



CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association |

visit the website: concordiapdx.org

November 2011

Hello! It's Your Concordia Neighborhood Calling

The Concordia Neighborhood Association elects Board members on a staggered schedule annually for two-year terms. **November 8th, at 7 p.m. in the Community Room at the Kennedy School, is the night to elect new Board members.** This is where your volunteer efforts can make a positive change -- right where you live!

Concordia neighborhood has a much more diverse population and culture than the whole of Portland. Why? Because we foster this diversity by participating in our neighborhood.

If you have been following the exploits of the Concordia Neighborhood in this newspaper and internationally, you don't need to be reminded of the diverse and energetic events, projects and people that choose to be in our Neighborhood.

Alberta Street (two words that are worth a thousand pictures), Last Thursday, Main Street Project, the Art, the Galleries, the Restaurants, the Alberta Rose, the Kennedy School, Concerts in Fernhill Park, Faubion and Vernon Schools, Concordia University, New Seasons, the Tool and Seed Library and the 11,000 residents. We live in an amazing neighborhood --and that doesn't even come close to describing it.

We are a neighborhood that walks, shops and finds our entertainment locally.

We solve neighborhood problems locally, remember the burning of vacant houses issue and the livability issues that have cropped up, like street safety and noise? The neighborhood association provides access to food and services, and has on-going partnerships with City agencies and other non-profits. Yes, Concordia is also the rare neighborhood association with a 501c3 status.

The *Concordia News* might be the only self-sustaining neighborhood publication, because of the support of the local businesses and volunteers.

Find out the history and how you can help shape the future by becoming a neighborhood association Board member.

The expired terms to be filled:

Two positions At-Large- full 2 year terms.

One position representing Northwest – full 2 year term.

One position representing Southwest - 1 year term-replacement.

Two Positions representing East– one full 2 year term and a one year term replacement.

The Concordia map at the upper right on this page shows the neighborhood's district borders.

Inside this issue

CNA Elections Nov 8th

Flight 64 pg. 9

Eyesore Gone, pg. 7

Bike Club pg. 4
Borderline Funny pg. 6
42nd Av updates pg. 7
OLCC renewals pg. 10
A la Cart -Yogio! pg.11

Election Night
Become a CNA Board member: An excellent way to get to know your neighborhood.
November 8th, 7 p.m.
Kennedy School Community Room
5736 NE 33rd Ave.



Loey Hargrove (left) installing public art on two buildings on 42nd Avenue.

mail stamp area below



Artist Loey Hargrove adding color to the mural she designed for the art installation on 42nd Avenue in the Cully and Concordia neighborhoods.

Photographs on this page: Bob Palleson



Julie (photo center left) and Bob Granger of the Cully neighborhood, help with the installation of the mural.

Concordia's Wellness Fair

A call to vendors at the holiday affair!

The Wellness committee is seeking local businesses, non-profits, and health practitioners for a wellness fair to be held in conjunction with Concordia's annual holiday party Tuesday, December 13th, 6-10 p.m.. The Wellness fair will occur between 6-8 p.m.

The venue for the event will be Concordia University Student Event and Activity Center. The event will be free and open to the public. The theme of the Wellness fair is to highlight neighborhood resources for: health services for families and seniors, housing, food and nutrition,

and community wellness activities. Deadline for admission will be November 30th. For more information contact Jill Muhm-Glover or Signe Todd via e-mail: cna.wellness@gmail.com or call 503 332-1759.

JOIN US FOR:

NOVEMBER'S NEIGHBORHOOD MEETINGS

EVERYONE IS INVITED!

General Meeting

TUES. NOV. 8 AT 7 P.M.

Topic: Elections of new Board members followed by the Board meeting

November's Meeting will be a volunteer night, Nov. 15, at the Oregon Food Bank, sign up at contactcnaboard@yahoo.com

Board Meeting

TUES. NOV. 8 AT 7:30 P.M.

McMenamin's Kennedy School in the Community Room.
Next Board meeting: Dec. 6

CNA Holiday Party

TUES. DEC. 13TH AT 6 P.M.
Concordia University Student Event Center

Tree Team Meeting

THURS. NOV. 3, AT 6 P.M.

New Seasons dining area

Wellness

WED. NOV. 9, AT 7 P.M.

Caffé Vita,
3023 NE Alberta St.
The Wellness Committee is conducting a survey in the neighborhood.

Land Use, Livability and Transportation Committee

THURS. NOV., 10 AT 7 P.M.

McMenmins Kennedy School, Community Room

We have two purposes: to hear about and try to solve issues affecting quality of life in Concordia that are brought to us by individuals, and to identify changes and developments related to land use and transportation that could improve life for large numbers of residents.

CONCORDIA NEWS

Concordia News is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered residences and community locations in the Concordia Neighborhood.

Submissions

The deadline for submissions is the 15th of the month prior to publication. Concordia News may edit for form and length.

Contact the Editors

concordianews@yahoo.com

Advertising

Please send advertising inquiries to:

cnabusinessmanager@gmail.com
503 688-3290

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Portland, OR 97211

Contact the CNA Board

contactcnaboard@yahoo.com

Community Room Rental

cnaroomkennedy@gmail.com

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Land Use Chair

George Bruender
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Transportation Chair

Jean Keady
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Livability Chair

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503 841-6529

MISSION STATEMENT

To connect Concordia residents and businesses — inform, educate, and report on activities, issues, and opportunities of the neighborhood.

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Concordia News is printed on 40% post-consumer, or better, paper.

Chair's Corner by Robin Johnson

CNA Board Retreats To Go Forward

At the beginning of October, the Concordia Neighborhood Association Board got together on a Saturday to do team building and talk about programs, procedures and priorities the group is interested in pursuing in the coming year. Reviews about the meeting by members that attended declared that it was a pleasant and productive time for the group.

As with many groups, we agreed, a while ago, that getting together to set some goals and objectives is valuable for Board members while serving to provide better focus for the group as we go forward.

It's the actual setting aside the time in everyone's busy lives that gets in the way, though, of the best of intentions. So we are proud that we actually went ahead, took the time and held the retreat. Good job group --we did it!

We had help putting the meeting together and for this we would like to thank: Alberta Main Street who was kind enough to offer their meeting

space; Caffé Vita provided coffee at no charge; Enzo's on Alberta made two delicious pasta casseroles; and a couple of Board members also provided treats

A number of highlights emerged from the meeting:

Improving the administration of the Association by adopting a policy and procedures manual; finding better methods of archiving our CNA historical records locally; reviewing our administrative process and resources for efficiencies.

Increasing participation and volunteerism; improving community relationships and increasing collaboration; providing greater access to services for underserved residents in the neighborhood.

Continuing to provide general meetings, but alter them to quarterly events with better content; continuing the special events the

community has come to expect, like the summer concert series, but put emphasis on coordinating others like the yard sale and neighborhood clean-up; strengthening the committee structure and continuing to support these important administrative functions; continuing to explore potential for the association to provide more community service opportunities in the neighborhood.

From here we will develop an action plan based on the priorities of the Board. For the full text of the Summary Report of this retreat, send a request to contactcnaboard@yahoo.com and we will be happy to provide it.



The CNA Board at the Saturday morning retreat.

Rent the Neighborhood Community Room

The Concordia Neighborhood Association rents the Community Room to non-profit organizations for \$15 per hour. For all other uses the hourly rate is \$25.00.

To reserve the Kennedy School Community room for events and meetings, please e-mail:

cnaroomkennedy@gmail.com

Proceeds from the room rental help fund Concordia Neighborhood Association events.

www.concordiapdx.org

Visit the website of the Concordia Neighborhood Association for:

- Community News
- Neighborhood Information
- Events
- Services
- Blog

www.concordiapdx.org

The Concordia Neighborhood Association has a nominating committee to fill vacancies on the Board.

Interested residents can submit names to:

contactcnaboard@yahoo.com

The Latest on the Columbia River Crossing

Why are politicians and candidates endorsing this boondoggle?

by George Bruender

Concordia Neighborhood Association has been involved for some time in an effort to review plans for the Columbia River Crossing (CRC), particularly since we have become aware of possible negative impacts on our own and on other northeast neighborhoods. With CRC's own projection of a 18% increase in traffic on the proposed new bridge over the Columbia River and a similar increase in air pollution of our community's already "red alert" air quality rating, the 5th highest in the nation, we at CNA and others have asked for planners to stop and study alternatives.

We started with a public forum in March at Concordia University attended by elected public officials and 175 residents. Most recently our association, as part of the Northeast Coalition of Neighborhoods, has joined with the Coalition for a Livable Future (CLF) and gone to the State of Oregon's Land Use Board of Appeals (LUBA) to challenge the legality of a recent approval by Metro government of current CRC plans. This is an important step because it is probably the first suit against the multi-billion dollar project, but also because we represent citizens, the people who live here, and not some vested interests.

The Portland City Council, the legislatures of Oregon and Washington, and Metro, among others, must give approval, for the current version of the CRC to get started. Metro voted to give the CRC permission to short-cut the land use process laws already established by state and local rules, declaring that the bridge is basically a light rail bridge project and thus not subject to those processes. We counter that only 25% of their plans are light rail; the bulk of the money will go to expanding the highway, build the bridge and add new access ramps. It's obviously a massive highway building project. Besides Metro can't give this type of short cut on a project that extends outside its boundaries, which this one does.

We do know that traffic congestion between our two states must be dealt with, but we also know from studies that widening freeways leads to more traffic and more pollution and causes bottlenecks elsewhere when the rest of the highway resumes its fewer lanes. Our new bottleneck will be at the Rose Quarter where I-5 and I-84 meet with city generated commuter traffic. There won't be the massive federal and state funds so easily available to fix that mess. CRC has already spent \$150 million on planning their current configuration,

but it makes little sense to continue on to spend billions of our dollars on an ineffective project.

That's why NECN and CFL, backed by the pro bono legal services of former Oregon state senator Bob Shoemaker, went to Salem to plead our case. We will know the results on Oct. 28th, too late to meet this CNews deadline. If we lose, we will most likely carry our challenge to the Oregon Supreme Court. If we win, there are still other battles to be fought on this project. For example, CRC has recently issued an Environmental Impact Statement, well over 1300 pages long, assessing the environmental effects of their highway bridge building, giving neighbors and concerned citizens only 30 days to read it and to respond. On first glance the EIS doesn't look like it even takes into consideration the potential pollution and disruption impacts of the 4-5 year construction phase.

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So the EIS may lead to more court challenges. If you would like to get involved in any part of this effort, we'd like you to join us. Contact: George Bruender: 287-4787, (gbruender@comcast.net).

George is the Chair of the Land use Committee

City Senior Planner Replies to Cell Tower Questions

[We] ...are talking about the property at 4423 NE Prescott [sic. correct address is on NE 31st -ed.], which is currently under a stop work order for installation of equipment on private property that support antennas to be installed on a utility pole in the public right of way.

These applications [when equipment is located on adjacent private property] will trigger a Type I Conditional Use land use review if the adjacent property is zoned residential, or the equipment itself is located within 50 feet of residential zoning. In this particular situation, a Type I Conditional Use review was conducted by the City of Portland, case file LU 07-176027 CU. That review approved the equipment in that location, subject to conditions of approval. I have attached the decision to this email for you.

I am not sure how long you have been working with land use reviews for the neighborhood association, but in my experience Concordia is an active and knowledgeable association. I suspect you have a bit of experience

and will look at the decision and ask a couple of questions, because this situation is unusual, so forgive

"The land use review falls into the exception, so the approval remains in effect, even though it is more than 3 years from the effective date."

me for anticipating at least a couple of potential follow up questions in advance.

Generally, Conditional Use land use approvals run for three years from the effective date, and expire if the approved activity has not commenced, or if building permit plans for the approved development have not been submitted within 3 years of the effective date of the decision.

However, because of the extremely sour economy resulting from the real estate bubble bursting, the City Council adopted a minor amendment

to the zoning code, which can be found at 33.730.130, Expiration of an Approval; see -130.B.1.b, wherein the council extended the life of approvals issued between May 27, 2006 and December 31, 2008 will expire on June 30, 2012 unless the approved activity has started or building permits have not been issued.

The attached land use review falls into the exception, so the approval remains in effect, even though it is more than 3 years from the effective date.

However, the zoning code generally does not apply in the public rights of way except under a few very narrow circumstances [typically involving environmental or design overlay zones]. The antennas proposed to be mounted on the utility pole falls under the authority of a franchise management program handled by the Office for Community Technology, which you may know better as the former Cable Office. The wireless in the rights of way program is managed by Jennifer Li, I have

cc'd her on this email and you can contact her directly at 503 823 5359. Wireless facilities have to comply with additional requirements besides zoning regulations when they are located in the public rights of way. It is my understanding that T-Mobile, the wireless service provider is required to hold a neighborhood meeting to discuss this proposal as part of the Community Technology Office's requirements, and that meeting is scheduled to be held the evening of October 26. Jennifer can provide you with additional details regarding the wireless in the right of way program.

Should you have any additional follow-up questions regarding zoning and or the decision I've attached for you, feel free to email me back. Thanks so much for checking in with me.

Sylvia Cate, Senior Planner Land Use Services, Bureau of Development Services

Okay, so that was just a bit wonkish. More available on the website, concordiapdx.org -editor

CONCORDIA UNIVERSITY Men's & Women's Basketball
2011-2012 HOME GAMES SCHEDULE

DAY	DATE	OPPONENT	TIME	
TUE	NOV 1	MULTNOMAH UNIVERSITY	7:30 PM	Men's Game
THU	NOV 10	NEW HOPE CHRISTIAN COLLEGE	7:30 PM	Men's Game
SAT	NOV 12	HOLY NAMES UNIVERSITY	7:00 PM	Women's Game
SUN	NOV 13	NORTHWEST INDIAN COLLEGE	1:00 PM	Women's Game
THU	NOV 17	CAL STATE UNIVERSITY SAN MARCOS	7:00 PM	Women's Game
FRI	NOV 18	GEORGE FOX UNIVERSITY	7:30 PM	Men's Game
FRI	DEC 2	* EASTERN OREGON UNIVERSITY	5:30PM/7:30 PM	Doubleheader
SAT	DEC 3	* THE COLLEGE OF IDAHO	5:30PM/7:30 PM	Doubleheader
FRI	DEC 9	PORTLAND BIBLE COLLEGE	7:30 PM	Men's Game
SAT	DEC 10	PACIFIC LUTHERAN UNIVERSITY	7:00 PM	Women's Game
SAT	DEC 17	LINFIELD COLLEGE	7:30 PM	Men's Game
SUN	DEC 18	DAVENPORT UNIVERSITY	1:00 PM	Women's Game
TUE	DEC 27	GEORGE FOX UNIVERSITY	7:00 PM	Women's Game
FRI	JAN 6	* THE EVERGREEN STATE COLLEGE	5:30PM/7:30 PM	Doubleheader
SAT	JAN 7	* NORTHWEST UNIVERSITY	5:30PM/7:30 PM	Doubleheader
SAT	JAN 21	* WARNER PACIFIC COLLEGE	5:30PM/7:30 PM	Doubleheader
FRI	JAN 27	* OREGON INSTITUTE OF TECHNOLOGY	5:30PM/7:30 PM	Doubleheader
SAT	JAN 28	* SOUTHERN OREGON UNIVERSITY	5:30PM/7:30 PM	Doubleheader
FRI	FEB 10	* CORBAN UNIVERSITY	5:30PM/7:30 PM	Doubleheader
SAT	FEB 11	* NORTHWEST CHRISTIAN UNIVERSITY	5:30PM/7:30 PM	Doubleheader

* conference games Men's Playoffs: Feb. 22,25,28 Women's Playoffs: Feb 21,24,27

Free Admission for Concordia Neighborhood Residents (2 Adults, 2 Children) on Dec. 17, 18, and Sat. Jan. 7

Follow Concordia Cavaliers Basketball online at www.gocugo.com

Become a fan on Facebook www.facebook.com/cuportlandhoops

Men's Head Coach: Brad Barbarick
Women's Head Coach: Aaron Christian

Community Forum on the Concordia University & Community Athletic Complex

When: Wednesday, Nov. 2nd, 7:00 p.m.

Where: Concordia University George R. White Library & Learning Center, Room 310

Address: 2800 NE Liberty St., Portland 97211

Free & Open to the Public

For questions or more information call: 503-493-6532 or visit: www.bringtheteamshome.com

Residents of the Concordia Neighborhood and NE Portland communities are invited to join Concordia University representatives to discuss finishing touches on the new athletic complex, tour the complex and contribute input to the use of this new community resource following its anticipated late fall opening.

*It's called Community Athletic Complex
for a reason!*

CNA HOLIDAY PARTY

Tuesday, Dec. 13th,

6:00-8:30 p.m.

Location: Concordia University's Student Event & Activity Center, Hagen Campus Center

The Concordia Neighborhood Association's ANNUAL HOLIDAY PARTY is just around the corner, so

please mark your calendars! Once again, Concordia University has generously donated their Student Event and Activity Center (SEAC) for our event, which is located on the 2nd floor of the Hagen Campus Center. All residents and business owners of the Concordia Neighborhood are invited to the free holiday festivities.

For this year's Holiday Party, the Social Committee has teamed up with the Wellness Committee to provide you with free food, nonalcoholic beverages, live music, and a Wellness Fair!

The Wellness Fair will focus on health services for families and seniors, housing, food and nutrition, and community wellness activities.

The holiday party is a great way to meet new neighbors and mix and mingle with friends, old and new, in a festive and family-friendly atmosphere. This is a fun end-of-the-year event.

All of our great parties are organized by Katie Ugolini, Chair of the Social Committee.

Faubion Bike Club Takes Geezer For a Ride

"Are you here to learn how to ride a bike?" A teacher from about my same era looked me over and decided that I was just big for my age, because he opened the door and I walked my bike into the Faubion School gym on a school day afternoon.

Fifteen students, future bicycle owners, full of infectious energy were bouncing off of the walls and floors and each other as the three Bike Club teachers attempted the impossible, as least to my eye. Youth is not wasted on the youth, to twist a well-known saying. These kids were fully embracing their enthusiasm.

Drawing on an unending well of patience, the teachers got the kids into two ragged lines and started a relay race called Bike Anatomy across one half of the basketball court. The goal was to touch a certain part on a bicycle and run back to tag your teammate.

In the fifteen seconds it took for the kids to catch their breath, the bike helmets were passed out and slowly the group focused on getting ready for their first ride off campus in this, their third class of twelve in the fall session of Bike Club.

Faubion's bike club is just one of



Faubion Bike Club, self named the Bulldog Bikers, at Alberta Park.

Photographs: CNews

many after-school activities offered by the SUN Community School program throughout Portland Public Schools. For more information their website is <http://web.multco.us/sun>.

With their helmets adjusted and secure, they helped each other with the personal safety check before wheeling their bikes into a circle for the bike safety check. Then it was out the door, free at last!

Although the bikes are re-furbished donations from the Community Cycling Center, they looked brand

new and shiny. When the students have completed the twelve sessions they will own, at no cost to them, a helmet, a bike with all necessary lights and reflectors, a tire patch kit and a lock. And let's not forget, they will also possess the skills to ride safely and maintain their bikes.

With my own safety checks completed, I joined the line of riders as we headed south to NE 31st through the school parking lot and the first stop sign. It takes a while for fifteen bike riders to complete the stop and proceed, but we are on

by Jeff Hilber



Bike Club instructors (L to R) Josh, Lara and volunteer Kerri.

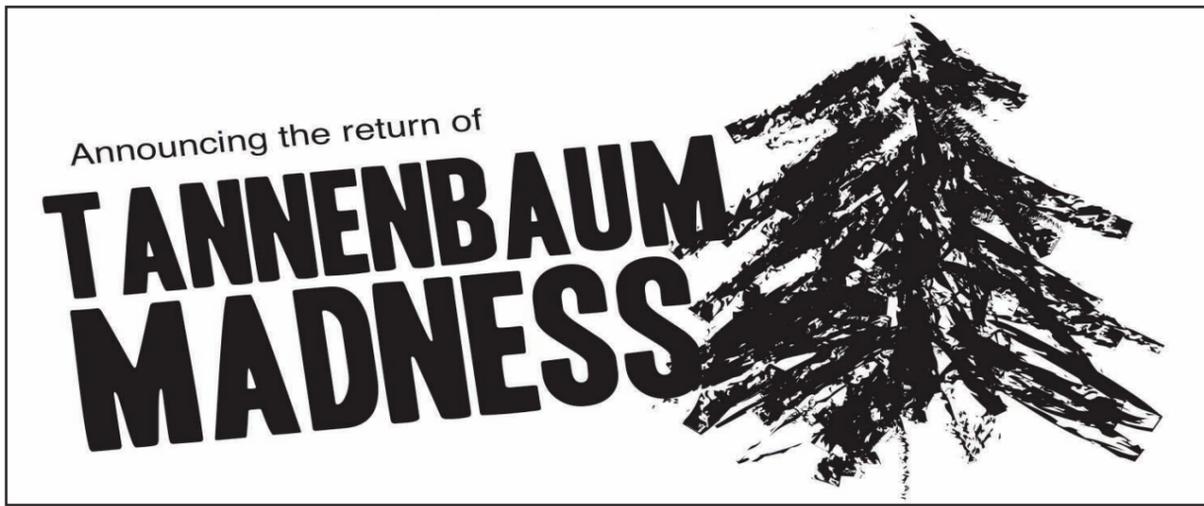
our way eventually to Alberta Park.

Every intersection has its own set of rules: Who has the right of way, which hand signal to use, and where to stop. Each rider gets personal instruction.

Thirteen intersections later we see the park where the teachers give the students some free-range riding time. Then we follow our route through the neighborhood back to the school. By now even the timid riders are full of confidence in their riding.

One thing I learned on this ride is that twenty-six intersections times fifteen kids is a lot of personal instruction in one afternoon.

Jeff has been falling off a bike since he was 5 years old.



Tannenbaum Madness Returns to Alberta St.

Tannenbaum Madness invites you to bundle up and take a stroll along NE Alberta Street this holiday season. Businesses up and down Alberta Street are creating a walking tour of whimsical, artistic, and unique holiday trees that you won't want to miss!

Tannenbaum Madness begins on Friday, November 25th from 4-8 p.m. The street will be bopping with festive lights, gallery openings, restaurants serving some of the best food in town, and a little of the usual madness.

You can help make it even more festive; we are actively looking for carolers, wacky Santas, mischievous elves and more.

Additionally, please support your local independent businesses not only during the holidays, but every day. Many retail locations on Alberta Street will be open until 8 p.m. on Fridays in December for the second annual Shop Local Shop Late on Alberta Street.

A complete list of participating businesses, as well as where to find printed Tannenbaum Madness

directories will be available on the Alberta Main Street website (albertamainst.org) in early November. If you would like to join the fun on the opening event, e-mail Alberta Main Street info@albertamainst.org or call 503 683-3252.

Tannenbaum Madness will run Friday, November 25 through Sunday, January 1st, 2012.

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A Poet? Let everyone know it. Submit your poems for the December CNews issue. Deadline is November 15.
concordianews@yahoo.com Please type 'poem' in the subject line.

Crossword by Chris Yensan

Holiday Fun

Puzzles are produced exclusively for CNews by our neighbor Chris.

Get all your relatives together, stuff yourself full of turkey and cranberry sauce, and pass out on the couch in front of the TV. If you're lucky, no one will storm out in a huff before the pie is served . . .

- ACROSS**
- Cable to keep your gate from drooping
 - Dog registry org.
 - Beverage second only to water in popularity worldwide
 - Southwestern US geographical feature
 - Plato's P
 - Scott Joplin tune?
 - Of no importance
 - Light knock
 - Is, for a group
 - Indigo source
 - Church recess
 - Start of a Kevin James quote
 - Balloon gas
 - Stimulant found in 11A
 - Old Testament prophet
 - Israeli airline
 - Daughter's counterpart
 - Vietnamese New Year
 - ___ Johansson (placekicker with record for longest field goal ever kicked)
 - ___ Gasteyer (former SNL player)
 - Edinburgh legislative members (Abbr.)
 - One searching for the right word?
 - Fixed-income class
 - Variety of 11A
 - Part 2 of quote
 - Part 3 of quote
 - Pakistan's national language
 - ___ Wan Kenobi
 - Bear in Barcelona
 - End of quote
 - ___ choy
 - Lion's hangout
 - City in Tennessee or Ancient Egypt
 - Extra wide shoe size
 - Shape of some curves

71. "___ be serious!"
- DOWN**
- Fitting
 - British rail co., 1850-1922
 - Mai ___
 - Public Service ntwk. in UK
 - Whale variety
 - Auto grp.
 - Soviet labor camps
 - 2001 Journey album
 - Wiz ___ (rapper)
 - Take discreetly
 - The Parent ___
 - "I'm all ___!"
 - James ___ (author)
 - Mediocre compliment
 - A long time
 - Eta-iota connectors
 - Capital of Montana
 - Every Day Is The Last Day author
 - The CIA of South Korea
 - Zard-___ (Central Iranian mountain)
 - SW PDX college prep school
 - Home of Ravens and Eagles
 - Crustaceaens with 7 pairs of legs
 - Prayer repeated over nine days
 - Get-up-and-go
 - Mr.'s match
 - Cranial cavities?
 - Matron's mates
 - Danish district?
 - Sticky substance
 - Kanga's kid
 - Nowhere near new
 - "Ouch!" in Orly
 - Can precede bear or worm
 - Rocky Mountain horses trace their

- ancestry to this famous sire
- Woodwind
- City commuter option
- Poem of praise
- Douglas ___ (Boston Symphony Orchestra trombonist)
- Microcontroller for power functions in a CPU
- Napa Valley airport code
- Canada's ice hockey org.
- Precedes can or horn
- Extremely fast passenger plane

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BORDERLINE FUNNY

Taking the edge off of humor.

It's the stories behind these headlines we'd like to see:

Police Begin Campaign To Run Down Jaywalkers

Panda Mating Fails; Veterinarian Takes Over

War Dims Hope For Peace

Red Tape Holds Up New Bridges

New Study of Obesity Looks For Larger Test Group

Kids Make Nutritious Snacks

Typhoon Rips Through Cemetery; Hundreds Dead

Man Struck By Lightning: Faces Battery Charge

Juvenile Court To Try Shooting Defendant

Wellness**Got Apples?**

by Jill Muhm-Glover

One of the coolest parts of living in Portland is that every fall we get to delight in amazingly sweet, local, delicious apples that have just been harvested on the farms near by.

And beyond being tasty, they pack quite a nutritional punch as well. Did you know that one apple provides as much dietary fiber as a bowl of bran cereal? That's equal to one fifth of the recommended daily intake of fiber!

Apples are loaded with pectin, a soluble fiber that aids digestion and may help reduce cancer and heart disease. The complex carbohydrates in apples give your body a longer, more even energy boost compared to high-sugar snacks. Snacking on apples can keep you going throughout the day.

Apples provide boron, an essential trace element that helps harden bones. Strong bones help prevent osteoporosis.

So enjoy apples and let me know if you try the recipe below and what you think! It might be a great addition to your Thanksgiving Feast!

Crowd Pleasing Apple Crisp*Ingredients:*

- 2 cups gluten free flour (I use Bobs Red Mill Almond Flour)
- ½ teaspoon sea salt
- 1 teaspoon cinnamon
- ½ teaspoon nutmeg
- ⅓ cup grapeseed oil
- ¼ cup agave nectar
- 1 tablespoon vanilla extract
- 5 medium apples, peeled,

sliced, then chopped in half width-wise

Directions:

Preheat oven to 350°

In a large bowl, combine almond flour, salt, cinnamon and nutmeg

In a smaller bowl, combine oil, agave and vanilla Stir wet ingredients into the large bowl with dry ingredients

Place apples in a 7x11 inch Pyrex baking dish (a 2 quart Pyrex baking dish or an 8x8 inch Pyrex baking dish)

Crumble topping over the apples Cover and bake at 350° for 50 minutes on low rack



Jill visiting an orchard in Hood River where she eats apples right from the tree.

Photograph: Jill Muhm-Glover

When apples are soft and their juices bubble, remove cover and bake 10 more minutes to brown crisp. Serve warm

After you try it, please send me a note to tell me what you thought! healthymuhm@gmail.com

Jill chair of the Wellness Committee.

Neighbors Spoke and We Listened

by Signe Todd

Last July members of the Wellness committee took to the streets to ask neighbors which health and wellness activities would be of interest to them. We spoke with many of you attending Last Thursday, Alberta Street Fair, farmers' markets, and the Concordia neighborhood general meetings.

We successfully collected 46 completed surveys. Using neighborhood zip codes, 97211,

97212, and 97218 as our selection criteria, 29 responses were from Concordia neighborhood residents.

In our survey we asked each participant to select Wellness related activities of interest. 75% of those who responded liked the following activities:

- Public presentations about food, cooking, and nutrition
- Learn more about local wellness

services and business for families

- Continue to read about wellness tips in the Concordia Newspaper
- Have a neighborhood Wellness fair

Others commented they would like to learn more about alternative healthcare options and how to evaluate healthcare providers.

We would like to thank everyone who took the time to take our survey. Your responses have helped

the committee gauge neighborhood interest in suggested community wellness activities. We encourage others who may not have had a chance to answer our survey to complete one online: <http://tinyurl.com/cna-wellness> or contact us at cna.wellness@gmail.com.

Even better, visit us at one of our meetings. We meet every second Wednesday of the month 7 p.m. at Caffè Vita, 2909 NE Alberta Street.

Success at the Next Level - Oregon Young Scholars Program

by Pharoah Fluker

Before the end of my 8th grade promotion, I was recruited to participate in the Oregon Young Scholars Program (OYSP) a program through the University of Oregon Office of Institutional Equity and Diversity.

The OYS Program Founder and Director, Dr Carla Gary had a dream to give youth of color and low-income students an opportunity to go to college, so she took the initiative to garner support to start the program.

Beyond achieving a college degree, one of the goals is to "prepare young people to be scholars, social justice advocates on behalf of

neighborhoods, as well as civic and global leaders."

This past summer was my second year participating in the summer on campus programming, learning as much as I could about what it takes to successfully enter and graduate from college.

Each summer I have lived in the dorms (supervised by Resident Advisors), ate in the campus cafeteria, and attended classes (i.e., math, writing, business and law) taught by some of the best University of Oregon instructors.

As with my first year on campus, I had a great time meeting with,

working with and just hanging out with other OYSs from Eugene and Portland and who are beautifully diverse in terms of their ethnic background.

This summer we launched our first talent show and I laughed a lot. Dr Gary and some of the other staff joined in with another OYS who was performing as Lady Gaga. It was crazy fun!

During the fall, some of the things I have to do are: turn in monthly reports about my activities, turn in my grades, perform community service and attend monthly Research Dinners.

I really like the OYS program because it not only prepares me for college but it gives me a real sense of campus life and I meet so many people; I can't forget about the staff who are there to help tackle other issues that I may encounter in my life.

For those youth who may not know that college is possible, check out the Oregon Young Scholars Program at: <http://oied.uoregon.edu/page/Oregon-young-scholars-program>.

GO DUCKS!

Pharoah is a Concordia neighborhood student attending Benson High School.

42nd Avenue

Neighborhood Finally Gets Hearing on Scrap Metal Eyesore

by Bob Granger

Some of you are aware that there was a hearing at the City of Portland Bureau of Development Services regarding the zoning violations associated with Portland Metals on NE 42nd and Emerson. When the hearing started, the owner of Portland Metals, Jack Davis, asked what he should do if he thinks he needs legal advice during the proceedings. The hearing officer said that if he thinks he'll need legal advice, he should get an attorney involved right from the beginning

of the hearing. Davis said he'd like to get an attorney. The hearing officer then postponed the hearing for three weeks in order to give the PM owner time to get legal counsel.

Sooo, we'll try again at 9 a.m. on November 2nd. And we wonder why these issues take so long to get resolved! I think it's called 'due process'. The fines for these zoning violations cost the owner \$1,282 each month with over \$5,000 accruing so far.

There is no public testimony at this type of hearing. However, it is open to the public for those of you that are interested in hearing the case. I'm now thinking that it might be helpful to have broader neighborhood representation in the audience on 11/2/11. The hearing is in Room 3000, 3rd floor at 1900 SW 4th Avenue.

City Recognizes 42nd Avenue As Top Priority

Mayor Sam Adams and Multnomah County Chair Jeff Cogen announced new initiatives that will infuse resources into under served Portland-area neighborhood business districts, boosting small business growth and neighborhood prosperity in priority areas of east Portland and Multnomah County. Cogen stated, "We're committed to an equitable future for all Portland residents. To do that, we must change the way we invest, and the way we work with each other."

Chair Cogen unveiled a micro loan program. The micro lending

program, which will be accessible county wide, will help businesses get access to the capital they need to succeed.

"The poor economy continues to hit everyone in our community pretty hard, especially small and emerging businesses," said Cogen at the announcement event.

In their joint press release Mayor Adams wrote: "The initiative, which I originally outlined in my February 2011 State of the City speech is the Neighborhood Prosperity Initiative (NPI). The NPI will focus investments in priority

neighborhoods to boost neighborhood business growth, provide economic development opportunities, and improve community-wide prosperity. This initiative also implements key objectives outlined in the Portland Plan, the City's strategy for a more prosperous, healthy, equitable Portland.

"Successful neighborhood businesses are the core of vibrant neighborhoods.

"Therefore, the NPI will focus investments in priority neighborhoods to boost neighborhood

business growth, provide economic development opportunities and improve community-wide prosperity. Six proposed areas – NE 42nd Avenue; Cully Boulevard; Parkrose; Rosewood; SE Division Street from 124th to 148th Avenue; and SE Division and 82nd Avenue – will use public and private funding for a continuum of services that position businesses for economic success. The final selection of areas in January 2012 will be based on milestones met, community interest, and commitment.

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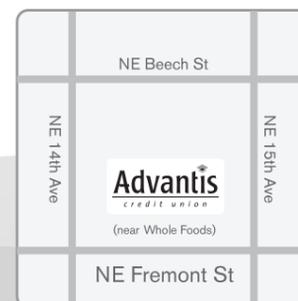
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Last Thursday

www.lastthursdayonalberta.com

Don't let the weather or the vehicles on the street mislead you into thinking that Last Thursday only happens during the summer.

If the large crowds of the warm months are not for you, then enjoy a more relaxed Last Thursday when Alberta Street is not closed to traffic. You will find about half of the vendors and one-third the crowd.

The bars, restaurants and carts still do a lively business and there is no shortage of performers or strolling visitors in costume.

Friends of Last Thursday, a neighborhood group that was formed to address neighborhood complaints that surfaced during the event, has twenty ambassadors on the street that are being trained to take over another function currently contracted by the city, the Coast to Coast Event staff, who supplement the Portland Police bicycle squad.

The policies implemented by Friends of Last Thursday this year have reduced the complaints in public drunkenness, illegal parking, open containers of alcohol, and noise to almost zero.

If you would like to volunteer:

www.lastthursdayonalberta.com

Two Sides to Every Broken Window

An interview with neighbor Paul Lyons, dog owner.

The issues surrounding the use of the off leash area in Fernhill Park while recognized, have yet to be resolved. In our past two issues, Concordia News has presented the Portland Parks and Recreation Petiquette 101 and some insightful information from a neighborhood dog trainer. This interview resulted from neighbors' passionate and at times forceful quizzing of Ali Ryan, the Parks and Recreation manager of the off leash program citywide, during a Concordia neighborhood meeting.

Paul Lyons is a daily park visitor, with his dog Augie, of both Wilshire and Fernhill Parks as are many of his neighbors.

Paul told us, "I have been "elected" by my dog-walking neighbors to be a spokesman for the dog owners' side. I have spoken with Ali, who is not a dog owner, a couple of times. I asked for her to be an advocate for the dog owners."

Everyone, including the Concordia Neighborhood Association, -the four acre OLA inside Fernhill Park is in their neighborhood- agrees that the existing signage is not sufficient to educate visitors about where the OLA is located and does not clearly

define the borders.

Paul continues, "If everyone knew the rules, even some of the repeat offenders might understand how to use this area.

"Many do obey the rules, but one older lady received two \$150 fines. Because she couldn't pay, the city put her on 6 months probation, with another violation possibly resulting in a ban from using the OLA. This is too heavy handed by Parks and Rec."

One incident that sparked some recent animosity occurred when two high schools from far outside of the neighborhood used the Park for a cross-country track meet without any advanced notice for the regular users of the Park. Their teams ran through the OLA portion and excited the dogs. There are reports of ten runners tripped up by the dogs and an alleged retaliation by at least one runner on a dog.

Speaking to this incident Paul says, "The city gets some money from Central Catholic High School for use of the park for this event. Unfortunately this money talks louder than the neighbors who use the designated OLA; leading to a conflict of use. I called both schools (the other is Lake Oswego High School) directly. And I have found the City to be a brick wall sometimes in the discussion." This follow up with the schools

resulted in no response or a perceived angry response from the coaches, both on site during the event and in subsequent phones calls.

Tolerances are apparently thin on both sides.

Portland Parks and Recreation could provide sufficient signage and location of boundaries prior to the issuance of citations. A partial fence about 4 feet tall would help, similar to the one in Wilshire Park. Without containing the OLA, a length of fence deters dogs from leaving the OLA. Some water fountains and trash receptacles would be welcome, practical additions. Incorporating a flat area into the OLA would provide a safer place to stand when the ground is muddy. An idea that surfaced during this interview: installing composting dog poop tanks. (Porta-Puppies?)

"The city has a narrow vision of what is acceptable without seeming to understand dog behavior. If the City is taking these kinds of actions -resulting in citations of \$150- they should get some dog advisors," Paul suggests.

A "Friends of Fernhill Dog Park" Facebook page has been started by Paul's neighbors to discuss the issue in a positive way. Communications from the City are posted there.

A letter from the neighborhood association to the City is on page 9.

Guide Awards Top Concordia Restaurants

In the recent WWeek 2011 Top 100 Restaurants in Portland Guide, eight Concordia neighborhood restaurants are listed:

- Autentica** - 5507 NE 30th Av. - 503 287-7555
- Beast** - 5425 NE 30th Av. - 503 841-6968
- Ciao Vito** - 2203 NE Alberta St. - 503 282-5522
- Cocotte** - 2930 NE Killingsworth St. - 503 227-2669
- Del Inti** - 2315 NE Alberta St. - 503 288-8191
- DOC** - 5519 NE 30th Av. - 503 946-8592
- Natural Selection** - 3033 NE Alberta St. - 503 288-5883, restaurant of the year runner up!
- Yakusa** - 5411 NE 30th Av. - 503 450-0893

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‡ In Texas, the Program is underwritten by Southern County Mutual Insurance Company, through Hartford of Texas General Agency, Inc. Hartford Fire Insurance Company and its affiliates are not financially responsible for insurance products underwritten and issued by Southern County Mutual Insurance Company.

Solution to November crossword

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Artist Spotlight Flight 64

www.flight64.org

Flight 64, a co-op, non-profit print studio, is located, some may say hidden, in the courtyard behind Bella Faccia Pizza, one half block off of NE Alberta St and 30th Avenue.

Flight 64 Third Annual Group Print Show will be December 1 at Backspace, 115 NW 15th in Portland.

Flight 64 was started in 2003 by two alumni of Pacific Northwest College of Art, Jennifer Cox and Wilder Schmaltz, with nothing more than a Parks lithography press and a gleam in their eye. Through grass roots fundraising enough money came in to file for non-profit status and pay for a studio. Finding this space just off NE Alberta Street to house the press, they then raised enough money to purchase a Charles brand etching press with a couple of other artists. They all split the rent of the new studio and successfully obtained the non-profit status that would allow them to offer workshops, classes, a working studio and an art gallery.

It is a member run organization with no real boss. Everybody involved shares the cost and volunteers time for running and maintaining the space. In return the members all have the opportunity to be in the gallery shows, have a space in the studio and use the presses.

We interviewed Heather McLaughlin, Executive director.

How long have you been in this neighborhood?

Flight 64 moved into this space eight years ago. I took over from Jennifer as executive director in 2008 after graduating from PNCA. We get a lot of support from the print community and professors at PNCA.

What are the membership policies?

We need 18 members to break even

on the overhead. I have been working to get the word out and to put the studio more in the public eye. Our rent is cheap, but it does go up every year. Membership fees are \$80 a year including volunteer hours. You need to be able to operate your choice of equipment safely and independently. We have 24-hour access with no supervision. We have insurance, but ask our members to sign a waiver that they are fully responsible for any damage to the equipment. We are not looking only for really good art, we want to provide a place for an artist to work and develop.

Which galleries have hosted Flight 64 artists?

The best thing we are doing is having shows in outside galleries. The more deadlines our artists have with demand for their work, the more work we make. Our third annual show will be on First Thursday, December 1 at Backspace, 115 NW 15th. This show allows member artists to sell their art before the holidays. We have had group shows at the former Concordia Coffee House (now Caffé Vita); a collaborative show at False Front Studio, called *Body Parts*, 4518 NE 32nd Ave.; multiple benefits at Holocene, 1001 SE Morrison, they have been very supportive; Weiden and Kennedy, a great place to show downtown; PCC Rockcreek with their printmaking department in a show called *Community* and Disjecta has offered the use of their space.

What changes have been made in the past three years?

When I first started here, there was no board or set policies. I have taught myself the job. From working at PNCA, I know a lot of the print makers and teachers in town. The most successful print studio is the Lower East Side Printshop in New York. Another non-profit artist run studio, I look at their programing and annual reports to get ideas and track our progress. We held a silent action in August during Last Thursday

that made the studio some money; we have a need for a stomp metal shear. We have an agreement with PNCA to use their stomp shear for cutting metal sheets, but would like to have our own in this studio.

Our bookkeeper works for other non-profits and helps with the finances.

One organization I look up to is Just Seeds, www.justseeds.org, a radical artist collective. They print Peoples' History posters, along with politically and environmentally charged work. They are a good representation of the type of artists that are members here. (Laughing) They could all mutiny and kick me out.

We are all offering something different with our art and how we produce it. It is very important that we are in this neighborhood. We sell at Last Thursday April through October.

How many members are from or close to the neighborhood?

Only two come from farther away. It is easier to use this studio if you live close to it. Only two members have cars. Our studio tech is usually the driver for the studio.

If you Google Portland print making studio you get us!

President: Roger Peet
Executive Director: Heather McLaughlin

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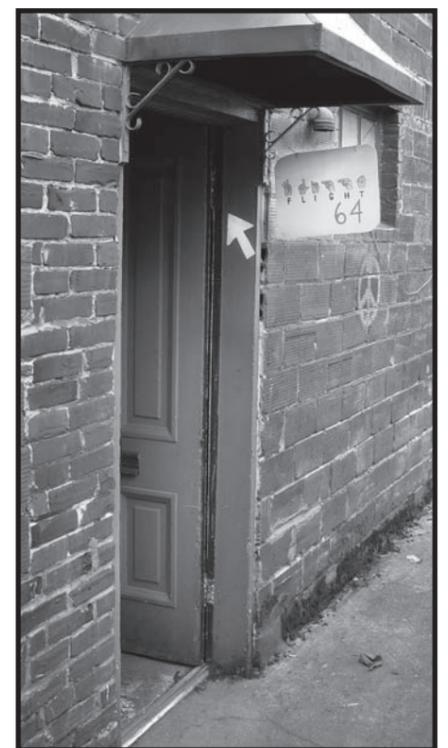
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Studio Tech, Garret Price, has been the go-to guy around the studio for three years and is also currently a Board member. He is pictured next to a Charles Brand etching press. Behind and against the wall is a Griffin lithography press.

Photographs: CNews



The courtyard entrance to Flight 64's print studio.

Concordia Leads City Into Action at Fernhill Park

A letter sent Oct. 17, 2011

[To:] Shawn Rogers, Customer Service Center Manager, Portland Parks and Recreation

The Concordia Neighborhood Association continues to have much concern regarding the issues created by the off leash dog area at Fernhill Park. As you will recall, we devoted our last general meeting (October 1st) to the off leash area and Ali Ryan was kind enough to come and talk with us about the Petiquette program and response to this effort. At this

same meeting, a few dog owners also came to discuss a conflict that recently occurred between the cross country teams and dogs in the park. We also met with Ali, Sue Glenn and Peggy Glasscock at the park this summer to walk the area and look at the situation.

We have concluded - and comments we get from both park users and dog owners agree - that it is difficult to negotiate the park in the absence of clear directional information on the location of exactly where dogs can

be off leash and where they need to be on leash.

We believe that education (such as the Petiquette Program) is a good way to inform both dog owners and other users in the park and should be continued. It is clear to many of us that better, permanent, well placed signage and a much clearer delineation of the off leash area itself would go a long way to creating a more pleasant park experience for all involved.

We, therefore, request that Parks join us in devising and implementing a proactive program to improve the signage regarding the off leash area at Fernhill Park. To that end, we have set aside some funding to be used as a match to help this initiative along.

Please pass this letter on to whomever you believe can best respond to our request. We would be most appreciative of a response and look forward to a continued discussion.

The November Garden

by Suzinn Weiss

As cooler, wetter days draw near you might want to think about taking a garden related class or workshop. There are lots of options offered around town, here is a sampling:

This is fun & close by; The Portland Fruit Tree Project will be teaching people how to make their own fruit leather and will cover the basics of food dehydration. Class is at 1912 NE Killingsworth St. To register go to:

<https://pftp.civiserver.com/civicrm/event/info?reset=1&id=333>

East Multnomah Soil & Water Conservation District is offering 4 hour workshops in Naturescaping Basics and Rain Gardens during November & December. Check out their website for more details: <http://www.emswcd.org/component/registrationpro/events>

Metro also has a great list of events including Family Fun with Wormbins: <http://www.oregonmetro.gov/index.cfm/go/by.web/id=24309>

For your artistic yearnings, Garden Fever is offering a hands-on workshop with Linda Beutler (who wrote the wonderful "Garden to Vase") on [Saturday] Nov. 19th.

http://www.gardenfever.com/Garden_Fever!/EVENTS_%26_CLASSES.html for details & registration.

Growing Gardens is offering a "Gardening Basics Class; Learn to plan, implement and care for a healthy, affordable, and sustainable veggie garden. Part I: Thursday, November 17, 6:00pm-8:00pm & Part II: Saturday, November 19, 10:00am-12:00pm

<http://www.growing-gardens.org/portland-gardening-resources/workshops.php> - workshops for details.

It's also a great time to browse seed

catalogs, plan next year's garden and try growing something new. Check out Territorial Seed (located in Cottage Grove): <http://www.territorialseed.com/>

Defrost your winter birdbaths and keep them filled; birds need clean feathers to stay warm.

Garden Chores:

Mow over fallen leaves to shred them and add to your compost or use as mulch on garden beds. You can also put leaves in flexible bags and tuck them around potted plant during frosty nights. This protects both the plant & the container. If you have plants in containers spread around your garden you should gather them together against a wall or fence to protect them from frost.

Clean up dormant or harvested veggie beds and add new compost or a mulch with compost, straw, leaves, grass clippings or green manures such as crimson clover or fava beans.

Plant starts of winter greens such as kale, collards, chard, and mustard. If you use a cold frame you can also eat fresh spinach & lettuce all winter long. Please note it's now too chilly to start plants from seed but winter greens can be purchased now at New Seasons, Buffalo Gardens & Garden Fever.

For winter color:

Pull up dying summer flowering annuals and plant winter annuals such as ornamental cabbage & kale as well as winter flowering perennial violas, pansies & primroses.

If you need inspiration check out our local nurseries to see what they have in their displays for fall & winter.

Plant flowering bulbs such as tulips, daffodils, alliums. It's never too late; I've planted sprouted tulip bulbs in March! But it's best to plant them by November.

If you have fruit trees now is the time to apply the first application of dormant spray. The first of three applications needed between now and again about Valentine's Day, to get the job done while trees are dormant. Consult with a local nursery for the best organic product to use on your particular tree.

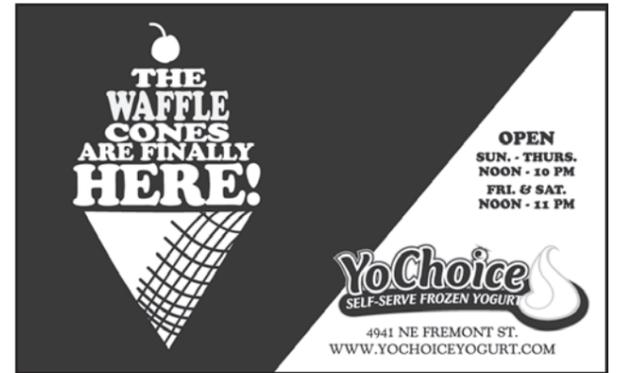
Clean your birdbaths and keep them filled as birds need clean feathers to keep warm.

Hang your birdfeeders out of the rain to keep them dry and clean. Don't fill them up to much as the seed can get moldy in damp weather. It's the perfect time to add upside down suet feeders that attract flickers & bushtits while discouraging blue jays and starlings.

Before the first frost:

Drain water hoses and turn off outdoor water sources. Insulate exposed pipes and faucets.

Last but not least give your garden one last weeding then hang a hummingbird feeder near a window and enjoy the show. You don't need to buy prepared hummingbird nectar it's easy to make it on the stove -and it doesn't have to be red either. Boil 2



Hang a hummingbird feeder by your window for a beautiful view all winter.

Photograph: Suzinn Weiss

cups of water, remove from heat and allow to cool slightly then add 1/2 cup of sugar, stir until all the sugar is dissolved. When the solution is cool fill your feeder. You can keep any extra nectar in your fridge for 2 weeks. Be sure to change the nectar in the feeder every week -more often in the summer. Clean the feeder between fillings.

FYI: This is the first month you can add ALL your food scraps to your city yard debris bin unless of course you have your own compost pile in which case just add your carnivore leftovers to the green bin. You can also add paper that has been soiled by food such as wrappers, pizza boxes, take out cartons and cardboard coffee cups.

This model of feeder in photograph, is very easy to use and is available at The Backyard Bird Shop on NE 14th & Fremont.

Liquor License Renewal –North of Burnside

All liquor licenses North of Burnside within the Portland City Limits (East & West) will expire on December 31, 2011, unless renewed by the Oregon Liquor Control Commission (OLCC).

As part of the renewal process, the City of Portland makes recommendations to the OLCC on renewal applications using information gathered from neighbors, community organizations, and public safety officials. The City of Portland is home to approximately

2,700 liquor license establishments, [52 on Alberta St.] about half of which are coming up for renewal. Neighbors, Neighborhood and Business Associations, and Community Organizations have a very important role in this process.

The annual renewal is an opportunity for communities to address problems or concerns with licensed establishments in their neighborhoods. Concerned neighbors and community organizations wishing to oppose a

license renewal north of Burnside should advise the Office of Neighborhood Involvement as soon as possible. Licensed establishments not identified by the City of Portland as problem locations are processed as though they received a "favorable" recommendation.

Opposition received by individuals and organizations is considered by the City before a recommendation is made to the OLCC. If neighbors have concerns but do not wish to formally oppose the license renewal, this is an

excellent opportunity to engage in problem solving to address concerns informally.

Information about liquor establishments with ongoing problems must be received by November 15th, 2011, to be considered in the City of Portland's recommendation process.

Please contact Theresa Marchetti, City of Portland Liquor License Specialist, at 503-823-3092 or theresa.marchetti@portlandoregon.gov.

Restaurant Spotlight

Yogio! Gluten-Free, Korean-Inspired Comfort Food

by Ryan Schwartz

www.yogio.weebly.com

The Yogio! food cart relocated to Alberta Street this past Spring, bringing to the neighborhood delicious Korean-inspired creations with a twist of Southern decadence. Co-owner Timber opened the cart after spending a year in Korea learning authentic Korean cooking from the moms of the students she taught as an English teacher. Refining the cooking she learned in Korea for the American palette, Timber offers an entirely gluten-free menu that is 90% vegan.

The star of the food cart is the “rock,” a satisfying crispy rice ball stuffed with vegetables, kimchi or pork, and then wrapped in seaweed and a house-made chili sauce. Yogio prepares their food the traditional way, with each vegetable seasoned and cooked by itself. In addition to the “rock,” Yogio offers Korean takes on traditional comfort foods such as a Frito Pie served with kimchi and house pickled vegetables.

Yogio, which means “here I am” in Korean, relocated to Alberta street so Timber could be part of the neighborhood in which she was living. During the Summer, they offer a community produce buying program where people can trade extra produce from their gardens for credit at the food cart. “Two years ago, 90% of our produce came from within one mile,” said Timber. Yogio also offer house-made kimchi



The “Rock” - a crispy rice ball stuffed with veggies, kimchi or pork.

that can be purchased by itself.

For her unique take on Korean cuisine, Timber has already received international attention. The Cooking Channel’s Eat Street filmed Timber’s food carts (She also owns Yogio’s neighbor -- a burger, hot dog, and tater tot cart called The Dog House PDX), with the episode expected to be release soon. The Daegu Times, an English newspaper in the Korean city Timber lived in, has also interviewed her for an article about Yogio.

Yogio has had a positive reception in the neighborhood, especially at Last Thursday. “One time a bus of Korean tourists drove by and everyone got out and took pictures.



Yogio co-owner, Timber, shows off her tattoos inspired by the menu at her Alberta Street food cart.

Photographs: Ryan Schwartz

They tipped us in won [the currency of South Korea],” said Timber.

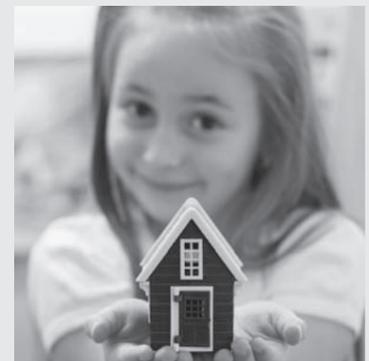
Yogio is located on Alberta Street, between 21st and 22nd Avenues. They are open 12:30-8:30pm Thursday through Monday, but

often stay open later. You can call, or text an order to, 503.750.1315, or visit www.yogio.weebly.com for more information and a background on Korean street food culture. Yogio accepts cash and credit cards.



A look north from the Concordia University library at the new Athletic Complex nearing completion of the turf installation.

Photograph: CNews



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ALBERTA ROSE THEATRE

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NOVEMBER 2011

Thursday 11/3



Bobby Jo Valentine
Andy Kong
Karmina
Gabby Holt

Friday 11/4

Lewi Longmire's Acoustic Orchestra,
Michael Hurley,
Fernando



Saturday 11/5

LIVE WIRE!

Sunday 11/6

An Evening with
Ludovico Einaudi



Wednesday 11/9

WOMAN OF HEART & MIND
A Joni Mitchell Birthday Tribute

Thursday 11/10



Eric McFadden
Omar Torrez
Brian Copeland

Friday 11/11

An Evening with
John McCutcheon



Saturday 11/12

Secret, Sweet & Hot
The Stolen Sweets • Rose City Shimmy • Swing Time PDX

Sunday 11/13



Honeyboy Edwards
Tribute and Benefit Concert

with Curtis Salgado, Karen Lovely, Lloyd Jones, Joe McMurrian and many more!

Wednesday 11/16

In The Spirit of
Lennon



Thursday 11/17

Mary McCaslin • Antje Duvekot

Friday 11/18

LIVE WIRE!

Sat. & Sun. 11/19 & 20

A Night at the
Moulin Rouge

Saturday 11/26



The Next Waltz
A Recreation of "The Last Waltz"
by The Band with a Cavalcade of
Portland All-Stars

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The Guardino Gallery

MAIN GALLERY: Gabriel Fernandez (paintings) & Michelle Gallager (clay sculpture). **FEATURE AREA:** 5th annual Day of the dead group show. **October 27-November 20**, Opening Reception: Last Thursday, Oct 27, 6-9 p.m., **MAIN GALLERY:** Michelle Gallager is a clay artist who is interested in the face and figure. Her life long fascination of primates and a career in theatre arts as a prop master drove her to create sculptures of children, monkeys and other odd creatures often dressed in historical garb and/or combined with found objects. **Gabriel Fernandez** paints in oils. His work is continuation of the study and interpretation of everyday objects in our world. Through formal elements of painting, he has explored nostalgia, personas of inanimate objects and moods through realism, color, composition and texture. **FEATURE AREA:** 5th annual Day of the Dead group show. 22 artists interpret this Latin Festival. 2939 Alberta St,

503 281-9048

www.guardinogallery.com,

The Portland Storytellers Guild is pleased to present "Things Are Never as They Seem!", a program of stories by four outstanding tellers: Maura Doherty, Avery Hill, Rob Luck, and Sandy Kirk. The show will take place on **Saturday, November 12th** at the Kennedy School in McMenamin's Pub in Portland, 7:00 p.m. Suggested donation: \$5.00 per person, \$10.00 per family (children over 10 welcomed). Treat yourself to a delightful evening. There may be a surprise in store - Sarah Stein, former president of PSG, may be in town from her present home in Germany and regale us with her story.

Groundwater 101, Saturday, Nov 5, 8:45a.m.-1:30 p.m. NECA-IBEW Training Center, 16021 NE Airport Way, Portland, Portland Water Bureau and the Columbia Slough Watershed Council - Groundwater 101 - a FREE educational workshop that will teach you groundwater basics including some local geology and hydrology, what role groundwater plays in our drinking water system, and what needs to

be done to protect this important resource. This casual workshop is taught in a classroom-style setting and is appropriate for adults and high school students aged 14 & up. Light refreshments will be provided. Pre-registration is required at www.columbiaslough.org or 503 281-1132.

Compassionate Thanksgiving Vegan Potluck On **Sunday, November 20, 6:00 p.m.**, join Northwest VEG, other vegans, vegetarians, and veg-curious people as we celebrate community and healthy plant-based food. This 8th annual vegan Thanksgiving potluck will stimulate your palate and give you the opportunity to meet new people. We're anticipating our largest potluck ever! The event will be held in Benson High School's cafeteria, 546 NE 12th Ave., Portland. <http://nwveg.org/thanksgiving> to register. Due to the cost of the facility rental, pre-registration with payment of \$5 per person is required. Children 10 and under are free. Northwest VEG will provide beverages. Please bring especially generous potluck dishes to share: a plant-based main dish, side dish, salad, bread, or dessert, a card listing its ingredients in dark ink and clear print, and plates and utensils for your use. If you come by yourself, figure the amount to serve 8-10; increase the amount by 4 servings for each additional person in your party/family.

Hello Everyone! I am hosting a bake sale on in support of Japanese families dealing with nuclear fallout from the quake., **Sunday, November 6** · 10:00a.m.- 4:00 p.m., **Kurumi Conley's House**, 6446 NE 22nd Ave., 503 287-3459, Save Children from Radioactive Contamination! The massive earthquake and the following tsunami on March 11th also destroyed the Fukushima Daiichi nuclear power plant. A large amount of radioactive substances have been released, and the residents of Fukushima still suffer from severe radioactive contamination. We are engaged in supporting mothers and kids in and from Fukushima. The proceeds of the bake sale will be used to continue decontamination work. Please bring containers with you in eco friendly style.

Walk to shop locally.
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(503) 249-3983 · mcmenamins.com

Thursday, November 3

SCOTT FISHER
Groove-based indie-pop from L.A.
McMenamins' Small Batch Tour
Brought to you by Edgefield Distillery's
WHITE DOG WHISKEY
7 p.m. · Free · All ages welcome

Sunday, November 6

Siren Nation
Arts and Crafts Show
Forty arts and crafts sellers and free workshops through the day
11 a.m. 'til 5 p.m. · Free · All ages welcome

Tuesday, November 8

RACE TALKS:
An Opportunity for Dialogue
7 p.m. · Free · All ages welcome

Thursday, November 10

FREAK MOUNTAIN RAMBLERS
Hilltop rock
as part of **GREAT NORTHWEST MUSIC TOUR**
7 p.m. · Free · All ages welcome

Sunday, November 13

Craig Carothers
with guests
Kate Power & Steve Einhorn
7:30 p.m. · \$10 · All ages welcome

Thursday, November 17

Family Frolic
Fools in Paradise
6 p.m. · Free · All ages welcome

Sunday, November 20

Rocktown PDX
A benefit for musician Jon Davidson
3 p.m. · Donations appreciated
All ages welcome

Thursday, November 24

Thanksgiving Buffet
1 p.m. 'til 7 p.m.; call for reservations
All ages welcome · Gymnasium
\$25 adults; \$14 kids
Free for kids 2 and under

Monday, November 28

HISTORY PUB MONDAY
Every last Monday, hear a free history lecture and order a pint or two while you're at it.
7 p.m. · Free · All ages welcome

Saturday and Sunday, December 3 & 4

BREAKFAST WITH SANTA
9 a.m. & 11 a.m. · All ages welcome
\$15 adults; \$10 kids 10 and under
Reservations required