of businesses on the street doubled and Sal’s and Donna’s gallery found its stride.

Donna was a major force in the beginnings of Last Thursday that began the year they opened their doors.

This year the Guardino Gallery has added a fourth group show to the repertoire in hopes of lightening the mood after a difficult past year. The “Toy Show” will bring levity starting Last Thursday, June 24, and run until July 25.

It features 22 artists, many from northeast Portland and who express their own diverse interpretations on the theme.

“I love giving artists a theme and seeing what they come up with. You can expect surprises from artists,” Donna said with a smile.

There will not be a formal opening due to the pandemic, but the gallery is open daily except Mondays, and/or purchases can be made on GuardinoGallery.com.



Although crowds aren’t invited and street closures aren’t planned during continuing pandemic restrictions, Donna Guardino honors the Last Thursday tradition this month. The Guardino Gallery opens the “Toy Show” exhibit Thursday, June 24. Photo by Maquette Reeverts

To Your Wellness, by Penny Hill, can now be found online at: [ConcordiaPDX.org/PennyHillWellness](https://ConcordiaPDX.org/PennyHillWellness).

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Sojourn Church – A Neighborhood Church

Serve the City community event

Saturday, June 26, 2021

Volunteers needed!

Activities will include:

- Picking weeds and gardening at Vernon School
- Concordia neighborhood trash clean up & misc projects
- Alberta Main Street graffiti removal

Check in as early as 9:30am and we will have projects going until 12:30pm.

Interested in participating? Register by emailing [info@sojournpdx.org](mailto:info@sojournpdx.org) or going to [sojournpdx.org/servethecity](https://sojournpdx.org/servethecity)

[sojournpdx.org](https://sojournpdx.org)

[Facebook.com/sojournpdx](https://Facebook.com/sojournpdx)

[Instagram: @sojournpdx](https://Instagram.com/sojournpdx)

[info@sojournpdx.org](mailto:info@sojournpdx.org)



# What would YOU do with the CU property?

Your Concordia Neighborhood Association Board of Directors wants to hear from you. We anticipate learning soon who will buy the 24-acre Concordia University campus. So we're preparing for the opportunity to engage the future owner with a collective voice about our hopes for the property and what its presence in our neighborhood will look like.

By June 15, please visit [ConcordiaPDX.org/CUPoll](http://ConcordiaPDX.org/CUPoll) for a map of the property and to answer these questions.

Which one of these uses would you like to see on the property:

☐ School
☐ Community Center
☐ Housing
☐ Retirement Center
☐ Medical Center
☐ Addiction treatment center
☐ Transitional housing for people experiencing homelessness
☐ Other: \_\_\_\_\_

Do you identify as a:

☐ Resident of Concordia
☐ Business owner in Concordia
☐ Non-resident property owner
☐ Member of a governmental agency, educational institution or nonprofit organization located within Concordia
☐ More than one of the above
☐ Prefer not to say

If you don't have access to the internet – or prefer paper – please clip out this box, mark your response(s), stamp and mail by June 12 to:

Concordia Neighborhood Association  
P.O. Box 11194  
Portland OR 97211



# Pandemic Updates What's on the calendar

Throughout June
**THE 6TH VANPORT MOSAIC FESTIVAL**
**Locations:** various
The annual exploration of local histories returns with virtual events and in-person outdoor memory activism opportunities: a museum without walls and pop-up performances in the north park blocks, walking tours to explore the legacy of the Portland Black Panthers in Albina, an exhibit about Vanport at the Pittock Mansion, a zine-making workshop and more.
**Details:** [VanportMosaic.org](http://VanportMosaic.org)

Saturdays, June-October, 10am-2pm
**WOODLAWN NEIGHBORHOOD FARMERS MARKET**
**Location:** Dekum Street and Durham Avenue
Check the website for vendor details. Again this year, the market matches SNAP benefits (i.e., food stamps) dollar for dollar to as much as \$15 each market day.
**Details:** [WoodlawnFarmersMarket.org](http://WoodlawnFarmersMarket.org), [Facebook.com/woodlawnneighborhoodfarmersmarket](https://www.facebook.com/woodlawnneighborhoodfarmersmarket)

Thursdays, June-September
**CULLY FARMERS MARKET**
**Location:** 5022 N.E. Cully St.
Consult "details" below for opening day information. Hours are 4-8 p.m. June-August and 4-7 p.m. in September. The market features affordable and healthy

food, live music, crafts and activities for youth and adults.
**Details:** [Facebook.com/cullyfarmersmarket](https://www.facebook.com/cullyfarmersmarket), [CullyFarmersMarket@gmail.com](mailto:CullyFarmersMarket@gmail.com)

Saturdays, June 19 & 26, 2-4pm
**FOOD PANTRY**
**Location:** 5209 N.E. 22nd Ave.
Sharon Seventh Day Adventist Church hosts the Food Pantry the last two Saturdays each month with restrictions and strict adherence to physical distancing procedures.
**Details:** [SharonSDA.net](http://SharonSDA.net), [Office@SharonChurch.comcast.biz.net](mailto:Office@SharonChurch.comcast.biz.net)

Thursday, June 24
**LAST THURSDAY**
**Location:** Alberta Street & online
Although the traditional street closures aren't in the offing this summer, planning is in progress for celebrating Last Thursdays this summer. Check the website for plans as they become firm.
**Details:** [LastThursdayPortland.org](http://LastThursdayPortland.org)
Throughout the summer

June-September
**SUMMER FUN IN THE PARKS**
**Locations:** various
Concerts in Fernhill Park aren't part of the park bureau's offerings this summer. But there are plenty of other opportunities for summer fun.
**Details:** [Page 7 and Portland.gov/parks](http://Page7andPortland.gov/parks)

In-person events appear to be on the upswing, and many others remain virtual. If you have a local event planned for July, send details to [CNewsEditor@ConcordiaPDX.org](mailto:CNewsEditor@ConcordiaPDX.org) by June 10. You're also welcome to post them at [Facebook.com/groups/ConcordiaPDX](https://www.facebook.com/groups/ConcordiaPDX).

Paid for by the office of Dr. Carl Baird DC, MS

# Arthritis and Joint Pain: What Your Doctors Aren't Telling You...

– By Portland's Leading Arthritis and Joint Pain Expert, Dr. Carl Baird DC, MS



Portland, OR – Is arthritis and joint pain keeping you from being as active as you would like? Do you wake up feeling achy, stiff and thinking that you feel older than you should? Maybe you're pushing through that annoying joint pain, but in the back of your head you're starting to worry about what would happen in 5, 10, 20 years if your joint pain were to get worse?

If any of this is sounding familiar I want you to know that you're not alone. Arthritis and joint pain are one of the most common concerns for adults as they age.

My name is Dr. Carl Baird and over the last 10 years I have been working to help adults aged 40-70 overcome arthritis and joint pain to keep active, strong, and doing what they love– even when nothing else has worked. Having helped 100's of people with arthritis get back to their favorite activities – I can confidently say that the traditional approach to treating arthritis

is not working.

Any doctor will tell you that arthritis is caused by too much 'wear and tear' on your joints. Which is why I'm always so surprised that so little attention is paid in the medical community on ways to limit this wear and tear.

Instead...a trip to the doctor usually results in recommendations for pills or steroid injections...both of which provide temporary pain relief with the pain coming back the minute we try to get back to our normal routine. Endless chiropractic and physical therapy appointments provide similar relief without fully resolving the issue...leading to frustration and concern because it feels like you've tried everything and joint pain will just be something you have to live with.

As a last resort, many consider a total joint replacement which involves months/years of recovery, lost wages and missing out on good times with family and friends and usually results in a second surgery later on.

This approach to treating arthritis leads to MORE discomfort, higher costs, and most importantly...a life

limited by arthritis and joint pain.

Because I'm so frustrated seeing people unnecessarily suffer from arthritis pain, I've written a free ARTHRITIS AND JOINT PAIN REPORT, titled: **"How To Ease Arthritis Pain While Keeping Active And Strong – Regardless of Age"**. Inside we discuss a better approach to treating arthritis that is 100% natural, guaranteed to work, and improves every other aspect of your life.



And for a limited time, we're giving away free copies for readers of the Concordia Neighborhood Newsletter

Inside our Free Arthritis Pain Report, you'll learn:

- Easy things to do at home to improve those stiff and achy joints
- The top three arthritis myths that lead to WORSE patient outcomes
- The exact exercises we use in the clinic to limit wear and tear on joints

If arthritis pain is keeping you from being as active as you would like, request our free report to start back on the path to an active, healthy, and happy life.

Want Your Own Copy? Here's What To Do Next.

To have your copy of the FREE ARTHRITIS PAIN REPORT mailed directly to your door you can do any of the following:

- Call us at (503) 954-2495 to request your 100% free copy... you can leave a message 24/7
- Or, download it instantly by filling out the form at: [www.performancehealthcarepdx.com/arthritis-pain-report](http://www.performancehealthcarepdx.com/arthritis-pain-report)

**P.S.** The report is 100% free. No one will ask for any money or card information. It really is our gift to you.



# Juneteenth holiday offers marker, touchpoint

By Lew Frederick  
State Senator, District 22

House Bill 2168 designates June 19 as an Oregon state holiday commemorating the arrival on horseback of the news of the Emancipation Proclamation in Galveston, Texas, in 1865 to the cheers of African Americans then enslaved.

The Emancipation Proclamation news arrived in waves to the enslaved Black women and men of my family in Mississippi. Family stories say “joy” was the first emotion.

*Celebrating Juneteenth is not just a legal historical marker. It is a memory that lives on in each of us.*

Next “skepticism.” Active and often deadly reactions followed against freed African Americans by whites fearful that they might be treated the way they treated their former slaves.


“Hope” stood at the center of a possible future for my family.

Hope continues to this day.

So does the skepticism.

The two dance together in our time. We need to understand how they fit together, and how they create a new world.

My family traveled the country attending science conventions and visiting relatives, conscious of but not bowing to the Jim Crow laws that kept us from staying in motels in the North and

 Lew Frederick has served in the Oregon Legislature since 2009, first representing House District 43 and now Senate District 22. Professionally, he is a strategic communications consultant, and he worked previously as public information director for Portland Public Schools and as a reporter for KGW TV.

South; not bothering with restaurants that might not serve us.

We stopped at every historic marker along the way. I suspect that it was also a way for Dad to rest. He made it a point to read out loud every marker so that we had in our memory his voice, the words on the marker, and a sense of being in a certain place at a certain time.

Celebrating Juneteenth is not just a legal historical marker. It is a memory that lives on in each of us.

Especially now.

This year we faced the racism of the past and the racism of the present.

The murder of George Floyd in front of us, all of us, focused clearly the issues of racism and lack of personal safety. It was no longer a myth of “victimhood.”

The pandemic exposed huge holes in the fabric of our safety net for African Americans and other minority/marginalized groups, while pointing out the essential worker role praised but not compensated.

The year gave us a marker, a touchpoint, on other times. We now, via this bill, this proclamation, can learn from another time. And dedicate to changing the future in real-time without waiting for the news of equality to arrive on horseback.

I recognize efforts to resist the arc of history bending toward justice will always be there. This new holiday recognizes that the people of the State of Oregon, despite our past, can take the veil of ignorance away and each year celebrate Hope on Juneteenth. A marker to read and remember.



State Sen. Lew Frederick celebrates the Oregon House of Representatives’ approval of Juneteenth as a state holiday. The Senate was expected to vote on the bill after CNews press time. Photo courtesy of Lew Frederick



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Urbanism

# Architecture's 'language' can span decades

By Garlynn Woodsong  
CNA Board Member, SW1  
CNA LUTC Chair

We in the Concordia neighborhood live in a streetcar-era neighborhood – platted and built out during the first two decades of the 20th century – around streetcar service that connected it to downtown Portland.

Lines traversed from Union Avenue (now Martin Luther King) up Alberta Street to a wye – or junction – leading to a terminus at Alberta and 32nd Avenue, and another at Ainsworth Street and 30th Avenue, as well as a line on Dekum Street to 24th Avenue.

Each of these areas was the focus of neighborhood main streets, surrounded by the homes sold by real estate developers to finance the construction of our original neighborhood. The streetcar lines were paved over in the 1950s as a part of a nationwide conspiracy to boost rubber, petroleum and automobile sales. However, the bones of our neighborhood

from this era remain: the streets, sidewalks, alleys and buildings.

Regardless of style, the buildings from that era all speak the same design language. Just like with a spoken language, a design language has a certain structure and defining elements that allow for design conversations between different elements of the built environment. The results are mutual design understanding.

For instance, the main street buildings of the streetcar era all have certain characteristics in common:

- A base-middle-top pattern is evident, in which the building has certain characteristics that it presents at the ground floor level, another set at the upper floor level and a third along the roofline.
- At the base level, the pattern consists of typical store fronts, including raised sills, recessed entries, large storefront display windows and clerestory windows at the ceiling.
- At the middle level, vertical recessed windows are aligned horizontally and vertically in paired groupings.
- At the top level, articulated rooflines feature elements such as cornices, towers, curves, chevrons, gables or columns amongst many other roofline elements common to that era.
- Within the building, all of the levels feature aligned floorplates with stacked openings, an age-old solution that results in affordable, long-lasting buildings.

- The exterior skin of buildings from this era is made of natural materials, including brick, wood, metal, stucco or stone.
- Consistent materials are used across the entire facade, if not the entire building.

- Subtle ornamentation is applied at the facade – the face the building presents to the street. That includes brick detail work, cornice lines and wood trim details that are much less costly than the structural gymnastic and graphic approaches chosen by recent development stylistic trends.
- At corners, chamfers – the cut aways – and recessed entries prevent people from running into one another.
- A rhythm of recessed entries is created for the pedestrian who walks down the sidewalk past a series of businesses.

- These characteristics form the timeless approach to add distinct individual characteristics affordably. They also:

- Increase pedestrian interest in the public realm through the use of building texture
- Enhance the joy factor of the community experience of the built environment through the beauty and craft of each building as expressed in simple ways
- Provide opportunities to highlight local cultural representations and reflections of the surrounding community

## Interested in designs for the neighborhood?

Are you interested in preserving/continuing commercial designs that “speak the language” of the neighborhood? Heather Flint Chatto talks about how PDX Main Streets spearheads that effort Wednesday, June 2, at 7 p.m. Participate in the Concordia Neighborhood Association general meeting. [ConcordiaPDX.org/CNAMeetings](http://ConcordiaPDX.org/CNAMeetings) offers sign-in details.



Garlynn Woodsong lives on 29th Avenue, serves on the CNA board and is an avid bicyclist. He also is a dad who is passionate about the city his son will inherit. He is the planning + development partner with Cascadia Partners LLC, a local urban planning firm. Contact him at [LandUse@ConcordiaPDX.org](mailto:LandUse@ConcordiaPDX.org).

Visit [ConcordiaPDX.org/lutc](http://ConcordiaPDX.org/lutc) or use this QR code to learn more about the Land Use and Transportation Committee.



## News from the NET

# Prepare, no matter where

By Erin E. Cooper  
Concordia/Vernon/Woodlawn  
Neighborhood Emergency Team

As Portland heats up for the summer and COVID-19 restrictions loosen, lots of people will be heading to the beach for vacations and weekends. Although tsunamis – the giant waves caused by offshore earthquakes – are not a concern in Portland, we should be aware of what to do in case of disaster while we’re away from home.

There are two possible scenarios for a tsunami on the Oregon Coast. If the earthquake is far away, like Japan, there will be hours to evacuate and no damage to evacuation routes.

In this scenario, you won’t feel the earthquake itself. You’ll be notified about the evacuation by local emergency responders, and they’ll provide instructions on where and how to evacuate.

If you feel the earth shaking, it’s potentially the Cascadia Subduction Zone. Drop, cover and hold on – this is the recommendation no matter where you are if the earth is shaking.

If you’re on the coast, however, be ready to move as soon as the shaking stops. There will only be 15-25 minutes

to get out of the tsunami zone, so start moving inland and uphill immediately without waiting for instructions or assistance from emergency responders.

Because of damage to roads and bridges, the most direct evacuation route might not be available, and cars may not be useable. On foot, follow the blue and white “Tsunami Evacuation Route” signs. If you visit the same area frequently, download the tsunami flooding maps and evacuation routes from OregonGeology.org/tsuclclearinghouse. The waters may surge and recede several times before the danger is over, so don’t return to low-lying areas until given the all-clear.

The odds of a tsunami happening on your vacation are low and shouldn’t keep you from enjoying yourself, but it’s always good to know what to do in a disaster.



Erin E. Cooper is a marine biologist living in Woodlawn. She spends a lot of time thinking about disasters and has been a NET member for many years.

Contact her at [OceanListener@gmail.com](mailto:OceanListener@gmail.com).



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## Want to get involved locally?

**Care about issues** affecting our neighborhood? Want to help get the word out to your fellow neighbors?

**Come to a Media Team** meeting and learn about what goes on every month when we create another issue of CNews. Help us decide what’s important to the neighborhood.

**Interested? It’s easy.** The Media Team meets on the first Tuesday of every month. Open to the public.

**Next up:** Tuesday, June 1st at 6 p.m. Go to [ConcordiaPDX.org/CNAMeetings](http://ConcordiaPDX.org/CNAMeetings) to learn how to attend the virtual meeting.

**Info:** Contact Gordon Riggs at 503.515.8209 or [MediaTeamLead@ConcordiaPDX.org](mailto:MediaTeamLead@ConcordiaPDX.org).



## Heart in Hand Preschool

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# Local parks are open for safe, summer fun

Summer activities in local parks may not be back to pre-pandemic days, but Portland Parks & Recreation (PP&R) has plans for an increase from last year's activities and events.

“PP&R designed summer programming to meet public health guidance and to be flexible as conditions change,” explained Mark Ross, PP&R spokesman. “Precautions to protect public health include employees and participants maintaining physical distancing, and limited capacities in groups and programs.

“At this time we anticipate that all PP&R employees will wear face coverings when conducting summer 2021 programs, inside or outside,” he added in early May. “The same requirements will be in effect for all participants in the age ranges stipulated by public health guidance.”

For updated details on these abbreviated descriptions of activities and events, visit [Portland.gov/parks/summer](http://Portland.gov/parks/summer).

**Concerts in Fernhill Park** are off the table again this year, while Multnomah County navigates the levels of COVID-19 risk.

**Lunch & Play** returns this summer to continue meals when schools are closed. Details on days, times and parks weren't available by press time, so keep an eye on [Portland.gov/parks/free-lunch-play](http://Portland.gov/parks/free-lunch-play). Unannounced events – pop-up arts, music and culture – are being planned to surprise participants.

**Day camps** for children at Fernhill and Khunamowkst parks are also

on tap this summer, with plans in the completion stage at press time. Find details at [Portland.gov/parks/recreation/summer-camps](http://Portland.gov/parks/recreation/summer-camps) and [Portland.gov/parks/environmental-education/nature-day-camp](http://Portland.gov/parks/environmental-education/nature-day-camp).

**Splash pad** hours and operations – depending on risk levels determined by public health guidance – are 11 a.m. to 7 p.m. daily June 11 through Sept. 6. Local splash pads are at Fernhill, Khunamowkst and Woodlawn parks.

**Pools** are planned to open June 22 at seven outdoor venues and – if COVID-19 restrictions and staffing allow – five indoor pools. Registration opened May 24 for June and July programs, including swim lessons. Details are at [Portland.gov/parks/recreation/pools](http://Portland.gov/parks/recreation/pools).

Safety measures at the pools will include limited capacity, one-way traffic flow, increased cleaning protocols and additional hand sanitizing stations, according to the spokesman. “Public health guidance informs our face covering policy. All visitors ages 5 and up must wear one when not in the water, face coverings are strongly encouraged for everyone over age 2 as long as they can remove it themselves and all visitors must remain six feet apart at all times throughout the facility. Restrooms will be open, but locker rooms and showers will be closed.”

**Fitness in the Park** – group exercise classes – are expanded this summer, with the venues closest to Concordia at Irving and Columbia parks. Details are at [Portland.gov/parks/recreation/fitness-park](http://Portland.gov/parks/recreation/fitness-park).



Brothers – Maxwell & Jubal Waissman – were photographed enjoying time in a local park even before Portland Parks & Recreation summer programs began this month. Photo by Maquette Reeverts

## PP&R is hiring

Portland Parks & Recreation reports it will continue hiring in June. More than 1,000 employees are needed to restore summer activities, and are paid through the 2020 Parks Local Option Levy.

Jobs include over 50 seasonal maintenance workers to care for parks and facilities – neighborhood parks, natural areas, golf courses and Portland International Raceway.

For details and to apply, visit [Portland.gov/parks/employment](http://Portland.gov/parks/employment).

Your Concordia neighborhood consignment shop is open for safe and socially distanced shopping. Schedule an appointment for consignment or shop online at [TakeItOrLeaveItPDX.com](http://TakeItOrLeaveItPDX.com)

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# It’s more than trash talk for Sarah Bowell

By Carrie Wenninger  
CNA Media Team

While looking for ways to productively fill her time when the restaurant she worked at closed during the pandemic, nature loving Concordian Sarah Bowell

*My philosophy is if the area is clean, people are less likely to throw more stuff down.*

discovered the joys of trash. That’s trash removal, on her own block and on her own schedule — with supplies provided to her free of charge. “I saw this interesting program on Instagram that someone posted about. It was so easy to sign up, you just fill out a form, look at a map and choose the block you want to be responsible for.” The program? Adopt One Block, brain-child of Portland resident and retired tech exec Frank Moscow. The motto? “Serving our community by cleaning up our world one block at a time.” The organization is new, formed just seven months ago, and Sarah has been involved for two months.

“It’s frustrating to see garbage but now, when I’m out walking the dog, I just bring my bucket. In fact, I want to bring my bucket and grabber when I go out because I’m now more aware of where the trash is.” Like laundry, trash piles up if you don’t stay on top of it. Adopt One Block empowers individuals to stay on top of

a block they love by tidying weekly – or more, whenever the mood strikes – by becoming block ambassadors. Easy and cost-free, with no driving, no fundraising and no scheduling with a group – it’s just you and your block. “Some people ‘go rogue,’ though,” Sarah shared, which means continuing on past their designated areas and picking up trash along the way. Basic supplies consist of a five-gallon bucket and trash grabber. Trash bags, gloves and sharps containers are also available on request. “They Amazon-ed supplies to me, and I got my order within 48 hours,” Sarah enthused. “I typically do my area twice a week, before and after garbage day. It takes about a half hour to fill a bucket. My philosophy is if the area is clean, people are less likely to throw more stuff down. “I’m surprised at how much joy picking up trash brings me,” she added. “It seems like it would be a chore, but there are so many nice people who are appreciative of what I’m doing, and that keeps me going.” Ready to adopt your block? Learn more and sign up at [AdoptOneBlock.org](https://AdoptOneBlock.org) or [Facebook.com/groups/adoptoneblockpdx](https://Facebook.com/groups/adoptoneblockpdx).



Carrie Wenninger lives on 29th Avenue in Concordia. She is a freelance writer, a mom, a world traveler and a small business marketing consultant. Contact her at [WurdGurl@gmail.com](mailto:WurdGurl@gmail.com).



Picking up trash in her block – and beyond – has become a passion for Concordian Sarah Bowell. She and faithful companion Buster signed on for block ambassador duty with Adopt One Block. Photo by Chris Baker



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