



# CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | [concordiapdx.org](http://concordiapdx.org)

June 2011

## Clean Street Program Launched

### Local Artist to Create Trash/Recycling Receptacles

by Sara Wittenberg

On Saturday, April 23, over one hundred community residents, business owners and friends of Alberta Street took on the challenge of cleaning up our Street. The weather cooperated and we made a big dent in the litter and the graffiti.

The Earth Day Clean Up launched the Clean Street Program. This summer, twenty garbage/recycling receptacles will find a home on Alberta street. They are being produced by local artist Ivan McClean using panels made out of used street signs. These panels are mounted on a metal



Sara Wittenberg launches the Clean Street Program as part of the work of Alberta Main Street (Liz Grottyohann).

frame with side trash slots and recycling in the arched top. Receptacle funding comes from the Alberta Main Street District Improvement Grant provided by the Portland Main Street Program.

The funding for ongoing service and maintenance is our community's responsibility! In addition to emptying the garbage, the Clean Street Program includes regular litter pick up and graffiti removal. Residents and local businesses have raised over \$1500 for the efforts.

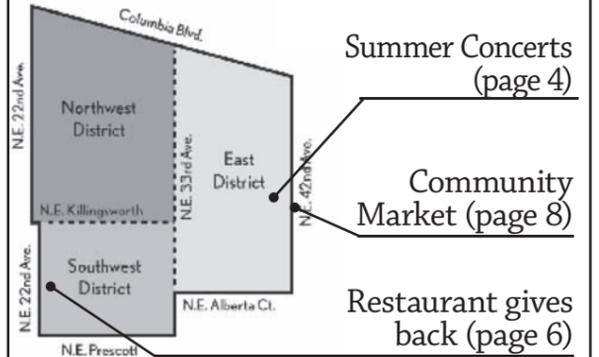
Alberta Main Street is moving down the street! In May we will be relocating to our new home at 1722 NE Alberta Street, right next to Earl's Barbershop. We sincerely thank the Black United Fund for hosting us as we found our new home. Our phone number will remain the same. (503) 683-3252. Visit [www.albertamainst.org](http://www.albertamainst.org) for donations, information and to sign up for the newsletter.



Families help out at the Alberta Street Clean Up, organized by Alberta Main Street (Liz Grottyohann).



### Inside this issue:



And....

- New Ice Cream Shop** (page 4)
- Free Gardening Workshops** (page 7)
- Neighborhood Happy Hours** (page 8)
- Community Yard Sale** (page 9)
- Neighborhood Calendar** (page 12)

### Other accomplishments of Alberta Main Street since June 2010 include:

- Implementing the District Clean Up;
- Launching the Clean Street Program;
- Piloting the Green Facade Improvement Program;
- Hosting a six-part Small Business Seminar Series;
- Creating a website and newsletter for regular communication;
- Co-hosting the 2010 Holiday "Shop Local Shop Late" initiative;
- Hiring a full-time Executive director;
- Recruiting 55 volunteers for Alberta Main Street committees.

## Crime Below City Average

### Despite lull, high percentage of thefts spark Police to create burglary taskforce

Portland Police officers spoke at the Concordia Neighborhood Association's General Meeting in May, reporting on the recent decrease in crimes and citing "historically low" numbers for March 2011. Despite the lull, there is a continued high percentage of theft related crimes.

The Officers went on to say the bureau is creating a new task force to address burglaries. Several Sergeants and Officers from all precincts will focus on individuals fencing stolen property.

The police department tracks three classifications of crimes. Since a high of fifty-nine reported crimes in Concordia in both September and October 2010, the numbers decreased to thirty-eight in January 2011, to thirty-four in February and even lower to twenty-two reported crimes in March.

Larceny, burglary, robbery, theft from auto and theft of vehicle are the most reported crimes. In the past twelve months they account for 296 of 319 reported crimes in the Part I classification, which also include aggravated assault, arson, homicide and rape. Larceny, as defined by the police is the unlawful taking of property from the possession of another, including pickpocketing, purse snatching, shoplifting, and bike theft.

The last homicide in Concordia occurred in the summer of 2010.

The Police advised residents to report any suspicious activity to 9-1-1, explaining, "If it looks suspicious, it probably is."



Join us for:

## June's Neighborhood Meetings

Everyone is invited!

**General Meeting**  
**TUES JUNE 7 AT 7 PM**  
 McMenamins Kennedy School,  
 Community Room

**Tree and Bees:**  
 The Concordia Tree Team's work to inventory the street trees in the neighborhood  
 Jeff Hilber will talk about keeping bees in your urban back yard.

There will be no general meeting in July. The August General Meeting will be at Fernhill Park for Neighbors Night Out.

**Board Meeting**  
**TUES JUNE 14 AT 7 PM**  
 McMenamins Kennedy School,  
 Community Room

**Tree Team Meeting**  
**THURS JUNE 9 AT 6 PM**  
 New Seasons dining area

**Wellness Committee**  
**WED JUNE 8 AT 7 PM.**

*Caffé Vita,*  
 3023 NE Alberta St.  
 The wellness committee is planning a neighborhood survey on wellness topics.

**Land Use, Livability and Transportation Committee Meetings**

**THURS JUNE 9 AT 7 PM**  
 McMenamins Kennedy School,  
 Community Room

We have two purposes: to hear about and try to solve issues affecting quality of life in Concordia that are brought to us by individuals, and to identify changes and developments related to land use and transportation that could improve life for large numbers of residents.

### CONCORDIA NEWS

Concordia News is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia Neighborhood.

#### Submissions

The deadline for submissions is the 15th of the month prior to publication. Concordia News may edit for form and length.

#### Contact the editors

concordianews@yahoo.com

#### Advertising

Please send advertising inquiries to: [cnabusinessmanager@gmail.com](mailto:cnabusinessmanager@gmail.com) or 503-477-5317.

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**Contact the CNA Board**  
[contactnaboard@yahoo.com](mailto:contactnaboard@yahoo.com)

**Community Room Rental**  
[cnaroomkennedy@gmail.com](mailto:cnaroomkennedy@gmail.com)

#### MISSION STATEMENT

To connect Concordia residents and businesses — inform, educate, and report on activities, issues, and opportunities of the neighborhood.

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Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.

## Chair's Corner by Robin Johnson, CNA Co-Chair

### Congratulations On All Those Volunteer Hours

We all need to stop, consider what it takes to have an effective neighborhood group, then offer congratulations and thank you to the many people working as volunteers making it happen for the Concordia Neighborhood Association.

I have the task of preparing a report for Northeast Coalition of Neighborhoods, detailing how many volunteers spend how many volunteer hours working on Concordia Neighborhood Association projects.

I have always known that the effort must be considerable (look at all the activities reported on in this issue alone), but until I asked the committees to report I didn't really appreciate the truly grand effort by many people. Their efforts include spending many hours as Board

and committee members, editing this newspaper and simply lending a hand as neighbors at the recent Spring egg hunt in Fernhill Park.



Volunteers help clean up a neighborhood alleyway (Bob Pallesen).

In the first quarter of 2011, approximately forty-five people spent 387 hours volunteering for your neighborhood. Half of these hours were spent by the Tree Team

planting trees on NE 42nd and Lombard.

It is truly gratifying to understand that we are a good and committed group working

together to do the best we can for our neighborhood. As we move into the summer, please come to the summer concerts in Fernhill Park. Enjoy yet another wonderful example of volunteerism, the commitment of our neighborhood group and local businesses. Visit the Concordia Neighborhood Association table, tell us if you want to become involved or, at the very least,

shake hands with the people at the table and say, "Thanks for doing what you are doing!"

## Two New Board Members for Concordia Neighborhood Association

### Dr. Rici Hallstrand

Rici Hallstrand and her husband Kirk have lived in the Concordia neighborhood for nearly ten years. They especially enjoy the friendliness of the Concordia neighborhood and community events such as the summer concerts in Fernhill Park.

Rici is a faculty member in the Math/Science Department at Concordia University, and appreciates the fact that she can commute to work by walking a few blocks. She joined the faculty of Concordia University in 2001, following over ten years of research experience in immunology.

Rici teaches introductory cell and molecular biology for majors as well as an upper

division course in Immunology. She has also participated in the Math/Science Department seminar sequence and has taught courses on topics such as HIV/AIDS, the global impact of infectious disease, and the history of women in science.

The Hallstrands are looking forward to contributing to the activities of the Concordia Neighborhood Association and continuing to make Concordia a great neighborhood to live in.

### Bill Leissner

Bill shares an apartment in the Concordia Neighborhood with his 19 year-old cat Dudley.

He is a graduate of the University of Texas at Austin, has lived and worked in Austin, New York City, and Vermont as a photographer, publishing industry production manager, and bookseller, before moving to Portland in 2002.

He is now the business manager for Aurora Chorus, and also volunteers as the lead moderator for the Community Nonprofit Resource Group (CNRG). He considers himself fortunate to live in such a friendly, safe and vibrant neighborhood and looks

forward to this opportunity to be of service.

[www.concordiapdx.org](http://www.concordiapdx.org)

Visit the website of the Concordia Neighborhood Association for:

- Community News
- Neighborhood Information
- Events
- Services
- Blog

[www.concordiapdx.org](http://www.concordiapdx.org)

**The Concordia Neighborhood Association has formed a nominating committee to fill additional vacancies on the Board.**

**Interested residents can submit names to [contactnaboard@yahoo.com](mailto:contactnaboard@yahoo.com).**

**Get a first-hand look at how vibrant our neighborhood is.**

## Concordia Memories

by Jeff Hilber

### How Last Thursday Got Its Start

Before the Art Walk that became Last Thursday was a gleam in someone's eye, Alberta Street was boarded up buildings and alleyway drug deals. Formerly a working class commercial street, it had a reputation for gang violence, development gone awry and crumbling infrastructure.

Reversing the trend didn't happen overnight and it didn't happen by accident. A dedicated group of Alberta residents and merchants have worked hard to bring the street to where it is today.

We will share that story in another issue, but it sets the scene for the beginning of what has become a singular experience - Last Thursdays.

The story goes that local developer (Magnus Johannesson) encouraged several businesses showing art to open their doors on First Thursday for the traditional Art Walk held on the west side of town. Jill Gadeke (VideoRama) & Donna Guardino (Guardino Gallery) discussed the possibility and decided that since the action was on the west side of the river on that night, it was unlikely that people would come all the way over to Alberta Street.

But the idea grew and several businesses decided that they should limit the Art Walk to just Alberta Street and pick a different night. In conversations with Jude Cornwell

(Judee Moonbeam), Last Thursday was jokingly referred to as more appropriate for the street and "Last Thursday" was born. With help from Roslyn Hill (Roslyn Coffee House) at the west end and the businesses at the east end, Jill and Donna began the task of compiling a monthly art map that listed everyone who was showing art for that particular month.

**The first Art Walk, held in May 1997, had thirteen people listed on the map and was off to a shaky start.**

The first Art Walk, held in May 1997, had thirteen people listed on the map and was off to a shaky start. That first year less than ten destinations were added to the monthly art map, including core businesses: Shades of Color Gallery, 1627 Ken Wright, Alberta Station, Rexall Rose Café, Judee Moonbeam Fiberart, Guardino Gallery and VideoRama. Then Brian

Borello Studio, Onda de Latina and Our Dream Gallery started participating. As the years passed the number of participating art venues fluctuated, but the event grew in participation and attendance. Street vendors, musicians and street theatre have added a unique element to the atmosphere of Last Thursdays. There has been a monthly art walk every month since, rain or shine.

*Excerpts from a history submitted by Donna Guardino.*

#### **A Guide to a Fun, Safe and Sustainable Last Thursday How to Ensure Last Thursday Continues**

The street is closed to vehicles from 6 – 10 pm. No parking after 5 pm, May – September.

Open containers of alcohol are not allowed.

Every two blocks is a port-a-potty. The neighbors don't appreciate you watering their lawn.

Pack out your trash, and please clean up after yourself.

Illegal parking is illegal, even at Last Thursday. Don't block driveways or alleys.

Better yet, don't drive. Five bus lines serve Alberta St, Line 73, 72, 9, 8 and 6.

Last Thursday ends at 10 pm.

Thank you for respecting the peace of the neighborhood that hosts this event.

### Concordia Needs Your Help to Control Mosquitos this Summer

by Matt Davis, Multnomah County Vector Control

Mosquitoes lay their eggs in standing water. The eggs only need a few ounces of water to grow into adults. We will never be able to eliminate all habitats for mosquitoes. Multnomah County's holistic approach uses multiple complimentary methods such as identification, prevention, surveillance, treatment and education.

We routinely check and treat thousands of sites annually. The most numerous mosquitoes in our area are floodwater mosquitoes that breed in the floodplains of the Willamette and Columbia Rivers. We depend on the public to control "backyard" mosquito problems and alert us to larger problems.

Visit <http://web.multco.us/health/pest-prevention-and-control> for more information.

Local and federal experts recommend the following way you can help reduce mosquitos in your neighborhood.

Reduce mosquito habitat by:

- Eliminating places where water can stagnate in containers such as buckets, flowerpots and tires.

- Change water at least once a week in birdbaths and wading pools.
- Clean clogged rain gutters, and put mosquito screens on rain barrels.
- Dispose of old tires or cover them so they don't collect water.



Help rid Concordia of mosquitos (CDC).

Prepare Your Home by:

- Putting tight-fitting window screens on all your windows, and repairing rips or tears in existing screens.
- Adding a screen door to outside doors that are often left open

Protect yourself by:

- Wearing long sleeves and long pants.
- Consider wearing insect repellent that contains DEET. Read repellent instructions carefully. Repellent should not be applied to children under the age of two.
- Avoid being outdoors during peak biting times, from dusk to dawn.

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### Soccer Field Benefit in Memory of Steve Brand

Sadly, long time Concordia resident Steve Brand lost his battle with cancer in December. He passed away on Christmas Eve.

Steve was a well loved teacher and soccer coach at Chapman Grade School in NW Portland. Folks there are raising money to build a soccer field in his honor. If you are interested in supporting the cause, consider attending the "La Vida Brand" fundraiser on June 4th at 7PM at the Lucky Lab Brew Pub in NW.

Tickets are 50 dollars a person for food, beer, wine, a silent auction, live music and a celebration of a wonderful life. You can find more details on the field project at [www.justafield.com](http://www.justafield.com), or email JulieRae Trunz at [evajrm@gmail.com](mailto:evajrm@gmail.com).

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# In Concert with Nature: Fernhill Park Friday Concerts, July 8th – August 2nd

by Jeff Hilber

Concordia Neighborhood Association, Portland Parks & Recreation and our neighborhood residents and businesses have raised enough money to sponsor five nights of live music in Fernhill Park.

The natural amphitheater in the Park is the perfect setting for picnicking and dancing on Friday evenings. Best of all, these concerts are free and the musicians get paid.

The concerts start on Friday, July 8th and occur every following Friday evening in July. The fifth and last concert in this series will be on Tuesday, August 2nd for the Neighbors Night Out and parade. More information on that event will be in the July issue of Concordia News.

Local food vendors will have booths set up on the ridge, including a booth for kids' activities.

These vendors are Aladdin Café, Hot Dog Ernie, Mountain Ice and The Village Crepery.

Free concerts in the parks are happening all over town. Check the Portland Parks and Recreation website at [portlandonline.com/parks](http://portlandonline.com/parks) for the entire series.

### 2011 Fernhill Park Concert Schedule

July 8th, The Stolen Sweets - 1930s swing jazz confection, <http://www.stolensweets.com>

July 15th, The Quadrapphones - the single sex sax quartet, <http://quadrapphones.com>

July 22nd, Melao de Cuba - beauty & exuberance of traditional Cuban music, <http://www.myspace.com/melaodecuba>

July 29th, Lisa and Her Kin - country/honky-tonk steel guitars and fiddles, <http://www.lisaandherkin.com>

August 2nd, Ty Curtis Band - Contemporary Blues Band of the Year, <http://www.tycurtisband.com>



The Fernhill Park Concert Series delights the neighborhood with outdoor concerts during summer (Bob Pallesen).

# Ice Cream Shop to Open in Acme Glass building

by Ryan Schwartz

You may have tasted Salt & Straw's sea salt and caramel ice cream at the neighborhood Earth Day cleanup, or perhaps you went for the honey balsamic strawberry with cracked black pepper. The new ice cream shop gave away free samples at the event, and also sponsored Alberta Main Street's ongoing Street Cleanup program.

Community is important to owner Kim Malek, which is why she picked Alberta Street as the spot for her first ice cream shop. Kim has wanted to open an ice cream shop for nearly fifteen years because she sees them as nice community spots for everyone from families to first dates. When the shop opens later this summer, it will have a feel of an old mercantile, where neighbors gathered over good food. For now, they have a cart at the Alberta Commons courtyard at 18th and Alberta.



Cousins Kim and Tyler Malek of the new Salt & Straw Ice Cream Shop (Salt & Straw).

Kim is also involved in Alberta Main Street, and is working with PTAs in local schools for a special last day of school fundraiser sale. Even their first hired 'scoopers' are from the neighborhood — artist Neil Perry, who recently painted the sign at Townsend's Tea, and Lisa

Nixon, who just returned from living in Michigan.

Salt & Straw's focus is using seasonal ingredients in new ways. They use local ingredients as much as possible, including a chocolate and vanilla that are produced in Oregon. The name is a nod to the way that ice cream was made back in the 1800's, using pots of cream in a tin pail surrounded by hay and rock salt to freeze the cream. "We're making ice cream the old school way and thought the name was a nice way to reflect this," said Kim.

Kim's cousin Tyler Malek is the head ice cream maker and is currently working on adding a few vegan recipes to the menu (they now offer a vegan sorbet). His latest work in progress is a nice metaphor for Alberta street, said Tyler - "Superman ice cream comes in bright blue, red and yellow colors with a yummy, delicious flavor that is somewhat unidentifiable."

Get connected with Salt & Straw and learn about free tastings and giveaways at <http://www.facebook.com/SaltandStraw>.

Every dollar needed to produce the concert series' five free nights of live, local music was donated by the following neighborhood residents and businesses.

### CHAMPION SPONSORS (\$ 2,500)

- Concordia Neighborhood Association
- Morel Ink (Witham & Dickey)
- Port of Portland

### MAJOR SPONSORS (\$ 1,000)

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- Umpqua Bank Alberta

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- Concordia Neighborhood Concert Fans
- New Seasons Market
- Northwest Mortgage Group

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# Unknown Future for Concordia's Community Room

by George Bruender

Concordia Neighborhood Association has had the advantage of having its very own meeting space for the past fourteen years in the McMenamins' Kennedy School. Of the ninety-five neighborhood associations in Portland, we are one of the few to be lucky to have our own meeting space. But our fifteen-year contract for the room will soon come to an end in October of 2012.

A little history: When Kennedy Elementary School closed, the property was eventually turned over to the Portland Development Commission. When the McMenamins brothers bought the site to remodel, part of the agreement was that a former classroom be retained for community use for at least fifteen years. Concordia Neighborhood Association became the stewards of the room, using it for meetings and community events, particularly for non-profits.

Now the fifteen years are rapidly coming to an end.

On May 13th, representatives from McMenamins, the Office of Neighborhood

Involvement, the Northeast Coalition of Neighborhoods and the Concordia Neighborhood Association held a preliminary meeting to discuss future relationships. It is understood that McMenamins' has fulfilled their part of the original agreement and they have no legal requirement to host community space. McMenamins' also realizes that they are part of the Concordia community and want to see the long-standing positive relationship with our neighborhood continue.

Concordia Neighborhood Association wants to continue to utilize the room. Negotiations have started with both parties expressing their viewpoints and will take several months. Updates will be provided in future issues of Concordia News.

## Crossword by Chris Yensan

### Oh, Concordia!

A few places in the Concordia neighborhood, and some of the things you'll find in them . . . (Answer on page 11)

**ACROSS**

- 1. Mexican restaurant on NE 29th and Alberta
- 9. Spanish fleet, or Nissan's SUV
- 15. Edible sea snails
- 16. Ruckus
- 17. Hot drink made from a SE Asian vine
- 18. Quantity
- 19. Advanced deg.
- 20. Type of boots or resorts
- 21. Civil Rights org.
- 26. You can bend it or lend it?
- 28. "\_\_\_ so expensive!" (protest at the pump)
- 30. Sacrificial site
- 31. Type of curve
- 32. Fish portion
- 33. They bring the pall
- 35. You will find them with the cups at a café on Killingsworth and NE 30th
- 37. Pro
- 38. Nigerian ruler
- 39. You'll find them at 39D, on Alberta and NE 22nd Ave.
- 43. Saw logs
- 47. Helping (with "of")
- 48. Symbol of the golden ratio
- 50. Highly resilient bacterial reproductive body
- 51. River in Paris

- 52. Low-lying cloud base
- 53. Defunct Russian rulers
- 54. Drill-bit material, for short
- 55. What AC/DC claimed they were, in song?
- 57. \_\_\_ media (ear infection)
- 61. What you can do to a town or a barn
- 67. Durable silk fabric
- 68. In a Shrek-like manner?
- 69. San Fran Chronicle's website
- 70. Townshend's, on Alberta between NE 22nd and NE 23rd

**DOWN**

- 1. Experimental area
- 2. Honest Pres.
- 3. Slugger's tool
- 4. Corrida cheer
- 5. New Orleans Amtrak station code
- 6. Myers-Briggs personality type
- 7. Giggles or titters
- 8. Menu items found at 1A, on NE 29th and Alberta
- 9. Aruba Airport code
- 10. Freq. of rotation
- 11. Where to get supplies at the hosp.
- 12. A scuffle
- 13. More diminutive
- 14. What you might also find at 35A, at

- Killingsworth and NE 30th
- 21. Slap the cuffs on
- 22. Malt beverage
- 23. "One \_\_\_ time, please!"
- 24. Francois-Rupert \_\_\_ (Influential Art Nouveau sculptor)
- 25. Come before
- 27. Live news feed, for short
- 28. Arrest at an OR Univ.?
- 29. Robots' summer programs?
- 34. France's high-speed train
- 36. Giant among net providers
- 39. On Alberta and NE 22nd, they'll give you a free beer while you wait
- 40. "Ye are \_\_\_ vipers!" (Indictment against the Pharisees in the Gospel of Matthew)
- 41. Bringing up
- 42. Sunblock protection rating
- 43. Visual information
- 44. Feathery wrap
- 45. Goof
- 46. Latin thing
- 49. What one might order at 70A near Alberta and NE 23rd
- 56. Sudanese ethnic group, also called Nuba

- 58. Club for links amateurs in Dallas or Houston
- 59. Basic Training, as listed on the Army ppwk.

- 60. View
- 62. Gov't wellness research grp.
- 63. General \_\_\_ (military leader in the Qing Dynasty)

- 64. Historic Scottish parish, on the Gare Loch
- 65. Trains over a Rd.?
- 66. Color

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<sup>†</sup> Some benefits, including First Accident Forgiveness and the Disappearing Deductible, are only available with the optional Advantage Plus package. A policy without these benefits is also available. [Call for details.] To qualify for these two benefits, all drivers on the policy must have a clean record (no accidents or violations) for five consecutive years in most states. For the Disappearing Deductible, these five years must include a period of three consecutive years as a policyholder in the AARP Auto Insurance Program (commencing after the effective date of the policy issued through this offer). PA drivers are not eligible for the complete disappearance of the deductible, although it will be reduced to a minimum of \$100. The First Accident Forgiveness benefit is not available in Delaware.

<sup>†</sup> If you are age 50 or older, once you're insured through this Program for at least 60 days, you cannot be refused renewal as long as applicable premiums are paid when due. Also, you and other customary drivers of your vehicles must retain valid licenses, remain physically and mentally capable of operating an automobile, have no convictions for driving while intoxicated and must not have obtained your policy through material misrepresentation.

107292 Rev

## Q+A with an Alberta Artist

by Jeff Hilber



Leon Trice and his design sketches (Jeff Hilber).

### What led you to Concordia?

In 2008 I was going through some changes, but living and working in NW. This little house came up for sale on 19th Street, and I thought I'd bring my office over here. I found the little spot I have now on Craig's List and it fits. I love being on the street. Before I had no connection with the community. Having a street presence connects you visually to the street. This connects you to the neighborhood that you live and work in. So much goes by my window. I don't have just a business; I have a business in my neighborhood.

### Do you have a favorite place to hang out?

Alberta Street has so many wonderful spots. I try them all. I liked it when Alberta was a little rough around the edges, but look at it now. It is incredible what has happened.

### Where did you start?

I've been in practice since 1981. Until 1993, I lived in California. I design homes; I see it as a craft. The longer you do something, the richer it becomes. You get better and better at your craft.

### Who were your early inspirations?

I've only worked for two architects, neither had college degrees, but they were the finest builders I've known. My early experience was not just an intellectual one; it included the process of building. I am constantly learning from craftsmen, whatever the material. I like maintaining the craft of building. A lot has changed in the digital age. You find fewer and fewer people using a pencil. That's unfortunate, but that's the way it is. Ultimately architecture is about feeling. I remember when I learned about computer drawing, I decided not to, because I didn't like what it took to draw a line.

### Do your clients go along with you on this progression?

You can't do your work without your clients, so they are intimately connected. Every client brings a different story. Part of the role of the architect is to get to what someone really wants. You establish a relationship. Then you listen. Everything has changed in the past twenty years. We are running out of resources. We've backed ourselves into a corner. The question is how do we work without doing damage — Or as much damage? When the process works, it is wonderful.

### What do you like about the neighborhood?

I love the flavor, it is very diverse and therefore very rich and unique from the rest of Portland. You never know who you will run into. My office is across the street from a children's store (Milagros). There is a constant parade of pregnant women, babies and children. What can be more wonderful than that?

### What other media do you work in?

I am a painter. Lately I am delving into a more abstract style and trying some portraiture. I have a window, people are walking by at night. Why not create something for them to see. Windows allow you to see what people are doing. That's the life of the community. You can participate in what's going on.

I've never had any one ask me a bunch of questions. I am glad we got to do it.



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## Restaurant Spotlight

by Ryan Schwartz

### Ciao Vito

#### Celebrating Seven Years of Community Involvement

2203 NE Alberta St., 503-282-5522  
4 PM - 10 PM, Everyday  
www.CiaoVito.net

Ciao Vito has been a cornerstone of Alberta's culinary scene throughout the area's redevelopment, and recently celebrated their seventh anniversary. Serving Italian-inspired fresh food with classical French influences every night of the week, Ciao Vito is more than just a restaurant; they have consistently supported community events since they opened, including this year's summer concert series in Fernhill Park.

Owner Vito DiLullo opened his restaurant in Concordia because he lives here. As a resident of fourteen years, he wanted to be a part of the community and help make a difference in the neighborhood. He designed his restaurant to be accessible and approachable for everyone, from large groups to intimate dates. The opening made a big splash on the street, and helped bring people out to the neighborhood as it grew.



Vito DiLullo in the kitchen of Ciao Vito (Ryan Schwartz).

Ciao Vito routinely hosts dinner events for charity benefits, and donates gift certificates to auctions throughout the neighborhood. He has raised thousands of dollars for hunger relief in Niger, where he spent five years while working in the Peace Corps. His family, a major influencer of his culinary style, is from Abruzzo, Italy and he responded to an earthquake there two years ago with a relief drive at the restaurant. Vito is also a major supporter of Growing Gardens, a nonprofit that organizes volunteers to build organic vegetable gardens in low-income houses and schools.

If the tattoos of grapes, herbs and garlic on his arm are any indication, Vito DiLullo cares about where his ingredients come from. Nearly everything is sourced locally, from independent organic sources. "We wouldn't be affected if planes stop flying," said DiLullo. "Everything comes from nearby." On a recent trip, DiLullo went to visit a pig farm that will be supplying meat for an upcoming dinner with the NorthWest Farm Collaboration called "This Little Piggie Went to Market" on Tuesday, June 7th. He followed the trail of the pigs' raising, including visiting the peach and apple orchards from which leftover fruit is used as feed. The public is invited to attend the dinner event, although tickets are limited. For more information, contact the restaurant.

## A Delicious Way to Spring Clean

by Jill Muhm-Glover, Wellness Committee Chair

Spring has long been associated with Spring clean at the same time? With food! cleaning. Finally a chance to air out our Delicious food!

homes, open the windows and get rid of the things that have accumulated over the long winter months. We've had the Concordia Neighborhood cleaning and the Alberta Street Clean, and this year I am cleaning out my body as well.

I want more energy, focus, stamina and an accelerated metabolism. Who wouldn't? We all know that the demands of our lives call for optimal energy and focus that lasts the entire day. How do we achieve this and



Jill enjoying another delicious Spring Cleaning recipe (Jill Muhm-Glover).

Certain foods are ideal to eat at this time of year – foods that help to cleanse the body of toxins that have built up over the winter and get us ready for our action-packed summer in Portland; foods that we can find in our farmers markets right now! These foods include asparagus, artichokes and spinach... just to name a few.

Enjoy this recipe which includes Spring Cleaning foods and be sure to look for many of the ingredients at one of the many farmers markets in and around the Concordia neighborhood this spring.

### SPRING CLEANING QUINOA SALAD

Ingredients:

- › 1/2 cup quinoa, rinsed well
- › 3 cups vegetable broth or water
- › 1 red pepper, diced
- › 1 cup chopped Broccoli
- › 1/4 cup red onion, diced
- › 3 scallions, thinly sliced (with 4 inches of green included) or 1 shallot, chopped
- › 1/4 cup fresh dill, chopped
- › 1/4 cup parsley, chopped
- 1/4 cup fresh spinach chopped
- 1 cup artichoke hearts, rinsed

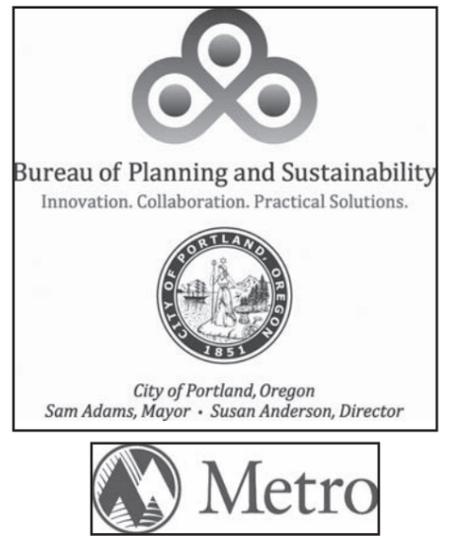
Dressing:

- Juice from 1 lemon
- 1/4 cup olive oil

Add quinoa to broth or water in a medium sauce pan, stir and bring to a boil. Reduce to simmer; then cover and cook 15 minutes without stirring or until liquid is absorbed. Remove ingredients from saucepan and place in a bowl. Cool slightly and toss with salad dressing and remaining ingredients. Add more dressing if desired and adjust seasoning to taste. Add any leftover veggies for variety.

## Concordia Clean-Up a Success

The Annual Concordia Neighborhood Association's Spring cleanup event was held in the parking lot generously donated by the PCC Workforce Training Center. The muscle provided by the workers from Multnomah County Alternative Services was much appreciated. Thank You! to our sponsors and donors: Metro, Northeast Coalition of Neighborhoods, the City of Portland - Office of Sustainable Development, Total Reclaim, Portland Community College, Extracto Coffeehouse & Roastery, Tonalli's Donuts and Cream, Rocket Pizza, and New Seasons Market.



## Free Workshops from East Multnomah Soil & Water Conservation District

by Katie Meckes

East Multnomah Soil & Water Conservation District offers free workshops that help you learn to create low-maintenance, chemical-free landscapes that are people, water and wildlife-friendly.

At the May Concordia Neighborhood Association meeting, we shared a slideshow presentation that shows folks how they can benefit from our Sustainable Urban Landscapes program. It gave a sneak peek into the Naturescaping Basics and Rain Garden 101 Workshops that we offer every spring and fall, and the presentation is available to share with your group as well.

Naturescaping is the practice of using native plants to create natural landscapes.

Rain Gardens are sunken, flat-bottomed garden beds that collect stormwater from your downspouts and yard, then filter the runoff slowly through a variety of plants that can tolerate wet, moderate and dry conditions.

The slideshow highlights a handful of concepts including pollution prevention, soil health, water conservation and pest management, and previews what you'll learn at the workshops so that you can construct your own!

For more information, please visit the [www.emswcd.org](http://www.emswcd.org).

**Are you an artist, restaurant, bar or store owner that wants to be featured in Concordia News? Email [concordianews@yahoo.com](mailto:concordianews@yahoo.com) and tell us what the neighborhood can learn about you.**

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**42nd Avenue**

**Eastside Story, A 42nd Avenue Review**

I just want to share with you the things I have recently been hearing about NE 42nd Avenue. I attended an Alliance of Portland Neighborhood Business Associations committee meeting this week. The Portland Development Commission mentioned 42nd Avenue as being an example of how previously lesser known districts are making things happen and making a difference. We seem to be creating something of a buzz with our Intersection Project, completing the Main Street application process, the annual Street Festival, street banners, the tree planting at Lombard and 42nd, the Cully Community Market, and all that the business association has been doing and getting involved in. Cully Blvd. is also helping to put northeast Portland back on the map.

We're definitely causing a stir, and it's very exciting to be a part of it, to see the snowball effect of others wanting to be involved and take part too. I think you should all be very proud to know that your efforts and hard work for this business district are turning heads!

Carolyn Mistell  
President, Delphina's Bakery

**Cully Community Market**

The Cully Community Market is back for another season starting June 5th. Started in 2009, it has expanded to the PCC Workforce Training Center parking lot, NE 42nd Ave. and Killingsworth. It is open on Sundays, from 10am to 2pm.

New and returning vendors will sell an array of fruits, vegetables, baked goods, eggs, prepared foods and flowers. See local musicians and community tables that offer just about anything residents would like to sell or trade (some exceptions apply).

Cully Community Market is made possible by Cully Association of Neighbors, Central Northeast Neighbors, the City of Portland, New Seasons, US Bank and other generous local businesses. The market is volunteer-run and needs extra hands to help on site and staff the information booth. Donations of cash for much needed supplies are also welcome.

Visit [CullyCommunityMarket.org](http://CullyCommunityMarket.org) or e-mail [info@cullycommunitymarket.org](mailto:info@cullycommunitymarket.org) for more information

**Concordia Happy Hours**  
by Brandon Schwartz

**Concordia has diverse options for happy hours. Next time you've had a long day, check out one of these options and support your community.**

- Alleyway Cafe**, 2415 NE Alberta St., 3-7pm M-Su, \$1.50 PBR; \$2 wells; \$3 micros; \$2-\$5 food
- Bella Faccia Pizzeria**, 2934 NE Alberta St., 4-6pm M-F, \$1 off pints; \$1 off slices of pizza w/drink purchase; 3-5pm Sa-Su \$4 off 18in pizza; \$1 off pints
- Bernie's Southern Bistro**, 2904 NE Alberta St., 4-6pm T-Su, \$3 food; \$5 house cocktails; \$4 house wine
- Binks**, 2715 NE Alberta St., 4:30-6:30pm M-F & 7-830pm Su, \$3 micros; \$1.75 PBR; \$3 wells; \$5 pizza (9in)
- Blue Olive Cafe**, 2712 NE Alberta St., 3:30-6pm M-Su, \$4 wine; \$1 off beer; \$2-\$5 food specials
- Branch Whiskey Bar**, 2926 NE Alberta St., 5-7pm M-Su (closed Tues), Drink specials; \$2 off appetizers & burger
- Ciao Vito**, 2203 NE Alberta St., 4-8pm M-F, 4-6pm F-Sa, All day Sunday \$3 drafts; \$4-\$5 wine; \$7 house cocktails; \$2-\$6 food specials
- Concordia Ale House**, 3276 NE Killingsworth St., 3-6p M-F, \$3.75 food specials (9-12a Tu as well), 12p-12a Tu, \$2 bottles (see menu for specifics); \$3.50 Terminal Gravity & Luralwood Red drafts
- Cruzroom**, 2338 NE Alberta St., 4:30-6:30pm M-Su, \$3 drafts; \$2 Rainer; \$4 house infused cocktails; \$2 tacos, 10:30p-2a Su-Th & 10:30p-2:30a F-Sa, *Service Industry Night* 18% off with OLCC card



*Enjoy drink and food specials at these neighborhood businesses (opencage.info).*

- del INTI**, 2315 NE Alberta St., 4-7pm W-Su, \$1 off bar menu food and drink
- Everyday Wine**, 1520 NE Alberta St., 5-9pm F, flight specials
- Halibut's**, 2525 NE Alberta St., 3-6pm M-Su, \$1.50 PBR; \$3 wells; \$4 Long Island Iced Teas; \$1-\$4 food specials
- Hana Sushi**, 2236 NE Alberta St., 11:30am-6pm M-F, \$3 drafts; \$3.50 wells, discounted wine and saki; \$3-\$4 rolls; \$6-\$8 entrees; \$7 specialty rolls; \$2-\$5 appetizers
- The Hilt**, 1934 NE Alberta St., 4-7pm M-Sa & All day Sunday, \$1 off drafts; \$1 off wells; \$3-\$5 food specials
- Kennedy School**, 5736 NE 33rd Ave - Courtyard Restaurant, 3-6pm & 10pm-close, \$3.25 McMenamins pints; \$2.75 domestics; \$3.25 wells; \$5.50 Edgefield wines; \$6.50 featured wine
- The Know**, 2026 NE Alberta St., 4-7pm M-F & 3-7p Sa, \$1 tall boys; \$2.75 wells; \$3 wine; 4-close M, *Service Industry Night*
- Lolo**, 2940 NE Alberta St., 4:30-6:30pm T, Th-F & all day Wed, \$5 wells; \$3 Lolo beers on tap; \$5 house wine and Sangria; \$2 off \$6 & \$8 tapas items
- Magoo's**, 5028 NE 28th Ave., 4-7pm M-F & All day Sunday, \$.75 off wells & drafts, food specials; Free pool all day Sunday
- Mash Tun**, 2204 NE Alberta St., 3-6pm M-Su, \$3 beer and wells; \$2.50 pints & wells; \$8.50 pitchers (Tuesday only)
- NEPO42**, NE 42nd Ave., 3-6pm M-F, 3p-Close Su, \$3 wells; \$3-\$5drafts; \$3 7&7's; \$2 OG's; \$5 wine; \$3-\$7 food specials.
- Nest Lounge**, 1801 NE Alberta St., 3-7pm M-Su, \$2.50 wells; \$3.50 micros; \$1.50 PBRs & \$3 wine.
- Siam Society**, 2703 NE Alberta St., 4-9pm M-Th & Su 4-10p F-Sa, \$2.50 drafts; \$3.75 wells; \$4 wine; \$1.95-\$7.95 food specials
- Spare Room**, 4830 NE 42nd Ave., All Day/Everyday \$3 Beam & Coke; \$1 Jello shots, 7-10am M-Su \$1.75 Bud drafts; \$3 Bloody Mary's; \$4 breakfast, 3-6pm M-Su \$2 wells, \$1.50 PBRs, \$1.50 OG tallboys; \$1.75 Bud drafts
- Thai Noon**, 2635 NE Alberta St., 4:30-6:30pm M-Su, \$2 PBRs; \$2.95 beer and food specials
- Tin Shed**, 1438 NE Alberta St., 3-6pm & 9-10pm M-Su, \$3 micros and wells; \$4 wine; \$5 drink specials; \$2-\$5 food specials
- Zilla Sake**, 1806 NE Alberta St., 5-7pm M-F, Sake and food specials under \$4

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## Concordia Neighborhood Association's 13th Annual Yard Sale JUNE 24, 25 & 26, 2011

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We do the advertising in newspapers, on TV and radio, including large signs on major corners in the neighborhood.

We supply you with signs and balloons to mark your sale. All participants are placed on maps, which are distributed to guide shoppers. **Deadline to be on the map is Thursday, June 16th.** After this date you can be in the sale, but not on the map.

Yard sale packets, signs and maps will be mailed to all participants. We request that your sale be within the Concordia Neighborhood.

**Yard Sale Coordinator**—Donna Carrier: 503 288-9826, donna.carrier58@gmail.com.

Updated Maps are available on line. <http://goo.gl/maps/y0Tc>

To join the sale, complete and return the registration coupon below. **Include a \$7 fee.** Make checks payable to Concordia Neighborhood Association. Mail or deliver to Concordia Neighborhood Association:

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## Walkways and Unpaved Streets An Update from your Land Use, Livability and Transportation Committee

by George Bruender

On June 8th, the combined Land Use, Livability and Transportation Committee holds its monthly meeting at 7pm in the Kennedy School community meeting room. Everyone is invited, and welcome to suggest a topic for discussion. Here's what we are currently working on:

Residents on NE 29th between Dekum and Lombard have increasing safety concerns about their street becoming a short cut for cars and construction vehicles accessing and leaving Concordia University, exiting Faubion School busses and the day care facility on their block. We have recently met with neighbors and Concordia University to discuss solutions.

Fernhill Park will get better and more signage of off-leash areas for dogs, and negotiations are underway to get an around-the-park sawdust walkway. Neighbors on NE 28th and Jarrett are concerned with the removal of many old growth trees on a to-be-developed lot in their area.

We will also be discussing suggestions that we should pressure the City to pave unfinished streets in Concordia. Right

now Portland charges between \$25,000 to \$40,000 per household to get a street up to grade and few can afford that. Should the City ante up the money? Portland has 59 miles of unpaved streets, far more than most cities of comparable size.

Neighbors, church leaders and Resolutions Northwest are working together on ameliorating noise coming from a church on NE 23rd. A café on NE Alberta with new owners has added a new 24 hour-a-day ventilation system with noise that disturbs nearby neighbors.

**Neighbors on NE 28th and Jarrett are concerned with the removal of many old growth trees on a to-be-developed lot in their area.**

In May, Concordia University presented their annual report on college parking to the neighbors who have been requesting that the college lessen its impact on parking in front of residences. The situation has improved by the addition of 175 new on-campus parking spaces that were added this past fall and the retention of parking on the former tennis courts. A new listserv also will be set up to give advanced notice to nearby neighbors of increased parking needs by special college events that may affect them.



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The late Spring this year can be seen in two pictures from the same garden at the same time of year. Everything is in full bloom in 2010 (top), but it still looks like Winter in 2011 (bottom) (Suzinn Weiss).

## Gardens by Suzinn Weiss

### Taking Time to 'Be' in Your Garden

I have a confession: I'm a divergent gardener. I love to putter around my piece of paradise without much regard for the dictates of the gardening world. During my novice years I followed the prescribed rules and learned from my successes and failures, but with age comes the charm of laze - as in plopping myself down on the lawn (in the middle of some supposed chore) in a rare sunspot, watching the clouds roll by. My cats are delighted I've discovered what they've known all along; the pleasure of a garden also comes from not gardening!

I want to talk about pleasure in the garden. First, I know that many of you already know the pleasure of not doing and often feel the need to bemoan the fact that because of this your gardens are in a state of shambles. Perhaps it is wise to do a little here and there during the early days of spring so that later you can indulge, as you like. Or even better, garden during the winter when you really need the exercise after hanging inside for hours on end.

\*Now back to pleasure: In June it is perfectly appropriate after an hour or so of puttering that you invite some friends over for a drink. Nothing makes a gardener feel better than having friends over (especially if they live in apartments or condos) as they will ooh and ahh over your greenery and make you feel so much better about everything. You know that you're hard on yourself but others have no idea! If your friends are expert gardeners then buy some beautiful lanterns and hang them here & there and wait until dark to have company. You don't have to spend a lot of money; a wild garden looks very exotic in candlelight. If you're alone, gazing into a reflection of the trees & sky in a shallow bowl of water can

create a meditative state in no time. After about an hour of gazing you'll feel as if you'd gone on vacation and being so refreshed might enable you to do some more puttering.

Here are a few 'To Dos' for June:

\*Deadhead spring blooming plants once they are done flowering if you don't want to look at spent flower heads (such as lilacs & rhodies). Bear in mind that some flowering shrubs, such as viburnum have beautiful berries after they flower in which case don't cut them off. If you do prune PLEASE don't over do it. Let the plant have a natural, graceful shape.

\*Weeding is always a good thing (repeat 3 times).

\*Bugs are not always bad so try to use non toxic remedies for specific critters like beer or Sluggo for slugs and Beneficial Nematodes for organic pest control of fleas, grubs, beetles, termites, and more.

\*Hopefully it will be warm enough to plant tomato and pepper plants and sow seeds for beans, carrots, corn, etc.

Speaking of climate, I hereby declare that this is the worst spring I can recall! The lilac trees bloomed nearly a month later than usual due to the cold weather. As I write this in mid-May it's still much to chilly at night to plant the tender basil everyone is trying to sell you! Nighttime temperatures should be consistently above fifty degrees before planting basil in the ground otherwise the leaves may turn black and the plant will be stunted. The same is true with many annual flowers, so be patient.

Finally: Take time just 'to be' in your garden, doing or not doing as you like without judgment at least for one lazy day...

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## Landscaping by Irik Meyers, Inside-Out Renovations

### Installing a Paver Patio

As a professional landscape installer, I've been called on numerous occasions to come in and correct and/or finish someone's "weekend project" gone awry. One of the more challenging outdoor projects that can frustrate homeowners is installing a paver patio. While paver patios can add beauty and functionality to any yard, there are also common mistakes one can make when installing the patio themselves.

**1. Underestimating how much work it is.** An average 400 square-foot patio will have somewhere between one and three tons of dirt that need to be

excavated, after which you need to bring in between two and four tons of crushed gravel for a substrate, and then you carry another ton or so of concrete pavers and lay them in place. You have to consider how you are getting all this weight to and from the street.

**2. Installing the pavers on bare dirt.** Some people try and simplify the installation process by skipping the gravel and just setting the pavers on bare dirt, but this is a sure way to have all your hard work come undone. Soil shrinks and swells with fluctuations in temperature and water saturation, and over a short period of time this will cause your patio to start buckling and shifting. Just putting down plastic (or visqueen) over the dirt does little to prevent this buckling, and can actually cause additional problems because it prevents water from draining beneath the pavers.

**Insufficient compaction.** To compact gravel properly you will want to rent a plate compactor. They typically come in two sizes and the one you choose depends on the size of your patio (and your biceps). In addition, you will want to rent or buy a hand tamp tool. This is a square piece of cast iron with a handle attached that allows you to compact the corners where a plate



A paver patio correctly installed (Irik Meyers).

compactor can't reach because of its turning radius.

**Not properly grading the compacted gravel.** It is all too easy to end up with a new patio 2 1/2" lower than the existing pathway or driveway it was supposed to connect, or a patio that slopes towards the house and sends water right towards the basement. The best tool for getting the grading right is a laser level, which can be rented or purchased depending on your budget.

**Not installing proper edging.** Edging is what keeps your set pavers from shifting laterally, a very important feature to ensure

the longevity of your patio. Proper edging will be "L"-shaped so that you can drive stakes through it into the ground which will provide the ridged support needed for maintaining your patio's edge.

With a little planning and consideration, all of these common mistakes can be avoided. Hunter S. Thompson said it best in his novel, *Fear and Loathing in Las Vegas*: "If a thing like this is worth doing at all, it's worth doing right." Just remember, whether it's to save your lower back, your summer weekends, and/or your marriage, there's nothing wrong with calling in a professional to help you finish the job right.

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# All Those Planes - PDX Updates

by George Bruender

Summer is coming and the airplanes landing on the Crosswinds runway are much more obvious with people spending more time outdoors. Unhappy people.

We have had the smaller cargo planes flying over us for the past ten years or so. (We are in the direct line to the north/south Crosswinds runway about a mile north of us.) Their numbers have remained fairly constant after Concordia Neighborhood Association persuaded Portland International Airport and the Federal Aviation Administration to fan out the planes over a much wider area so that no neighborhood bears the full brunt of these flights.

One runway is being extended to take the airport's largest planes. The other is being re-enforced which means as one of them closes for construction, some traffic is being diverted to "our" runway. So we get more and larger planes.

Jason Schwartz, airport spokesman, says in part: "For larger plane arrivals, [dispersing or fanning] is more difficult since the aircraft must be aligned with the runway to establish their final approach and landing. The larger the airplane, the longer the final approach, so less dispersion than you'd typically see." Simply, the Horizon planes need to fly straight in because they lack the maneuverability of the little planes when so close to landing.

This is the last year of construction so we shouldn't see those large planes after October. If you need more clarification, call the noise Management Hotline at 503-460-4100. Some of this information has been reported recently in the February issue of this paper and at our general meetings this spring.

**This is the last year of construction so we shouldn't see those large planes after October.**

The Concordia neighborhood has been a big part of the 3-year long planning group, the Airport Futures Planning Advisory Board. A package of proposals for the future development of Portland's airport won the unanimous approval of the Port of Portland and the Portland City Council. They include an agreement not to build a third runway closer to Columbia Boulevard, which would have added more air traffic much closer to Concordia.

Representing the Northeast Coalition of Neighborhoods was Patrick Metzler of Concordia Neighborhood Association, Denny Stoecklin of Concordia University and a former Concordia Neighborhood Association board member who was the

Office of Neighborhood Involvement's representative, and Hector Roche, the former Concordia Neighborhood Association land use chair and Multnomah County's representative.

The group got off to a shaky start three years ago until Concordia Neighborhood Association requested, and was granted, that the airport expand the number of participants on the committee to include more neighborhood and non-airport members. Some of the airport's most

persistent critics were accepted, but accord was reached as all members eventually approved all of the details.

Denny Stoecklin highlighted lessons from this negotiating process: "One - public involvement can work; two - a diverse group of people can work together, and three - great people can produce great results."

To insure that the proposals will be adhered to, an Airport Community Advisory Committee will be soon set up to monitor what happens.



A passenger airplane flies low over Concordia as a result of temporary runway construction. The noise should be allieved after October (Jeff Hilber).

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