



CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association visit the website: concordiapdx.org July 2012

A Lifetime of Neighborhood Medical Care Had a 'Country Doctor' Feel

Dr. David Gale Duncan, who lived in the Concordia Neighborhood for over half his lifetime, died quietly at home, May 18, 2012.

Born February 1, 1910 in Litchfield, North Dakota, he was 102 years old. He and his family moved to the Concordia neighborhood in the day when the Portland city limit was NE 42nd Avenue.

Neighbors have admired his impeccable yard and its long-blooming flowers, which he generously shared with neighbors and visitors alike during the summer months. Many longtime residents were brought into the world and received all their medical care at his office during his forty-plus years of practice at NE Alberta Street and 24th Avenue.

Dr. Duncan graduated from the University of Minnesota then attended medical school at Creighton in Omaha, Nebraska. Originally, he had intended to become a dentist; Creighton offered medical and dental degrees. The cost of the instruments for the dental school was too expensive however, so he "crossed the street" and signed up for medical school. He moved to Portland for his internship at Emanuel Hospital in 1936. It was at Emanuel that he met his future wife, a nurse named Miriam Piispanen. His residency ended during the Depression, and initially he wasn't able to find work as a doctor. He joined the Civilian Conservation Corps (CCC) until he was offered a job with Union Pacific. He set up his first practice for the railroad in Huntington, Oregon in a hotel room with a sheet as a partition.



In 1946 the Duncan family moved to this house in Concordia, as seen in this recent view from NE Alberta St., taking over Dr. Vernon Brown's medical practice.

Soon after, he enlisted in the army. They sent him to the Philippines where he was in a fifty bed ward serving as a medic. During that time they heard on the radio the Japanese had bombed Pearl Harbor and they were in a war.

Dr. Duncan ended up at Guadalcanal where he assisted in removing shrapnel from soldiers' brains. That was Dr. Duncan's only foray into brain surgery, but he would go on to deliver a broad spectrum of medical care as a family doctor.

After more than three years of army service, he returned home to his wife Miriam and sons Douglas and Donald. They were living in Concordia at NE 28th and Ainsworth with her sister.

He heard that a former colleague, Dr. Vernon Brown was quitting his practice and selling his house and office. Dr. Brown had built the house and office in 1922 at NE Alberta and 24th and still had all the plans. Miriam had taken her nursing

exam at Dr. Brown's and knew him as well. With the Rexall pharmacy across the street and a street-car line running along Alberta, it was a prime location for a busy family practice. Dr. Brown told him that he could pay for the practice as he saw fit and the deal was done. The Duncans moved into the home, much as it is today, in January 1946.

For almost fifty years, Dr. Duncan saw as many as thirty or forty patients a day in his office – many paid only what they could – then he would load his medical bag in the car and make house calls.

He is survived by Miriam, his wife of 73 years; sons, Douglas (Marilyn) and Dean (Colette); four grandchildren, Scott (Perry), Jeffrey (Magalie), Bryan and Heidi; and two great-grandchildren. He was preceded in death by his son, Donald Angus (1988).

Based on an article by Rebecca Wetherby, updated by CNews staff. Used with her permission.

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Bernie's Southern Bistro pg.10



Dr. David G. Duncan, at Ft. Lewis, in a 1941 photograph.

Connecting Food With No Home to Homes With No Food: A Neighborhood Forum

by Dove Hotz

We all need to eat every day! Unfortunately, too many people in our community still have trouble getting access to enough fresh, nutritious food on a daily basis. In order to explore the situation in more depth, last month's Concordia Neighborhood Association general meeting focused on food security. Representatives from over a dozen groups involved in the local food scene were invited to share their activities and ideas. Participants discussed the challenges, ongoing successes, and opportunities for the future of food security in Concordia. What it really boils down to is the effort to "connect food that has no home, to a home that has no food."

Challenges include the limited number of nearby grocery stores, relatively few local farms, and the lack of coordination among resources. Also, although farmers' markets are becoming more common in Northeast Portland, their prices can be a barrier for some folks.

The perishable nature of fresh food is why food banks and distributors focus primarily on canned and dry goods. In order to obtain the benefits of fresh healthy produce for

everyone, we need to streamline the process, to have as few steps as possible from farm to table.

Rising to these challenges, there are lots of impressive activities taking place to get fresh healthy food to all our neighbors. Many groups are working to promote residential vegetable gardens, harvest fruit from neighbors' yards, and educate people on what resources are available.

Not surprising with such a diverse, creative group, many useful suggestions and ideas for the future were discussed at the food forum. Ways for neighbors to get involved include participating in local food drives, growing at least some of your own food, supporting a local harvest or gleaners' organization, or joining a CSA (community supported agriculture) group or bulk food-buying club.

Portland is a national leader in all things food-related, and food security is no exception. Tackling this issue is an opportunity for us all to connect with our neighbors, support local institutions, and get healthier. For more resources, check out the CNA web site at www.concordiapdx.org.

Get the latest updates at concordiapdx.org

July's Neighborhood Meetings

General Meeting

THE NEXT GENERAL MEETING IS NATIONAL NIGHT OUT, AUGUST 7 AT FERNHILL PARK

Board Meeting

TUES. JULY 10, AT 7 P.M. Kennedy School, Community Room.

Next Board mtg: August 14, 7 p.m.

Wellness

WED. JUNE 13, AT 7 P.M.

Caffé Vita, 2909 NE Alberta St.

Next Wellness mtg.:

August 8, 7 p.m.

These committees can have direct results on the livability of our neighborhood with your participation.

Tree Team Meeting

JULY 5, 6 P.M.

Next Tree Team mtg

August 2, 6 p.m.

New Seasons dining area

Land Use, Livability and Transportation Committee

TUE. JULY 17, AT 7 P.M.

Kennedy School, Community Room
 • to hear about and try to solve issues affecting quality of life in Concordia that are brought to us by individuals.

• to identify changes and developments related to land use and transportation that could improve life for large numbers of residents.

Next Land Use mtg.:

August 21, 7 p.m.

CONCORDIA NEWS
 Concordia News is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered residences and community locations in the Concordia Neighborhood.

Submissions

The deadline for submissions is the 15th of the month prior to publication. Concordia News may edit for form and length.

Contact the Editors
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cnaroomkennedy@gmail.com

CNA Chair Robin Johnson 503 477-6807	Land Use Chair George Bruender 503 287-4787
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Transportation Chair Jean Keady 503 477-5575	Livability Chair vacant
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MISSION STATEMENT

To connect Concordia residents and businesses — inform, educate, and report on activities, issues, and opportunities of the neighborhood.

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Concordia News is printed on 40% post-consumer, or better, paper.

Chair's Corner

As I sit here looking out at a sunny landscape, with birds chirping in the background and people merrily on their way to Fernhill Park, I think about what we would all do, how we would all react and who we would turn to, if in the middle of a beautiful day like today, we experienced a catastrophic emergency event such as a major earthquake. It somehow doesn't seem like something like that could even be real as I look out on a tranquil street full of sun, but it could be much too real for all of us in just seconds. I think we would be wise to all pay better attention and be better prepared for the unexpected, the unthinkable should it happen shatter the tranquility outside my window right here in Concordia. We need to figure out ways to be prepared to be able to help ourselves and our neighbors together.

I was glad to see that the Northeast Coalition of Neighborhoods (NECN) held a disaster preparedness expo at King School on June 2nd and we here at CNA have decided to build on their timely information and make this subject our focus at our general meeting scheduled for October 2nd.

We want to approach the subject from our own unique perspective – what can

by Robin Johnson, CNA Chair

we do neighbor to neighbor to better prepare – what resources are out there for us, how can we organize?

See you in October for this important meeting, but in the mean time reread Signe Todd's article on block parties in the NECN June Newsletter. Knowing your neighbors is certainly an important step to being better prepared.

Should you have any particular concerns or suggestions on the content of the October meeting – let us know at contactcnaboard@yahoo.com.

Incidentally, we received the following communication from the Disability Coordinator at the City of Portland regarding hazard map information. This is a good beginning to our conversation and here it is, in part, for your information.

My Name is Nickole Cheron and one of my roles in the office of neighborhood involvement is help keep people with disabilities and older adults with functional limitations who are particularly vulnerable in disasters more self-prepared.

Our most vulnerable members like people with disabilities, older adults, children and folks who have limited English are going to be very dependent on their neighbors and volunteers when we find ourselves in an emergency.

Below is some valuable information around newly created hazard maps

New maps show Portland's natural hazards by neighborhood

What's the earthquake risk in your neighborhood? Is your home or business located on a flood plain? To find out the answers to these questions and more, check out the new maps created by the Portland Bureau of Emergency Management (PBEM). They offer a neighborhood coalition by neighborhood coalition account of known earthquake faults, flood plains and other dangers, including hazardous material sites, steep slopes and forested areas at risk of fire. The maps also show community resources – such as evacuation routes and key transportation corridors used during emergencies, hospitals, county clinics, schools, fire stations and police facilities – within each neighborhood coalition area.

downloaded directly from PBEM's website <http://www.portlandonline.com/oem/index.cfm?c=58572>.

The maps were created by compiling information from a variety of existing sources, including data from the U.S. Geological Survey, Federal Emergency Management Agency and Oregon Department of Geology and Mineral Industries.

Have a comment about the maps? Tell us what you think at <http://www.portlandonline.com/oem/index.cfm?c=53979>.

CNA 2012 Board Members

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If you wish to contact any Board member, put their name in the subject line and email to: contactcnaboard@yahoo.com

Rent the Neighborhood Community Room

The Concordia Neighborhood Association rents the Kennedy School Community Room to non-profit organizations for \$15/hour. All others for \$25/hour

cnaroomkennedy@gmail.com

Visit the website of the Concordia Neighborhood Association



www.concordiapdx.org

Need Neighborhood Association help?
contactcnaboard@yahoo.com

Neighborhood-wide Yard Sale–July 27, 28, 29

*There is a time to gather and a time to sell.
Join the Concordia Neighborhood Yard Sale.*



2012 Yard Sale Map

WALK, BIKE OR ROLL to the Concordia Yard Sale on your NEIGHBORHOOD GREENWAYS!



SATURDAY, JULY 28

8 a.m. - 1 p.m.

FREE coffee, treats and cargo delivery of your purchases.

FREE Delivery of Your Purchases!

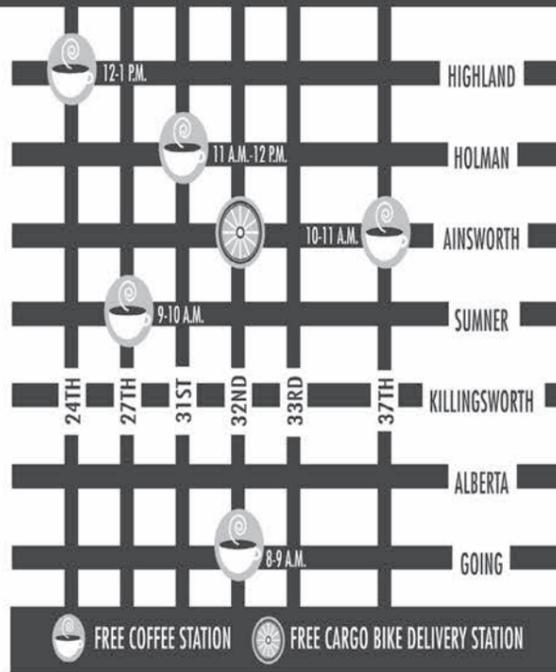
Portland Pedal Power and Splendid
Cycles' cargo bikes will deliver
your yard sale purchases to your
doorstep - for free!

FREE Coffee!

Brewed by Trailhead Roasters.

FREE Popsicles!

Look for Icycle Tricycles handing out
popsicles throughout the neighborhood.



See how Neighborhood Greenways
– like **NE GOING AND
NE HOLMAN** – make it easy
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could win a Trek commuter bike and other fabulous prizes.

Contact Scott Cohen with questions: (503) 823-5345 • scott.cohen@portlandoregon.gov

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call: 503-823-5345; TTY: 503-823-6868; or Oregon Relay Service: 711.



Your unwanted item is the treasure that someone else is looking for.

We do the advertising in newspapers, on TV and radio, on the internet and with large signs on major corners in the neighborhood.

We supply you with signs and balloons to mark where your sale is located.

Just complete the registration coupon below.

Please include the \$7 fee (checks payable to Concordia Neighborhood Association).

Mail or deliver to:

Concordia Neighborhood Association Yard Sale
c/o Donna Carrier 3597 NE Simpson St., Portland
OR 97211

All participants are placed on the maps. Yard sale packets with signs and maps will be mailed to the participants.

Deadline to be on the map is Friday July 20th.

You can still be in the sale, but your location will not show on the map if registration is received after this date.

We do request that you live within or your sale be within the Concordia Neighborhood boundaries.

Yard Sale Coordinator—Donna Carrier

Phone: 503-288-9826

Email: donna.carrier58@gmail.com.

Name: _____

Address: _____

Phone: _____

Email: _____

Indicate the days of your participation:

___ Friday July 27

___ Saturday July 28

___ Sunday July 29

Include \$7 with this coupon and mail to the address above.

Maps are available on line. They will be updated as registrations are received. Use the following link---- <http://g.co/maps/b2jta>

Land Use, Livability and Transportation

by George Bruender, CNA Land Use Chair

We know that it's summer and everyone should be taking it easy, but the issues keep coming at us and we have to look at some decisions, so we hope that you can join us for our monthly meetings.

A few of them:

Colwood Golf Course. A couple of years ago local efforts saved the 140 acres from commercial development, retaining it as open spaces. Now the owners are back with a new proposal:

40 acres of commercial and 100 acres of parkland. (Our CNA chair at the time Tony Fuentes led our efforts then.)

5622 NE 32nd Ave. There's a proposal for a zoning map amendment for this lot and 1/2, splitting it into 2 equal lots for two homes. We've asked the applicant to explain his proposal to us.

Coal. The Oregonian has been giving a lot of coverage to running hundreds

of uncovered coal cars daily down Columbia Blvd., our northern border (and to the coast and on to Asia). Should we get involved?

Coal excavated in Wyoming and Montana could be shipped through the Columbia Gorge by train and barge to ports at St. Helens and some coastal terminals, much of it going through or coming close to Portland, and then on to Asia. In Concordia we may be seeing a daily minimum of several hundred coal cars going down the railroad tracks parallel to Columbia Boulevard, our northern neighborhood boundary. The biggest problem would be the fact that the coal cars most likely will not be covered or sprayed to keep the coal dust down so it could blow throughout our air shed (and in to our lungs and onto our backyards). The dust could also inundate the gorge area and its surrounding communities and could contaminate all the wheat (eastern Oregon's major source of farm income) that is now shipped down the river. Very few homes in Portland use coal for heating so we would be just a pass through for this transshipment of coal.

A second problem is with coal itself. The US through its policies and the EPA has recently been discouraging the use of coal as a heating source and instead stressing wind power, natural gas, etc as cleaner energy sources. Coal is the leading source of carbon dioxide emissions in the world and

we would be repudiating it here in Oregon and the US and instead send its pollution elsewhere.

The argument in favor of using Oregon as an exporting site is, of course, jobs created and the income from shipping and the port facilities. Many observers believe that if we don't export from Oregon, the jobs and monies would just go north to British Columbia as the mined coal has to go somewhere.

The Land Use committee will present a resolution to the July CNA Board for their support that will be sent to the various Oregon decision makers. It will have two parts. One, We support a requirement that the coal shipments be contained and there be no pollution generated nor adverse effects upon the livability of our neighborhood. Two, If there will be no containment, we heartily oppose shipping of coal through the Columbia Gorge by rail or by boat. We at CNA would not be the leader of this effort but will be simply adding our support to many other citizen and environmental groups and individuals who will be coming forth in the next few months to prevent further spoiling of our Oregon natural birthright.

We at the Land Use committee encourage you to follow the developments in the press, attend public hearings, and also give us your feedback.

Cleanup Overwhelmed With Success

by Katie Ugolini and Robin Johnson

Eight a.m., the drop boxes from Cloudburst were there, the metal recycle box from Metro Metals was in place, recycle stations were ready. The "You price it" area for reusable household goods already had a few treasures. Our volunteer refreshment table with coffee and other goodies, thanks to Caffè Vita, New Seasons and Rocket Pizza was...in use.

Car after car after truck lined up and unloaded. We made almost \$1,800 for the neighborhood group that day and disposed of:

Seven drop boxes with 17 tons of mixed waste; one drop box with 2 tons of metal; 26 yards of Styrofoam, 2 trailer loads of plastics, 30 lbs. of batteries, 35 light bulbs, 700 lbs. cardboard, 122 electronic devices. We provided 3 working laptops and 2 bicycles in good condition to children.

The day didn't go completely smoothly, however, and we apologize if you came

to drop off after 12 noon and were turned away. By that time the entire parking lot was full of cars waiting to unload.

A heart-felt thank you to the businesses that made it possible! New Seasons, Cloudburst, NECN, City of Portland, Office of Sustainable Development, Metro Metals, Mult. Co. Community Service Workers Program and Rocket Pizza for the two unexpected pizzas delivered for hungry volunteers.

A special thanks to our volunteers TJ Millbrooke, Belinda Clark, Robin and Jim Johnson, Paul Wilkins, Katie Ugolini, Kelly and Peter Welch, Truls Neal, Chris Lopez, Robert Bowles, Donnall and his grandson, George Bruender and Bill Leissner for contacting Cloud Burst.

Thanks to Tom Thompson from Vernon for loaning his trailer and Metro for providing vouchers for us to dump our mixed waste.

Crossword

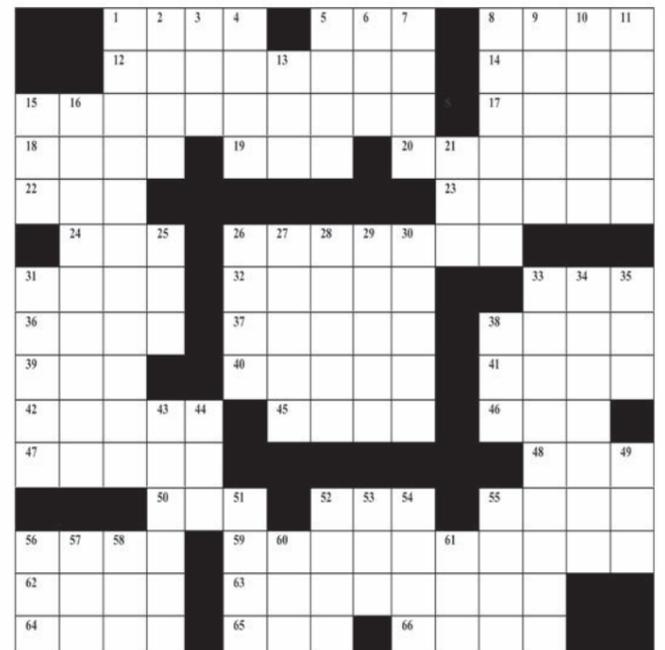
by Chris Yensan

SUMMER CONCERTS AT FERNHILL PARK

These original puzzles are produced exclusively for CNews. If you would like to suggest a theme for a future puzzle, email concordianews@yahoo.com

What's better than live music in the park within walking distance of your home?

<p>ACROSS</p> <p>1. Oft-banned Indian funeral ritual</p> <p>5. Orb's outline</p> <p>8. Car ____ (1976 Rose Royce hit)</p> <p>12. 2004 single by the Yeah Yeah Yeahs</p> <p>14. ____ Korobka (former Olympian - and recently banned - female weightlifter)</p> <p>15. ____ su Pilon D'Azucar (Latin music, live at Fernhill Park, Friday July 13th)</p> <p>17. Stead</p> <p>18. Killer whale</p> <p>19. Jrs and Srs, e.g.</p> <p>20. Patio stones</p> <p>22. Miracle-____</p> <p>23. Postpones</p> <p>24. Brewery beer</p> <p>26. Fills with holes</p> <p>31. Kyle's friend, on Southpark</p> <p>32. Share a common view</p> <p>33. Home of the Mustangs</p> <p>36. Consumes</p> <p>37. Dry Italian white wine</p> <p>38. ____ Redding</p> <p>39. Magnetic tape data storage system (Abbr.)</p> <p>40. ____ All (car wax)</p> <p>41. Impolite</p>	<p>42. Wild</p> <p>45. Back-talk</p> <p>46. ____ Tan (author)</p> <p>47. Long-standing aircraft manual supplier (Abbr.)</p> <p>48. It may be Sweet or Everlasting (annual or perennial)</p> <p>50. Word with tank or notch</p> <p>52. A Ryan</p> <p>55. Wild guess</p> <p>56. Bart's bus driver</p> <p>59. The ____ Orkestra (Eastern Euro/Gypsy Balkan music, live at Fernhill Park, Tuesday August 7th)</p> <p>62. Clairvoyant</p> <p>63. Warm wool coat</p> <p>64. Mares and does eat them</p> <p>65. Alphabet run</p> <p>66. Rip ____</p> <p>DOWN</p> <p>1. The Dirty ____ (Soul/Funk music, live at Fernhill park, Friday, July 6)</p> <p>2. Nonprofit org. that manages coal combustion products</p> <p>3. Plaything</p> <p>4. "I've gotta be ____ midnight!"</p> <p>5. Weapons</p>	<p>6. Steal (from)</p> <p>7. Applaud</p> <p>8. Dances with ____</p> <p>9. Foreign</p> <p>10. Archeological pottery fragment</p> <p>11. Len ____ (Former Washington Redskins center, 1964-1977)</p> <p>13. La Brea ____ Pits</p> <p>15. Cat's nemesis</p> <p>16. Annoys</p> <p>21. Mimic</p> <p>25. Ques. counterpart</p> <p>26. Tabula ____</p> <p>27. Stravinsky, and others</p> <p>28. Action</p> <p>29. Richard ____ (Amway co-founder)</p> <p>30. Looks lecherously at</p> <p>31. Kevin ____ and the Tornados (Blues music, live at Fernhill Park, Friday July 27th)</p> <p>33. The ____ Aces (Cajun music, live at Fernhill Park, Friday, July 20th)</p> <p>34. Calendar center</p> <p>35. Exploit</p> <p>38. Wine grape, used in making 37Across</p> <p>43. Players</p> <p>44. British bathroom</p> <p>49. He was honest</p>	<p>51. Cougar</p> <p>52. 1700 Roman numerals</p> <p>53. "I saw a mouse!"</p> <p>54. Pluck</p> <p>55. Surgery souvenir?</p> <p>56. Bear in Barcelona</p> <p>57. Second most consumed beverage in the world (after water)</p> <p>58. Vietnamese New Year</p> <p>60. Grab</p> <p>61. ____-Cone</p>
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Alberta St. Fair, August 11th

Come one, come all. The 15th Annual Alberta Street Fair, hosted by Alberta Main Street, returns to celebrate community with a toast to summer on Saturday, August 11, 2012. The Alberta Street Fair, one of Portland's most beloved neighborhood street festivals, features a day of eclectic activities celebrating the diversity and uniqueness that is Only on Alberta.

Kicking off this year's event is the second annual children's parade starting at 11 a.m. at NE 15th Avenue and ending at the Center Stage at NE 21st Avenue. Kids interested in participating in the parade should gather at 10:30 a.m. in the Alberta Co-op parking lot at NE 15th Avenue.

Alberta Street Fair is a free community event with a suggested \$2 donation to support building a vibrant and healthy Alberta Street. For information about Alberta Main Street contact Sara Wittenberg: sara@albertamainst.org or visit www.albertamainst.org.

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Volunteer for Last Thursday

Art Festival's Impact Lessened By Volunteers

Get to know the second largest event in Portland from the inside by becoming an official Last Thursday Volunteer! Volunteers shifts are only three hours, so you can still enjoy the festivities half the night!

We have about twenty hard-core dedicated volunteers so far and we need about 100 each Last Thursday to be Ambassadors, Street Ops Team and our new Beer Garden servers. Ambassadors are our greatest need so let your friends know and sign up as a group.

You will receive a T-shirt and free beer for your help. Visit our website to get the skinny on volunteer tasks and sign up: <http://www.lastthursdayonalberta.com/volunteers>.

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Concordia Neighborhood Association
14th Annual Yard Sale
July 27, 28 & 29, 2012

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CRAFT COCKTAILS • LOCAL BEER • SPANISH WINES
Happy Hour Tues-Fri 5:00pm-6:30pm
Full Menu Available for Take-Out
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MAXIMUM ONE COUPON PER TABLE
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NOW OPEN!!
Anna Bannanas – 2403 NE Alberta St
Live Kids Music
Sunday Mornings 10-12am and Pagan Jug Band
3-5pm Sundays
This Month Last Thursday
Finn River Cider Tastings from 4-6pm and Miriams Well 8-10pm

BORDERLINE FUNNY

Taking the edge off of humor.

Don't believe everything you think.

Remember, you're unique...just like everyone else.

Don't pass snowplows on the right.

Heisenberg might have slept here.

4 out of 2 people don't know their fractions.

Did you hear the one about the statistician? Probably.

What's red and smells like blue paint? Red Paint.

Back up my Hard Drive? How do I put it in reverse?

Headlines we find in other papers:

City Unsure Why Sewer Smells

Man Accused Of Killing Lawyer Receives A New Attorney

Homicide Victims Rarely Talk To The Police

Hospitals Resort To Hiring Doctors

New Sick Policy Requires 2-Day Notice

Parents Keep Kids Home To Protest School Closure

Rally Against Apathy Draws Small Crowd

The Bra Celebrates A Pair Of Historic Milestones This Year

Total Lunar Eclipse Will Be Broadcast Live On Northwoods Public Radio

Miracle Cure Kills Fifth Patient

Wellness

Ask Your Neighborhood Health Counselor

Dear Jill,

With the 4th of July coming up, I was hoping you could give some ideas for healthy treats to celebrate with.

I have a potluck to go to and I want to bring something fun that can be enjoyed by everyone including those who are gluten and dairy free.

Thanks, KDL

Dear KDL,

Happy 4th of July! With the weather warming up and the backyard barbecues in full swing, 4th of July in Portland is a blast! Below I included a gluten free, dairy free, fun and festive recipe, which is guaranteed to please everyone at the potluck this year. You can use any berries but I suggest blueberries and strawberries or raspberries if you want to go with the red, white, and blue theme.

Tangy Lemon Curd and Honey Vanilla Cream Berry Parfait

Serves 4-6

Honey Vanilla Cream Yield 2 cups

1 cup of cashews, soaked in water for a couple of hours (at least one hour, not more



than 6 or so) and rinsed and drained

¼ cup of coconut oil

1/4-1/2 cup of honey

1 1/3 cup of full fat coconut milk

1 teaspoon of vanilla

Dash of salt

1-In a food processor or powerful blender, process the cashews, coconut oil, and honey until smooth. Scrap down the sides as needed.

2-Add the coconut milk, salt and vanilla and blend again. Taste test and add more sweetener if desired. Chill

Tangy Lemon Curd

3 large eggs

1/4 -1/3 cup of honey

Grated zest of one lemon (I used about 1 tablespoon)

1/2 cup of lemon juice

6 tablespoons virgin coconut oil (or you could use ghee or butter).

Fireworks: War & Peace

by Bernadette Janét

Fireworks. For many, the concept conjures up visions of grandeur, colorful sparkles and entertainment. While enjoying the spectacle years ago, I suddenly saw something else. Each beautiful burst reproduces war. This national holiday that commemorates the adoption of our Declaration of Independence from the British embeds in our psyche a constant reminder and acceptance of war. It also cloaks that reminder, attempting to civilize it and hide our fears. Mostly it works. But that evening, I recalled a play I'd seen called "Tracers"*. Webster's defines tracers as "ammunition containing a chemical composition to mark the flight of projectiles by a trail of smoke or fire." Wikipedia says "Platoon and squad leaders will sometimes load their magazines entirely with tracers to mark targets for their soldiers to fire. A disadvantage of bright tracers is that they give away the shooter's location to the enemy. . . Bright tracers can also overwhelm night-vision devices, rendering them useless." Soldiers in trenches dread them. Civilians fear them. We don't live in a war zone, yet we recreate one every Fourth of July with roman candles, bottle rockets, cakes, smoke balls, Catherine wheels, cherry bombs, flares.

How does it feel to veterans and refugees who lived with war, not in historical times but very recently, and on a daily basis? How is it for those who suffer from post traumatic stress disorder to hear sounds and see visions of a hell they had hoped

to escape in our "land of the free"? How do they cope with the booms that do not shake or kill but are constant in their neighborhoods where people celebrate the Fourth far in advance and well after with illicitly purchased explosives?

I suspect the constant whistles, shrieks and booms are a source of terror and nightmares to some. Our pets may not be the only ones crouching in fear and hiding at displays that delight children –but make some cry.

Perhaps we should reconsider fireworks not as fun, but rather a harmfully intrusive way of reliving an event some wish to leave behind. Perhaps we should leave fireworks to the professionals: on one day, for one hour, in one public space. And leave our neighbors and neighborhoods in peace.

"Tracers" –A Play conceived By John DiFusco written by Vincent Caristi, Richard Chaves, Eric E. Emerson, Rick Gallavan, Merlin Marston follows the lives of a group of 'grunts' as they move from basic training, on to combat in Vietnam, and finally to the shattering realization that their lives will be forever affected by the horrors that they have witnessed.

Bernadette Janét's brother lost the vision in his left eye while playing with fireworks as a child.

by Jill Muhm-Glover

1-In a medium stainless steel or enamel saucepan, whisk together the first three ingredients until light colored.

2-Add the coconut oil, breaking it into small clumps as you drop it into the pot for even melting. Then add the lemon juice.

3-Cook, whisking over medium heat until the coconut oil is melted. Continue to cook until the mixture thickens and you start to see a few bubbles popping at the surface.

4-Remove from heat, and scrape into a fine sieve set over a bowl. Strain the curd, gently stirring if needed.

5-Refrigerate for several hours to thicken. Will keep about one week in the refrigerator.

Berries of choice

Layer Honey Vanilla Cream, Berries, and Tangy Lemon Curd in small cups or parfait/ice cream bowls. Enjoy!

–Jill

Jill answers your questions about clean eating at: healthymuhm@gmail.com

Illegal Fireworks... Who Cares?

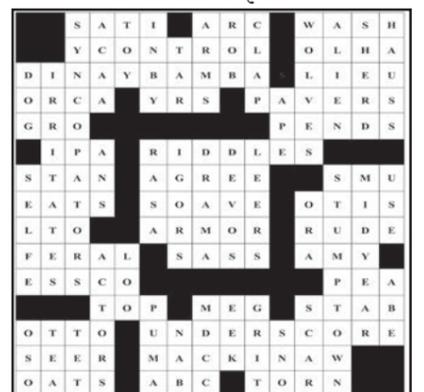
...Your neighbors.

Fires. Injuries. Anxiety. Stress. Property Damage. Pollution.

LEAVE BIG FIREWORKS TO THE PROS.

Possession of illegal fireworks could cost you up to \$1000 and you could be held liable for damages to people or property.

102022010 7111



In Concert With Nature—Starts July 6

Five Reasons to Dance in Fernhill Park on Friday Evenings

Thank you to all of the neighborhood businesses and residents who have come together to sponsor another Summer Concert Series in Fernhill Park. Fernhill Park is located between NE Simpson and Holman and NE 37th and 41st Avenues. The natural amphitheater is perfect for the family, a picnic basket, lounge chairs and ...don't forget your dancing shoes!

The Concordia Neighborhood Association provides a crafts table with local artists for the kids. The food vendors will be set up on the ridge above the stage. *Please park responsibly!*

July 6 - The Dirty Syncopators - Funk for the People

Portland's Dirty Syncopators [photo unavailable] are a 10-piece band dedicated to playing R & B/ Soul, Funk and Reggae with horns galore! With a blend of original tunes and under-heard covers, The Dirty Syncopators fill the night with long grooves, thoughtful arrangements and imaginative solos. A tight, in the pocket, rhythm section with a well-seasoned horn section guarantee things will get dirty.

The members in the band: Lead Vocals, Trumpet, Arranger: Wesley Pipes; Drums: Charles Neal; Keys: Andrew Deets; Guitar: Kevin Fisher; Bass: Ben Rougeou. Alto Sax: Reid Neuman...and more? Possibly.

Websites: <http://reverbnation.com/dirtysyncopators>, www.myspace.com/dirtysyncopators

July 13 - Dina & Bamba su Pilon D'Azucar - Incendiary Havana Salsa



Dina & Bamba su Pilon D'Azucar is an authentic Cuban band filled with rhythm and flavor. It is composed of Cuban musicians who have studied in the best musical schools in Havana, Cuba, but have played throughout Mexico and the US. They present all types of Cuban music: Son, Cha Cha Cha, La Guaracha, La Rumba, Guaguango, Timba, Salsa (popular and traditional), and many others genre in tropical music such as

Cumbia, Bachata and Merengue that are all very popular, very contagious and pleasurable to dance to.

Vocalists Bamba and Dina lead the band with their beautiful voices and improvisation that keeps everyone up on their feet and interacting with the band in the tradition of Cuban Salsa bands. In the words of Bamba Figueroa, band leader: "I feel extremely happy that there exist so many people in Oregon and especially in Metropolitan Portland, who are interested in the music of my country and this helps me to create a beautiful performance that is filled with pure energy. Basically, the Cuban music we sing comes from the deepest of our heart and our soul!"

Website: <https://www.facebook.com/pages/Dina-Bamba-Y-Su-Pilon-D'Azucar/193427227378677>

July 20 - Stumptown Aces - Authentic Quebecois Cajun



Three members of Stumptown Aces from Foghorn String Band

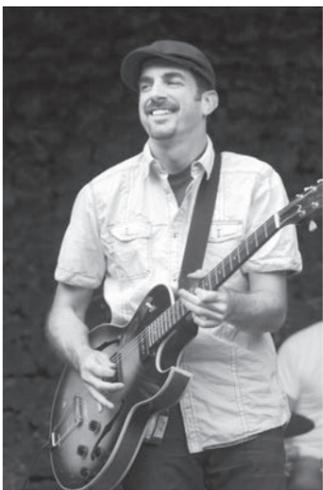
The Stumptown Aces Cajun band is a mix of internationally acclaimed musicians from Foghorn Stringband and Water Tower that showcases the accordion, fiddle & pedal steel delivering high energy southwestern Louisiana tunes bringing pure dancing & listening pleasure. Bringing their love of American roots music traditions, the line up is Sammy Lind on accordion, fiddle and vocals; Caleb Klaunder on mandolin, drums and vocals; Nadine Landry on bass and vocals; Andy Rick on pedal steel. Josh Rabie on fiddle,

banjo and vocals has been influenced by musicians from Hank Williams to the Velvet Underground.

Together, they blend voices, repertoire and instruments to create a diverse performance true to the roots of American music, throwing Cajun songs and Caleb Klaunder's vintage sounding originals in the mix.

FB Public Event Page only: <https://www.facebook.com/events/386175811399412/>

July 27 - Kevin Selfe and the Tornadoes - Irresistible Original Blues



Kevin Selfe is a man who has dedicated his life to the blues. For more than a decade, he has been sharing that love and dedication with audiences from coast to coast, building a loyal following wherever his energetic mix of traditional and contemporary blues is heard. The band was also nominated for a 2011 and 2012 Portland Music Award for Outstanding Achievement in Blues. Longtime Cascade Blues Association President Greg Johnson sums up Kevin Selfe and The Tornadoes best: "Kevin draws the crowds to the band with fiery fretwork that gets "wanna-be" guitar heroes excited and professionals listening closely. As a band, the three together all fall in complete synchronization with one another on stage as a true ensemble that just may be one of the best outfits on the West Coast." Tornadoes:

Jimi Bott, Drums: Widely considered one of the best blues drummers in the world, Jimi is a 13 times Blues Music Award nominee for Best Instrumentalist – Drums, and spent nearly three decades touring the world with The Fabulous Thunderbirds, The Mannish Boys, Rod Piazza, and Mark Hummel. Jimi is also an eight time and current Muddy Award Winner for Best Drummer, and was inducted in the Cascade Blues Association Hall of Fame in 2009.

Allen Markel, bass: Allen studied bass with Rufus Reid and Todd Coolman and studied Latin music with Grammy-nominated Chico Mendoza. For most of his early career Allen worked as a freelance musician performing at NYC clubs, including CBGB's, The Bitter End, The Bottom Line, Village Gate, Dharma and Zinc Bar. In 2005 he played on Raphael Cruz's CD "Bebop Timba," which was nominated for a Grammy in the Latin Jazz category. Allen moved to Portland in 2007, was immediately noticed for his talent and nominated for four Cascade Blues Association's Muddy Awards for Bass from 2008-2011 for his work with Kevin Selfe.

Website: <http://kevinselfe.com>

Tuesday, August 7, National Night Out - The Underscore Orkestra - Balkan & Gypsy-Inspired Shenanigans



The Underscore Orkestra is a Portland-based band playing a blend of Balkan, Klezmer, Gypsy Jazz and Swing, with a repertoire consisting of both original and traditional material. The band has been performing for over seven years, touring all around the U.S., Canada, Europe, and Central America from intimate coffee shop settings all the way to huge outdoor festivals.

Band members consist of Jorge who sings, plays harmonica, violin and piccolo, Willo who sings and plays accordion, Scott Stobbe who plays guitar, Danielle who dances and plays percussion, Kyle who plays trombone, Sam plays trumpet, Andrew who plays clarinet, Aharon on percussion, Joe on sousaphone and bass guitar, Lucas on guitar, Doug on percussion, Jason on percussion, Cody on guitar and banjo, Linsay on percussion, Susanna on violin, Peter on percussion, and Cliff on bass, Tom Fenollosa is a multi-instrumentalist, Dave Hill on keys

The Underscore Orkestra is guaranteed to get you up and moving whether you like to Swing dance, Balkan folk dance, or just go out and shake it!

Website: www.theunderscoreorkestra.com

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Cully Community Market – NE 42nd and Killingsworth



The Neighborhood Farmers Market -and More! Sundays 10 a.m. - 2 p.m.

We want to thank all of the Concordia residents that have been so supportive of our market! Our season has started with a bang and we have so many exciting events planned for the remainder of the summer.

cullycommunitymarket.org



Opening day, June 2012

- Cully Community Market Information Booth, (L-R) Ryan Mickles, Alisa Fairweather, Wes Boyd, Anne Chenot (Market Manager).
- Cully Association of Neighbors Chair Kathy Fuerstenau and son, Michael.
- Schoolyard Farms, Courtney Leeds, Co-founder.
- Oregon Urban Family Farms, Gordon "Makai" Westfall, Founder/Lead Farmer.
- Absolutely Juicy, (L-R) Arron Barnes and Rachel Van Mill.
- La Fountain Herbal, (L-R) Tenaya Waits and Roe Rathgeb.
- Yonder Holler Family Farm, Brooke Shepard, Farmer.
- Amaro's Produce, Sabillo Amaro.
- Nena's Creations, (L-R) Jackie Alvarado and Jason Torres.
- The Boxer, decorative boxes, Steven Birnbaum.
- Domo! Domo!, Japanese soul food, Sidney Ayers.
- Parsons Farms, Ashley Parsons.
- Naked Acres Farm, (L-R) Gus Gibson, Margo Liszka and Julie Liszka.
- Lor Family Farm, Amy Lor.
- Jar O'Granola, Shellane Kira Ehlert, Owner.
- Subtle Origin Farm, Myo C. DeMayo, Farmer.
- The Community Table, (L-R) Luis Camara, Filipe Wild-Camara and Heather Wild; Delmar Dye; Mitchel Grubic CEO Dignity Village.
- Terrapain Pastries, gluten free bakery, Mark Drouin and Rene Drouin.
- Cameo Coffee, Jay Hinton.
- Lady Bird Bakery, Erin and Mike Reynolds.
- Master Gardening, Carrie McIntyre.
- The Musicians, (L-R) David McKenzie, Daniel Haley and Janet Julien.

Photographs: CNews

Vernon's Parent Volunteers: Priceless

by Jennifer Kerns Robison

Like many single-parents who have primary responsibility for the care their children, Chabre Vickers is a busy woman. She has a full time job at Big Brothers Big Sisters as Director of Community Relations and Diversity Programming. Her responsibilities extend beyond that of a traditional 9-5 job as she is a member of the Mayor's Gang Violence Task Force and organizes the 11:45 project, a non-profit group that works to bring local communities together to provide mentorship programs to at-risk youth. According to Vickers, for kids facing adversity, mentorship programs offer kids an opportunity to have guidance along their life's road. For her work with BBBS and 11:45, Vickers received the "newsmaker of the year" award from local newspaper, The Portland Skanner and the "Woman of Excellence Award" from the Delta Sigma Theta Alumni Chapter for community involvement.



Chabre Vickers with her daughter, Layla

Photograph: CNews

From my perspective, Vickers is doing her part to make Portland a better place; she does not need to add to her plate. However, this past April, she co-chaired the Vernon PTA sponsored "Multicultural Night." I had to meet this woman.

When I spoke with Vickers and asked her why she

was not only so involved with BBBS but also the Vernon PTA, the answer was simple: it was for her daughter. As a young girl, Vickers faced many of the adversities associated with children of single parents. She knew that a good education was critical for her daughter to have a successful future. Thus, she had to invest at her daughter's school not only for Layla but for all of the kids at Vernon – some of whom have many stresses in their lives. As she so poignantly said: "I am these children" and working on their behalf is a "no-brainer."

She is working with the PTA to start a diversity initiative to include more families from all of the

communities at the school. As she stated: the diverse population of Vernon school reflects some of the major economic and population shifts in this neighborhood.

Chabre Vickers knows that being involved in the Vernon PTA is what she should be doing. vernonowls.org

Rose City Vaudeville Presents: The Vagabond's Theatre

...With shows, movie screenings, workshops and interactive circus parties throughout the summer until we pack up and vacate at the end of September. The corner of NE 19th and Alberta St.

All shows are family friendly and comes with a beer garden for the adults!

Vaudeville Show –One act variety show. 8:00 p.m.
July 7, 21, 28, August 10, 11, September 8, 22

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This July, we celebrate our 11th year of serving North and Northeast Portland. We wouldn't have been able to do it without the amazing support of our community! To show our appreciation, we are holding a community sale day. Everyone, both owners and non-owners, will receive 11% off their purchases all day.

Discount valid only on 7/11/12. Discount does not apply to Tri-met Tickets, Sister of the Road Meal Tickets, Case Orders, or Special Orders.


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King Market

We're in the neighborhood

Sundays, 10 a.m. - 2 p.m.
May 6 - October 28
NE 7th and Wygant at King School
www.portlandfarmersmarkets.org

Restaurant Spotlight

Fourteen years of Comforting Cuisine Bernie's Southern Bistro

2904 NE Alberta St.

503 284-9864

www.berniesbistro.com



Kellie Courtney, Bernie's sole-proprietor, serving Southern comfort for fourteen years.

A friend told me about a space to sub-let in October of 1997. Everyone else said, "You're crazy!"

I wanted a place in the neighborhood, and I knew others did, where I could walk to get something to eat. I had seen the neighborhood change so much in the five years I had lived here and that others had started businesses on the street and thought, "Why not?"

Was it serendipity that you first moved in to this neighborhood?

One thing I missed after moving from Chicago was the cultural diversity. Portland is mostly White and I missed the ethnicity. The diversity in this neighborhood is different than most of Portland. I liked some of the "roughness" of the street. Customers would call to ask if it was safe to come over.

How did you decide on the southern cuisine?

A friend had a recipe for okra that I really liked; my dad was doing French cooking and was just getting into New Orleans cooking. Our family vacations were always related to some kind of culinary theme.

One summer we went to South Carolina where a friend's aunt taught my dad how to make sour peas with ham hocks and fresh peach cobbler. That was how we spent our time there. I love all kinds of food and am good at comfort food, which my friends always ask me to cook for them.

How has food sourcing changed in the past fourteen years?

Now everything is so affordable. It was so difficult to find things that were local, seasonal or sustainable without being financially impossible. Now it is so much easier. Our meats are from local sources and this has made their cost more affordable.

A nice change with the wholesale



Bernie's is located at the corner of NE 29th and Alberta St. The entrance to the patio is on the 29th Avenue side of the restaurant.

Photographs: CNews

suppliers has been the ability to buy in smaller lots. Anything we can find organically and locally we use. The local suppliers have become more reliable.

So many Alberta business share vendors or ideas about sourcing food. Everybody is really great. I like the energy on the street.

What hasn't changed from the opening menu?

The first four items on the menu don't change, the boneless-skinless fried chicken, the catfish made it on to the menu within the first six months of opening, the shrimp and grits and the Creole meat loaf have been on the menu for at least 12 years. If we take one of those off the menu, we get a lot of feedback, so they will always stay on.

My chef and I have fun working together. We talk food all of the time. I went to New Orleans in December and ate my way through the time there.

You have a very comfortable summer patio behind the restaurant.

We built the patio out of necessity, because our kitchen is so small—we only have a six-burner stove and two fryers—we couldn't accommodate both the front and the back and no air conditioning.

After fourteen years, what is it about the business that is still so attractive?

My employees have been here forever. That means a lot and makes it

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fun. I love the neighborhood and how supportive everyone is. That is the best part of it.

Are your parents okay now with your opening a restaurant?

Oh, Yes. The first day we opened, my dad was here waiting when I flipped the sign.

Artist Spotlight - The Shook Twins



www.shooktwins.com

The Shook twins, Laurie and Katelyn, have brought their music and performance, described as a “quirky, abstract folk style” to Portland. They are genuine and full of laughter, in addition to their sheer musical talent. Currently they are working on their third album to go with “You Can Have the Rest” (2008) and “Live in the Shop” (2009).

One plays the guitar, mandolin, sings into a telephone and bocks like a chicken, and the other plays wah-wah Banjo and loops various melodies and beats. They include other instruments such as slide guitar, glockenspiel, mandolin, beatbox, djembe, ocarina and the egg.

Originally from Sand Point, Idaho, since turning professional in 2007, they have toured throughout the West, on the road steadily to Idaho, California, Utah, Washington, Oregon, Colorado, Wyoming and Montana, while developing their progressive sound and entertaining stage show.

We shared some cookies and they curled up on the sofa.

How did you start with music and when did it become plain this was your career?

We’ve been singing forever, choir in elementary school and through college. Then we started playing instruments in high school, when we were 18. A boyfriend started jamming with us and taught us some chords. Our dad plays, so partly Dad, partly the boy friend.

We took a year off from college and moved to Virginia. We didn’t know anybody, so we started learning songs and writing a bunch of songs and got our first gig there. It was a three-hour gig, so we did every song we knew and got \$300. We thought, “Hey, \$300 for our first gig—we could do this!”

Then we booked a weekly gig at a winery. They asked, “How much do we pay you?” We said, “We got \$300

at the other place.”

And they said, “We can’t pay you any more than \$75 a week.”

That was how we started. Graduated from the University of Idaho in 2006 and never got a job.

When did you expand out of strictly acoustic?

I got a loop pedal by the time we graduated. Then started using it more. We started looping the guitar, but didn’t get the banjo until about 5 years ago, the year we started playing full time.

We tend to do abstract interpretations of other songs.

Some of our first songs were really horrible and we will never do them again. But we noticed how much attention our own songs got. Then we made it our goal to be more original.

Do you have a process for writing together?

Not really. Sometimes I hear her writing and then I go into the basement and work on something to go with it. Lyrically, it starts with a line you have in your head then it just comes out.

Sometimes we think we are writing in a weird tuning, but it always turns out to be D.

Why did you choose Portland?

The couple times we toured here we loved it. We moved here with two really good friends and have lived in Concordia for two and half years.

What is coming up?

We are heading out to Idaho and get to hang out at home; do a couple of festivals in Idaho, including opening for Blitzen Trapper; the Coeur d’Alene casino and then the Oregon Country Fair.

Are you working on a new album?

This is our third and we have a live album available on line.

In the past, we have lived out of various vans in our producer’s driveway while recording. Well, you know, we were young. A Dodge mini-van with a bunk bed, then a VW van. We made a video about the VW.

Your videos on YouTube are very clever.

We went to school for digital movie production, editing and filming. We are glad we did college and now ...\$50,000 in debt later! (laughing)

At some point will you include some solo performance into the stage act?

We like to mix it up. But playing the banjo and singing harmony makes it hard to sing a song solo. The banjo part has just the accents in the song.

Any parts of your stage act that you are thinking of changing?

The egg is something we will keep going. We used to have to toss it to get the shaking sound. But now we

I saw your stage performance of Evelyn Evelyn.

It took a lot of practice. We have never been more nervous. The theater was packed, 1,600 in the audience. We had never played it all the way through without messing up and were back stage practicing right until we went on stage.

But we pulled it off. Luckily our characters were supposed to be awkward scared girls, conjoined twins—we were terrified. That was our only time to do that act.

This was a stage act our friends, Jason Webley and Amada Palmer created. He would dress up as one of the girls and the act was that the real band was touring with these girls and it totally captured the audience. So we took over the role for the one night.

How have your bookings been?

Luckily, the audiences show up to see us. These days how many friends you have on Facebook is how clubs determine if they should book you.

In the current band line up the five of you play quit a few instruments.

Kyle Volkman has been the “third twin” playing bass and cello, for awhile.

We really like all the instruments in the band. We have just started again with a violinist and enjoy playing with a cellist; that instrument goes well with our voices. We are playing more instruments ourselves like the mandolin and ukulele.

I can hardly wait to hear the ukulele through the wah-wah pedal.

We thank everybody for supporting us and our music. Look for our schedule on line. We will be at the Oregon Country Fair, then our next local concert is at Kruger Farm on Sauvie Island July 19.



Katelyn on the mandolin and Laurie playing banjo, singing in “twin” harmony, delight fans with their unique and sometimes abstract take on folk music.

have a contact mike attached. It is also a symbol that we come from one egg. Rose the Chicken used to be our mascot.

Your YouTube video with the Bucky Walters was very fun.

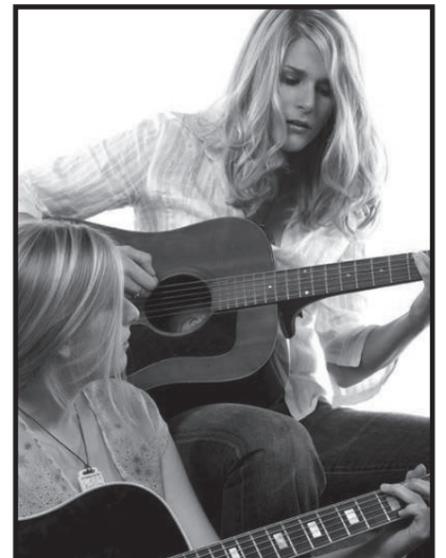
They came over to film, a 30 second clip for Northwest String Festival band competition and it turned into a ten minute documentary.

Do you like living in this neighborhood?

We are so thankful our neighbors are warm and friendly, the whole block. When we have a music night at home, we invite the neighbors. Sometimes we just sit outside and play.

Your touring bus is parked outside.

It is Kyle’s [Volkman] bus. At one time, we converted it to vegetable oil and did tours on vegetable oil. But we got some bad oil and went through 4 fuel pumps and eventually had to replace the engine. We just did a tour to California on diesel—that was really expensive—because we haven’t converted for veggie oil. Kyle drives it. Our home on wheels and our own “green room”. We are home-bodies and like to have our own home when touring. It is totally worth it.





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7/25 **Chamber Music Northwest**
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Edgar Meyer

7/26 **Swing Time Variety Show**
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Sunday July 15th, 10:00 a.m. - 1:00 p.m.

Instructors: Rick Shory & Tom Gibson

TALISMAN GALLERY

1476 NE Alberta Street,

June 28 - July 22

www.talismangallery.com

Talisman Gallery -located in Portland's lively Alberta Arts District- will host an exhibit of artists Bill Rollins and Deb Minkler.

"Imagine Peace" is the theme of new encaustic paintings by member Bill Rollins. An ambitious project—twenty-seven new paintings using bees' wax on wood panels, suggests Portland and its countryside can be the place to begin the process of peace.

Member Deb Minkler will be showing a new series entitled, "my pack of dogs"—works inspired by the dogs she has met over the years. A dog lover her entire life, Minkler captures the personalities in her 'pack' in mixed media on wood panels as well.

Please join the members of Talisman Gallery for this happy show. Dogs welcomed!

Walk, shop, have some good food. See a show, buy some art. No driving required. It's summer in your neighborhood, enjoy it!



2939 Alberta St., 503 281-9048

June 28-July 24

www.guardinogallery.com

MAIN GALLERY Leslie Morgan combines photography, paint and an assortment of found objects to create her "Water Chronicles" series a collection of images of our relationship to water.

Liza Jones is an Intaglio printmaker who will be showing her series of boats and boat building etchings.

FEATURE AREA: Suzanne Vaughan is an artist creating sculpture made of glass mosaics. She titles her work for this show the "Infinity Series", playing with the infinity symbol.

Nancy Helmsworth will be showing works on paper and has entitled the show her "Toile Series"; a comment of the past & present using a toile theme.



2724 NE Alberta St.

www.sixdaysart.com

Flower Power!

Paintings and front window display by artist member Chris Steinken

We invite you to join us for our opening celebrating the blooms of summer.

We would like to introduce to you our two newest artists:

Michele Taylor brings her watercolors and oils of blooming landscapes.

Karen Story who creates abstracts to landscapes in encaustics.

Know where your art comes from!

Six Days artists will be on hand to help you choose the perfect artwork for your wall.



The Urban Farm Collective is seeking donated items and services for

their fourth annual fund raising event, September 2012. Items donated are tax deductible up to their full market value. The Urban Farm Collective is an entirely volunteer run, local nonprofit that has food growing in eleven urban lots on just over an acre of land. Janette Kaden, Founder, Urban Farm Collective 503-869-7751

urbanfarmcollective.com



5736 N.E. 33rd Ave. · Portland
(503) 249-3983 · mcmenamins.com

CELEBRATE OREGON CRAFT BEER MONTH

Each week, we'll offer happy hour prices all day, on certain brewing styles from IPAs to fruit beers.

Thursday, July 5

FAMILY FROLIC PROFESSOR BANJO

BBQ at 6 p.m.; music at 7 p.m.
Free · All ages welcome

Come early for an outdoor BBQ

Tuesday, July 10

RACE TALKS: An Opportunity for Dialogue

"Fasten Your Seatbelts! It's Been A Bumpy Ride: Historic Tours of Discrimination in Portland"
7 p.m. · Free · All ages welcome

Thursday, July 12

HIGH FLYER TRIO JOHNNY CREDIT & THE CASH MACHINE

BBQ at 6 p.m.; music at 7 p.m.
Free · All ages welcome

Come early for an outdoor BBQ

Monday, July 16

Science Fiction & Fantasy Writers of America present... PACIFIC NORTHWEST READING SERIES

New York Times bestseller Daniel H. Wilson hosts, with guest authors Isaac Marion and Rhiannon Held.
7 p.m. · Free · All ages welcome

Tuesday, July 17

RANDLE JOHNSON WINE DINNER

Join us for this wine event hosted by the director of winemaking for The Hess Collection of wines, along with an engaging slideshow presentation.
7 p.m. · \$60; reservations required 21 & over

Thursday, July 19

Freak Mountain Ramblers

as part of GREAT NORTHWEST MUSIC TOUR
Hilltop rock
BBQ at 6 p.m.; music at 7 p.m.
Free · All ages welcome
Come early for an outdoor BBQ

Thursday, July 26

FOUR ON THE FLOOR

BBQ at 6 p.m.; music at 7 p.m.
Free · All ages welcome
Come early for an outdoor BBQ

Monday, July 30

HISTORY PUB MONDAY "THE COLUMBIA RIVER GORGE:

FROM PORTLAND'S PLAYGROUND TO NATIONAL SCENIC AREA"
7 p.m. · Free · All ages welcome